

SOPHIA WINGATE

Anna, IL 62906

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I am a competent nurse with experience in long term care and Med/Surg acute care. I look forward to pushing past my boundaries and continuing to enhance my clinical skills in a challenging, rewarding environment.

Work Experience

RN Staff

PRN FLOAT-POOL INTEGRITY HEALTHCARE

August 2021 to Present

I have worked full-time hours with this company since September 2021. This company has five Long Term Care facilities in this region, and I have worked at each one. I have been fortunate to have the opportunity to work and learn at a variety of facilities, each with their own group of residents, staff, and unique culture.

Nursing duties include: Admissions and discharges; appropriately handling resident and family complaints while following chain of command; Frequently performing non-traditional nurse roles such as coordinating after-discharge needs with home health, arranging doctor appointments, and securing necessary equipment for individual residents; Ensuring referrals are in place as needed; Coordinating care with physicians, therapists, and social services; Ensuring labs and imaging are ordered and completed; Pharmacy refills; Medication administration; PointClickCare documentation; Daily assessments and monitoring; Charge nurse duties as supervisor of other patient care staff.

Per Diem Staff RN

JONESBORO REHABILITATION AND HEALTHCARE SERVICES

November 2019 to Present

I began my nursing career at JRHCS after graduating and obtaining my LPN in 2019. I worked here as an LPN during my final year of school, subsequently completing an Associates Degree of Nursing and becoming a Registered Nurse in 2020. Although it has become increasingly less frequent, I have continued to assist with staffing during times of need; covering vacations, medical leaves, and the like when my schedule allows.

Tasks and responsibilities include: daily assessments based on patient conditions, med pass, charge nurse: supervising practical nurses and nurse aides on duty, initiate investigations, paper charting and documentation, greet guests and provide tours, responsible for emergency situations, assist in dining room during meals.

Registered Nurse Resident

MEMORIAL HOSPITAL OF CARBONDALE

September 2020 to September 2021

Before graduating with an Associates Degree of Nursing, I was offered several positions with SIH through their Nurse Residency Program. I accepted a nightshift position on the Medical Unit at Memorial Hospital of Carbondale. I successfully completed the year long program and left the position to follow other opportunities.

Duties include: Thorough assessments and monitoring of patients with a variety of acute medical conditions;

Report to charge nurse, hospitalist, and other on-call physicians whenever necessary; Admitting new patients; Administering medications; Accurate and complete documentation using EPIC; Operate medical equipment including intravenous pumps and IV medications, oxygen: BiPap, high flow NC, non-rebreather etc, nasogastric tubes, PEG tubes, G-tubes etc, suction canisters, and a variety of surgical drains; Specific covid protocols including donning and doffing isolation gear, safely administering Remdesivir, maintaining infection control, and monitoring patients and quickly recognizing their needs (often the need was for oxygen initiation or a higher level of care).

Key Holder

DOLLAR GENERAL - Cobden, IL
January 2018 to February 2019

Responsibilities: Management duties during off shifts, responsible for opening and closing store, performed service recovery for customer complaints, provided supervision to ancillary staff in their day to day tasks, and ensured secure delivery of cash to and from bank.

Education

ASSOCIATES DEGREE in NURSING

SHAWNEE COMMUNITY COLLEGE
July 2020

Skills

- Strong patient advocacy skills
- Solid assessment technique
- Excellent analytical skills
- Providing compassionate care
- Nursing
- Infection Control Training
- Medication Administration
- Epic
- Vital Signs
- EMR Systems
- Hospital Experience
- Patient Care
- Experience Administering Injections
- Venipuncture

Certifications and Licenses

Registered Professional Nurse

September 2020 to May 2024

041500681

BLS Certification