

# Raul Alvarado

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OBJECTIVE Compassionate and professional registered nurse with exceptional clinical skills in ICU/CCU & ED, with a background in psychiatric and behavioral health.

## Work Experience

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### **Registered Nurse**

Krucial Staffing, Covid ICU

December 2020 to February 2022

Covid response, Management of critically ill patients, post Covid-19 LTAC, ARDS, sepsis, ventilated patients. Managed ventilators, titrated IV drips, documented in electronic charting system (MEDITECH).

### **Registered Nurse PRN**

EXPERIENCE Health Trust Workforce Solutions ICU & ED

June 2019 to January 2022

Care for patients that require ventilation, sedation and continuous IV medication. Cared for patients with Covid-19, manage ventilators, titrated IV medications, accurately charting (MEDITECH).

### **Registered Nurse**

Northeast Baptist Hospital ICU

April 2018 to July 2020

Management of critically ill patients, Covid-19, ARDS, multiple organ failure, sepsis, ventilated patients. Managed ventilators and titrated IV drips, physical assessment, compassionately administered medications, documented in electronic charting system (CERNER).

### **Registered Nurse**

NIX Specialty Behavioral Health Center

April 2019 to July 2019

Maintained a safe, therapeutic milieu for patients, assessed physical/mental needs of patients, accurately documented patient behavior, recognized emergency situations, managed psychiatric emergencies, safe medication administration.

### **Mental Health Technician**

San Antonio Behavioral

November 2016 to October 2017

Documented patient behavior and location every 15 minutes, cared for patients with chemical dependencies, oriented newly admitted patients, responded safely to psychiatric emergencies using SAMA techniques.

## **Mental Health Technician**

NIX Behavioral Specialty Hospital  
February 2016 to November 2016

Direct care of aggressive patients, suicidal/homicidal ideation in the facility's High Acuity Area (HAA), ensured patient safety, performed safety checks, responded to, and initiated code greens during psychiatric emergencies.

## **Psychiatric Nurse Assistant**

San Antonio State Hospital  
June 2013 to December 2015

Cared for patients on an all-male forensic unit that were incompetent to stand trial. Performed safety checks every 15 minutes. Assisted in "Code greens"/ psychiatric emergencies for aggressive behavior. Logged patient behavior and location on a spreadsheet.

## Education

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### **High School Diploma**

Richard King High School  
June 2001

## Skills

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- SKILLS & ABILITIES Ventilator management
- Medication titration
- Wound care
- Management of COVID-19 patients
- NIHSS Stroke Scale
- ACLS
- BLS
- PALS
- Management of aggressive behavior (S.A.M.A.)
- HIPAA compliance
- Communication skills

## Certifications and Licenses

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### **NIHSS Certification**

### **PALS Certification**

### **RN License**

### **ACLS Certification**

**CPR Certification**

**AHA Certification**