

JENNIFER WILCOX



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Cartersville, IL 62918



[Online Digital Resume](#)

PROFESSIONAL SUMMARY

Seasoned nursing professional offering proven clinical knowledge, natural interpersonal strengths and technical abilities. Knowledgeable about EMR charting, medication administration and interdisciplinary collaboration focused on optimizing patient care and support. Quality-focused and efficiency-driven leader.

SKILLS

- Monitoring Vital Signs
- Procedure Assistance
- Specialized Healthcare Referrals
- Creative Problem Solving
- Equipment Sterilization
- Preventive Healthcare
- Procedure Room Preparation
- Medication Administration
- Electronic Health Documentation
- Telehealth
- Critical Thinking
- Treatment Preparation

EDUCATION

Liberty University

Lynchburg, VA • 09/2018

Master's in Public Health-Health Promotions: Public Health Nursing

WORK HISTORY

United States Air Force - Clinic Registered Nurse

Scott Air Force Base, IL • 09/2020 - Current

- Improved patient well-being by offering advice on preventive health measures.
- Administered medications and topic treatments to address patient symptoms.
- Observed and assessed patients to identify concerning symptoms.
- Delegated patient care responsibilities to nursing assistants and student nurses.
- Partnered with support technicians, nursing staff and social workers to coordinate services.
- Planned and implemented patient care to treat conditions or mitigate symptoms.
- Verified work of subordinates against quality guidelines.
- Educated patients, families and caregivers about conditions and treatments.

United States Air Force - Operating Room Registered Nurse

Air Force Academy, Colorado Springs • 05/2018 - 09/2020

- Prepped operating rooms to comply with environmental asepsis standards.
- Verified patient information to make licensed staff

**University of Colorado At
Colorado Springs**
Colorado Springs, CO •
03/2014

Bachelor of Science: Nursing

Trinidad State Junior College
Trinidad, CO • 06/1997

Associate of Science: Nursing

aware of relevant health factors.

- Kept optimal supply levels in treatment rooms, triage and other areas to meet typical patient loads.
- Collaborated with members of patients' healthcare team to deliver appropriate level of care.
- Provided direct support to surgical team during procedures.
- Coordinated nursing care to be carried out according to facility guidelines and regulations.
- Education and Control monitor providing monthly mandatory training and maintaining education folders for staff.
- Operations Officer providing daily operations in operating room including patient check in, running schedule, maintaining flow of daily procedures and on time starts.

United States Air Force - Registered Nurse, CVOR Team Lead

Travis Air Force Base • 07/2016 - 05/2018

- Provided direct patient care, stabilized patients and determined next course of action.
- Managed schedules, accepted time off requests and found coverage for short shifts.
- Prepared detailed reports on updates to project specifications, progress, identified conflicts and team activities.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Trained new team members by relaying information on company procedures and safety requirements.
- Mentored newly hired employees on operating equipment and safety and developed training manual to use for reference.
- Provided evidence-based care for cardio thoracic patients in operating room including CABG on and off pump, AVR, TAVR, AAA, endoscopic lung procedures.

Pueblo State Hospital - Charge Nurse

Pueblo, CO • 03/2014 - 03/2015

- Supervised and managed daily scheduling, tasking and administration.
- Coordinated with medical and paramedical professionals

to provide appropriate input and effectively formulate and implement treatment plans for patients.

- Conducted therapy for mentally ill patients in group and individual settings to assist patients in achieving normalcy.
- Monitored nursing care, patient assessment processes and treatment implementations.
- Provided direct quality care to patients by monitoring, recording and evaluating psychiatric conditions.
- Oversaw care of suicidal patients and acted swiftly to reduce risk of harm to themselves or others.
- Assessed and evaluated mental health needs, working with multidisciplinary team to initiate, manage and modify individualized care plans.
- Recorded details regarding therapies to keep patient charts updated.

University Health - Registered Nurse, Operating Room
Colorado Springs, CO • 02/2007 - 07/2016

- Monitored surgical patients and delivered quality level of care before, during and after operations to promote positive outcomes.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Performed preoperative assessments on patients and evaluated overall health.
- Organized and managed care of patients undergoing various therapies and procedures.
- Provided direct patient care, stabilized patients and determined next course of action.
- Orchestrated quality-driven, cost-effective care in high-volume trauma center setting.
- Kept count of all surgical instruments and sponges used during operations and procedures.
- Trained and educated staff in CVOR procedures.
- Assisted with trauma related procedures: cranial, spine, cardiothoracic, thoracic, robotic, gyn, pediatric, general surgeries.

Penrose Hospital - Registered Nurse - Operating Room
Colorado Springs, CO • 07/2009 - 05/2014

- Collaborated with members of patients' healthcare team to deliver appropriate level of care.

- Prepped operating rooms to comply with environmental asepsis standards.
- Kept optimal supply levels in treatment rooms, triage and other areas to meet typical patient loads.
- Coordinated nursing care to be carried out according to facility guidelines and regulations.
- Verified patient information to make licensed staff aware of relevant health factors.
- Collected, labeled and transported specimens and delivered to lab for testing.
- Provided direct support to surgical team during procedures.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Team lead for Vascular services maintaining schedule for vascular surgeries including patient safety.

Per Diem Staffing - Travel Registered Nurse

Colorado Springs, CO • 03/2005 - 07/2007

- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Evaluated healthcare needs, goals for treatment and available resources of each patient and connected to optimal providers and care.
- Worked with interdisciplinary healthcare team to develop, implement and manage care plans, ensuring inclusion of patients' individual needs.
- Documented patient interactions and interventions in EPIC EMR.
- Documented all elements of care and updated patient charts and confidential files to reflect changes in care plans, interventions applied and observations.

- Used first-hand knowledge and clinical expertise to advocate for patients under care and enacted prescribed treatment strategies.
- Communicated with healthcare team members to plan, implement and enhance treatment strategies.
- Administered different therapies and medications in line with physician orders and treatment plan.

Kindred Healthcare - Registered Nurse, Long-Term Acute Care

Denver, CO • 03/2004 - 02/2007

- Managed care from admission to discharge.
- Provided direct patient care, stabilized patients and determined next course of action.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Audited charts and reviewed clinical documents to verify accuracy.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.

San Luis Valley Regional Medical Center - Registered Nurse - Operating Room

Alamosa, CO • 09/1997 - 10/2000

- Collaborated with members of patients' healthcare team to deliver appropriate level of care.
- Prepped operating rooms to comply with environmental asepsis standards.
- Kept optimal supply levels in treatment rooms, triage and other areas to meet typical patient loads.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Coordinated nursing care to be carried out according to facility guidelines and regulations.
- Collected, labeled and transported specimens and delivered to lab for testing.
- Provided direct support to surgical team during procedures.
- Trained new nurses in proper techniques, care standards,

operational procedures and safety protocols.

San Luis Valley Regional Medicial Center - Nurses Aide
Alamosa, CO • 01/1989 - 05/1991

- Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment.
- Wiped down equipment with proper cleaning products after each patient transport to reduce instances of infection.
- Promoted good oral and personal hygiene by aiding patients with shaving, bathing and teeth brushing.
- Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.
- Furthered skills by actively taking part in employee training and taking classes to improve skills.
- Maximized patient satisfaction by helping individuals carry out personal tasks such as dressing and walking.
- Adhered to all resident lifting and safe lifting instructions and rules.
- Promoted patient socialization, self-care and development by recognizing and using patient strengths to motivate patient.

San Luis Valley Regional Medicial Center - Licensed Practical Nurse

Alamosa, CO • 05/1991 - 09/1997

- Cared for wounds, provided treatments and assisted with procedures.
- Managed patient care through closely monitoring respiration, blood pressure and blood glucose levels.
- Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.
- Delivered updates in patient status to charge nurse, recording changes in medical records.
- Documented accurate and complete patient information to address patient problems and expected outcomes.
- Collaborated with supervisor to assess patient needs, plan and modify care and implement interventions.
- Educated patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.

- Performed routine evaluations of each patient's status, needs and preferences.
- Administered controlled narcotics, inserted IVs and performed catheterizations.
- Used aseptic techniques to provide sterilized wound care and dressing applications.