

# **Mona Lisa P. Fores, BSN, RN**

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## **PROFILE**

Compassionate, dedicated, and motivated health care provider with 6 years experience to various clients in skilled and home healthcare settings.

## **EXPERIENCE**

**RN, Windsor Vallejo Care Center; Vallejo, Ca - August 2022 - Present**

**RN, Fairfield Post Acute and Rehab; Fairfield, Ca - October 2021 - February,2022**

**RN/LVN, Aveanna Healthcare; Sacramento/Oakland, Ca - Sept. 2018 - February 2022**

**RN/LVN, Maxim Healthcare; Sacramento, Ca - December 2016 - February 2022**

- Checked every patient's status before shift starts
- Received status, labs, follow-ups, and upcoming appointment reports
- Collected all necessary equipments and things before starting the floor
- Performed vital signs and blood sugar checking as ordered before treatments
- Administered prescribed medications, enteral and NGT feedings, and IV therapy
- Assessed/Intervened for adverse reactions after administration and therapy
- Administered PDD, Covid testing, and respiratory treatments
- Prioritised/monitored/intervened patient with abnormal findings and reported to NP/MD
- Developed and implemented care plans
- Executed prescribed orders, labs, procedures and followed up and reported to NP/MD for any significant abnormalities
- Followed up appointments and transportations
- Assessed new patient and introduced room amenities provided
- Discharged patient and educated medications, treatments, upcoming appointments, and referrals
- Monitored I/O, bowel movement, showers and provided interventions per facility protocols
- Provided safety and aspiration precautions
- Provided and followed up patient's needs when are not met by staff
- Monitored and administered pain medications to patient that has pain management
- Documented progress note and full assessment in timely manner
- Endorsed reports to incoming shift nurse

**RN (Registry), California Medical Facility; Vacaville, Ca - March 2022 - June 2022**

- Created and implemented I/P care plans suffering from mental health crisis/illness
- Stabilised I/P suffering from self-inflicted wound or other injuries prior to hospital transfer
- Assessed I/P status before receiving change shift report
- Prioritised according to immediate care
- Identified and resolved I/P care issues
- Monitored progress and responded to medical emergencies
- Noted signs of illness and provided updates to physician
- Ensured the implementation of proper safety procedures
- Provided follow-up care as required
- Coordinated nursing care on unit through staff assignments and monitored patients orders
- Maintained electronic health records
- Ensured privacy was upheld in accordance with state regulations
- Coordinated care efforts with officials at correctional facility
- Collaborated other interdisciplinary for I/P care

**EDUCATION**

University of the Visayas, College of Nursing, Cebu, Philippines — BSN, 2009

**LICENSURE AND CERTIFICATIONS**

**Registered Nurse, California, Expiration Date: 01/31/2023**

**Basic Life Support, Expiration Date: 11/2023**

**ACLS, Expiration Date: 11/2023**

**PALS, Expiration Date: 11/2023**

**IV Therapy and Blood Withdrawal Certified ( Certificate Receipt Pending Sept. 30,2022)**

**SKILLS**

MS Word, Excel, and Electronic Health Care System