

Elizabeth Cardenas

Tehachapi, CA

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Pre-op/PACU settings. Trained in high acuity, fast paced environments with the ability to maintain attention to detail and provide excellent patient care.

Work Experience

Pre-Op & PACU Nurse

Bakersfield Specialists Surgical Center

May 2019 to February 2022

Pre-operative:

- Ensures the patient's chart and paperwork is completed and signed
- Settles patient into the pre-operative area and prepping the patient for surgery
- Interviews and assesses the patient on the day of the surgery
- Educates the patient and family on all post-operative instructions

Post-operative:

- Assumes patient care from OR nurse
- Assess patient per facility protocol
- Monitors the patient and addresses any signs of distress or other problems
- Administers medications, per facility protocol, as ordered by MD
- Provide and document education to patients and family members
- Discharges patients when they meet discharge criteria

Pre-Op & PACU Nurse

Riverlakes Surgery Center

August 2017 to June 2020

Pre-operative:

- Ensures the patient's chart and paperwork is completed and signed
- Settles patient into the pre-operative area and prepping the patient for surgery
- Interviews and assesses the patient on the day of the surgery
- Educates the patient and family on all post-operative instructions

Post-operative:

- Assumes patient care from OR nurse
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- Monitors the patient and addresses any signs of distress or other problems
- Administers medications, per facility protocol, as ordered by MD
- Provide and document education to patients and family members
- Discharges patients when they meet discharge criteria

Critical Care Staff Nurse

ICU & Stepdown Unit, Kern Medical Center

June 2015 to September 2017

- Perform and document detailed patient assessments and focused reassessments per hospital policy
- Continuous monitoring of patients in ratios varying from 1:1 to 3:1
- Administer medications as ordered by the physician and document per hospital policy
- Provide and document education to patients and family members
- Analyze and interpret patient lab results
- Communicate with physicians any changes in patients
- Work as part of a collaborative health care team to ensure safe, quality patient care
- Maintain all required and relevant certifications necessary for the critical care unit

Education

Bachelor of Science in Nursing degree

Western Governors University

April 2017 to July 2019

Associate of Science in Nursing degree

Bakersfield College

August 2010 to May 2015

Certifications and Licenses

RN License

PALS Certification

BLS Certification

ACLS Certification

PHN License