Catherine J. Smithson

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**903-916-0625/407-349-8472**

**Education**

**BACHELOR OF SCIENCE IN NURSING**

LeTourneau University

Longview, TX 2017

**ASSOCIATE OF SCIENCE**

Kilgore College 2015

Kilgore, TX

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**Certification/License**

* **Registered Nurse**
  + Texas/compact license- 924731
    - Issue date: 06/20/2017 to 08/31/2023
  + Massachusetts license- RN2352222
    - Issue date: 07/30/2022 to 08/27/2024
* California license-95287695
  + Issue date 06/13/2022 to 09/30/2023
* **Basic Life Support (BLS)**
* **Advanced Cardiovascular Life Support (ACLS)**
* **Pediatric Advanced Life Support (PALS)**
* **Trauma Nurse Core Course (TNCC)**
* **National Institutes of Health Stroke Scale (NIHSS)**

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**Professional Experience**

**CVICU, MICU: THEDACARE REGIONAL MEDICAL CENTER**

APPLETON, WISCONSIN- Tel no.920-731-4101

April 11, 2022-July 2, 2022

* Epic computer system
* Provided immediate post-anesthesia and post-operative care for patients undergoing open heart surgery, including coronary artery bypass surgery (CABG), heart valve replacement and repair, and vascular surgery.
* Managed invasive cardiac devices, including Intra Aortic Balloon Pumps (AIBP) and Swan-Ganz pulmonary artery catheter.
* Applied hemodynamic data (PA, CVP, CO/CI, Arterial BP) to patient care, titrated and managed critical drips.
* Travel assignment under Maxim Staffing

**MICU, SICU, CCU & NEUROSCIENCE ICU: BAYLOR SCOTT & WHITE**

TEMPLE, TEXAS-Tel no. 254-724-2111

January 6, 2022, to March 9, 2022

* EPIC computer system
* Worked as a registered nurse in multiple critical units including Medical, Surgical, Trauma, and Cardiovascular
* Cared for a variety of critically ill patients including fresh CABG patients in the only designated Trauma Level I Center in the region of central Texas between Dallas and Austin.
* Provided direct patient care to critically COVID-19 patients.
* Managed cardiac devices, including Swan-Ganz pulmonary artery catheter.
* Managed invasive devices, including central venous catheter (CVC), arterial line, endotracheal tube (ETT), and urinary catheter.
* Applied hemodynamic data (PA, CVP, CO/CI, arterial BP) to patient care, titrated and managed critical drips.
* Travel assignment under Angel Staffing.

**TRAUMA ICU & MEDICAL ICU: KERN MEDICAL CENTER**

BAKERSFIELD, CALIFORNIA-Tel no.661-326-2000

November 8, 2021, to December 25, 2021

* Cerner computer system
* Provided direct patient care to critically ill COVID-19 patients.
* Provided care to critically ill and injured patients requiring hospitalization in the intensive care unit of a busy Level II Trauma Center and known teaching hospital in Kern County.
* Cared for a variety of patients who have been in an automobile accident, fallen, or had head trauma, or injury related to blunt, and force, as a result of an accident or violent event.
* Managed invasive devices, including central venous catheter (CVC), arterial line, endotracheal tube (ETT), and urinary catheter.
* Travel assignment under Nuwest Staffing

**CCU: ORLANDO HEALTH: HEALTH CENTRAL HOSPITAL**

ORLANDO, FLORIDA-Tel no.407-296-1000

July 6, 2021, to October 30, 2021

* EPIC computer system
* Provided direct patient care to COVID-19 patients.
* Cared for various critically ill patients with multiple comorbidities, including sepsis, heart failure, kidney failure, and respiratory failure.
* Trained to assess the level of impairment caused by strokes utilizing the National Institutes of Health Stoke Scale (NIHSS)
* Managed invasive devices, including central venous catheter (CVC), arterial line, endotracheal tube (ETT), and urinary catheter.
* Travel assignment under Fastaff staffing.

**ICU: SAINT JOSEPH MERCY HEALTH SYSTEM**

ANN ARBOR, MICHIGAN- Tel no. 734-712-3456

April 19, 2021- June 11, 2021

* EPIC computer system
* Provided direct patient care to COVID-19 patients.
* Cared for various critically ill patients with multiple comorbidities, including sepsis, heart failure, kidney failure, and respiratory failure.
* Managed invasive devices, including central venous catheter (CVC), arterial line, endotracheal tube (ETT), and urinary catheter.
* Travel assignment under Prolink Staffing

**CVICU, CCU, MICU, SICU: CHRISTUS St. MICHAEL’S HEALTH SYSTEM**

TEXARKANA, TEXAS- Tel no. 903-614-1000

January 7, 2021-March 2, 2021

* Meditech computer system.
* Provided direct patient care to COVID-19 patients.
* Managed invasive devices, including central venous catheter (CVC), arterial line, endotracheal tube (ETT), and urinary catheter.
* Applied hemodynamic data (PA, CVP, CO/CI, Arterial BP) to patient care, titrated and managed critical drips.
* Travel assignment under Krucial Staffing Agency.

**COVID ICU: HARLINGEN MEDICAL CENTER**

HARLINGEN, TEXAS- Tel no. 956-365-1000

September 21, 2020-December 18, 2020

* Led a team of travel nurses taking care of med-surge, telemetry, and critical patients in a separate COVID unit.
* Built a code team consisting entirely of travel nurses.
* Provided care to COVID-19 patients in 24 beds in critical care units.
* Monitored patient responses to interventions approved by the Center for Disease Control (CDC) and experimental medications for the COVID-19 virus.
* Collaborated with other medical professionals to formulate COVID-19 action plans and interventions to maintain care uniformity and organization.
* Managed invasive devices, including central venous catheter (CVC), arterial line, endotracheal tube (ETT), and urinary catheter.
* Travel assignment under Krucial Staffing Agency.

**COVID ICU/ER: WESLACO FREESTANDING ER**

WESLACO, TEXAS- Tel no.956-975-2300

July 4, 2020- September 4, 2020

* Provided care and held critically ill non-vented COVID patients in a makeshift ER setting while waiting for ICU beds.
* Monitored all COVID-positive patients in the facility and monitored patients' needs for oxygen, medications, interventions, and proper isolation.
* Monitored patients’ responses to approved interventions by the Center for Disease Control (CDC) and experimental medications.
* Collaborated with other medical professionals to formulate a COVID action plan and interventions to maintain uniformity and organization.
* Travel assignment under Krucial Staffing Agency.

**COVID ICU: HACKENSACK UNIVERSITY MEDICAL CENTER**

HACKENSACK, NEW JERSEY- Tel no. 551-996-2000

April 20, 2020- July 02, 2020

* Cared for COVID-19 patients in a busy Trauma Level II and a major teaching hospital in New Jersey.
* Monitored patients’ responses to interventions approved by the Center for Disease Control (CDC) and experimental medications for the COVID-19 virus.
* Collaborated with various medical professionals to formulate a COVID-19 action plan and interventions to maintain uniformity and organization.
* Travel assignment under AYA Healthcare.

**Neuro ICU/ COVID ICU: UT HEALTH**

TYLER, TEXAS- Tel No. 903-531-8890

March 8, 2020- April 18, 2020

* Level I Trauma Center.
* Certified Comprehensive Stroke Center.
* Cared for COVID-19 patients intensive care unit
* Travel assignment under AMN Healthcare.

**MEDICAL/SURGICAL ICU: LONGVIEW REGIONAL MEDICAL CENTER**

LONGVIEW, TEXAS- Tel no. 903-758-1818

March 2018 – April 16, 2020

* Frequently used advanced critical care nursing skills, including titration, and monitoring of vasoactive medications, utilizing Advanced Cardiovascular Life Support (ACLS) algorithms, and the National Institutes of Health Stroke Scale (NIHSS).
* Assisted in various bedside procedures (intubation, sterile line placement, Esophagogastroduodenoscopy (EGD), bronchoscopy, and tracheostomy).
* Used the hemodynamic profile of post-surgical cardiac patients with vasoactive medications, mechanical ventilation, continuous renal replacement therapies, and mechanical cardiac support devices.
* Maintained clinical competencies, including continuous renal replacement therapy (CCRT), intra-aortic balloon pumps (IABP), and Impella.
* Demonstrated excellent leadership by acting as a preceptor for nursing students and newly hired nurses for a 24-bed intensive care unit.

**GENERAL/ORTHOPEDIC SURGERY:**

**LONGVIEW REGIONAL MEDICAL CENTER**

June 2017 – March 2018

* Demonstrated consistent patient and family-centered care as a bedside nurse for a 30-bed surgical unit.
* Monitored patient responses to interventions and post-surgical pain using the nursing process.
* Provided direct quality care to patients, including daily assessment, charting, medication administration, and supervision of maintenance of 5 patients per day.
* Provided excellent care for various pre-procedure and post-surgical patients, including laminectomy, spinal fusion, total knee arthroplasty, laparotomy, and craniotomy.
* Provided comprehensive discharge education to patients and families, utilizing the tech-back strategy and audio and visual learning materials.

**REFERENCES**

* **Diane Sinclair**
* AGNP-C at Harlingen Medical Center
* Phone no. 956-566-6532
* [Diane.sinclair18@gmail.com](mailto:Diane.sinclair18@gmail.com)
* **Lori Feucht**
  + - ICU Supervisor at Harlingen Medical Center
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* **Reizel De Leon**
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