

Shannon Navar

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Work Experience

Home Care Nurse

In Home Support Services (IHSS) - Holtville, CA

May 2018 to Present

Vitals

Trach Care

Suction

Range of motion

Oral care

Shower patient

Wound Care

Reposition

Medication administration via G-tube

Feeding via G-tube

G-tube care

Change G-tube

laundry

clean room

change patient

catheter change

Empty catheter output

transport to doctor appointments

Clinical Research Assistant

California Institute of Renal Research - El Centro, CA

October 2017 to March 2018

Schedule study visits to include vitals, labs, ecgs, ultrasounds, and physical exams based on protocol schedule of assessments

Data collection and management

Filing and archiving

Managing and monitoring visits

Prepare lab kits and all required source documents for scheduled appointments

Recruitment of qualified participants

Educate patient about study

Medication dispense

Venipunctures

Injections

Schedule UPS and FedEx pick ups

Answer phone, transfer calls, take messages

ER Technician

El Centro Regional Medical Center - El Centro, CA
March 2017 to August 2017

Greet patient
Patients of all ages
Introduce myself
Triage
Obtain vitals
EKGs
Procedure sets up
Assist provider with procedures
CPR
Assist with ADLs
Wound Care
Performed splints
Bladder scanner
Collect lab specimens
HCG bedside test
Take out IVs
Transport patient
Defibrillator hook up
EHR- Medhost and Sorian

Medical Assistant

Heart Institute Medical Center - Indio, CA
July 2016 to March 2017

Front and back office while working with EHR system(practice fusion)
Rooming patients
Triage
MDs scribe
EKGs
Holter Hook up
Echocardiogram scribe
Pacemaker check
Suture removal
Scheduling
Escribe medication refills
Vitals
Chief complaint
Medical history
Medication history
Train new MAs
Ordering labs
In charge of PT/INR labs
Calling patients with results

Program aide

Western Adult Day Healthcare Center - El Cajon, CA

October 2015 to May 2016

Caring for the elderly, charting patients daily activities, reporting to the nurses on site

Certified nurse assistant

Villas Las Palmas Healthcare Center - El Cajon, CA

September 2015 to October 2015

· Caring for patients, assisting with vitals on patients. Reviewing the charts of patients for updates, which is a progression to their daily plan of care.

Nursing Assistant Extern

Imperial Heights and Brawley Pioneers Memorial Hospital - Brawley, CA

July 2015 to August 2015

92250)

Responsible for assisting patients and residents with duties such as bathing, dressing and grooming in accordance with established Care Plan Guides.

Duties;

- Dealing with stressful situations such as emergencies, traumatic events and tragic illnesses.
- Moving patients around in their beds so that they do not get bed sores.
- Planning the delivery of care to patients.
- Moving patients from one ward to another.
- Maintaining appropriate and accurate medical records.
- Preparing residents for meal time.
- Giving patients their medication on time and in the correct dosage.
- Collecting accurate healthcare and medical history information from patients.
- Taking a patient's temperature, pulse and blood pressure.
- Observing a patient's skin condition.
- Making sure that all drugs are stored away properly and securely.
- Listening to patients in a sympathetic manner.
- Monitoring a patient's response to their medication and treatment.
- Observing a patient's physical and psychological condition.
- Making up unoccupied beds.
- Helping patients to shave and wash their hair.
- Keeping up to date with any emergency response plans.
- Reading and understanding a patient's chart.
- Answering call lights promptly.
- Interpreting information in terms of a patient's needs.
- Recording details of a patient's clothes and valuables when they are first admitted to care.
- Keeping a patient's room organised and clear of obstacles.
- Enforcing infection control practices.

Student Assistant

Imperial Valley College Financial Aid Department - Imperial, CA

August 2014 to August 2015

Student intake

Application intake

Assist students with questions

Input data

Answer telephone
Filing
Scanning

Phlebotomy Extern

LabCorp - El Centro, CA
May 2014 to June 2014

Patient intake
Patient Verification
Patient education
Infection control
Glucose test
Over 100 successful venipuncture blood draws
Fingersticks

Education

Nursing

Imperial Valley College
January 2011 to Present

Certificate in Phlebotomy

US Colleges of San Diego - San Diego, CA
2014 to 2014

Certified Nurse Assistant

Imperial Valley College - Imperial, CA
August 2015

Certificate in Medical Assistant

St. Augustine School of Medical Assistants
January 2011

Skills

- ● Knowledge of how to use Rehab-specific equipment. ● Can accurately follow written instructions. ● Helping residents to live independent lives in their own homes. ● Maintaining the confidentiality of sensitive medical data. ● Super observation skills. ● Performing basic nursing procedures. (8 years)
- Draw blood(venipuncture/capillarie) (5 years)
- Experience Administering Injections
- Clinical Research
- Vital Signs
- Triage

Certifications and Licenses

CPR Certification

BLS Certification

Assessments

Home Health Secretary/Receptionist — Highly Proficient

September 2019

Tendency to be well-organized, rule-abiding, and hard-working.

Full results: [Highly Proficient](#)

Data Entry — Highly Proficient

September 2019

Entering data quickly and accurately.

Full results: [Highly Proficient](#)

Attention to Detail — Familiar

August 2019

Identifying differences in materials, following instructions, and detecting details among distracting information.

Full results: [Familiar](#)

Patient Representative — Proficient

August 2019

Assesses personality traits that result in high-quality customer service.

Full results: [Proficient](#)

Customer Focus & Orientation — Highly Proficient

August 2019

Responding to customer situations with sensitivity.

Full results: [Highly Proficient](#)

Medical Assistant I — Proficient

August 2019

Using logic to solve problems.

Full results: [Proficient](#)

Customer Focus & Orientation — Familiar

May 2019

Measures a candidate's ability to respond to customer situations with sensitivity.

Full results: [Familiar](#)

Electronic Medical Records: Best Practices — Highly Proficient

February 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

Bilingual(English/Spanish)