

Regina Scardino

RN, BSN

Contact

3637 Tulane Drive
Kenner, La 70065
504-339-8562

Reginascardino@gmail.com

Education

Associates of Science: Nursing

May 2009-Dec 2012

Charity School of Nursing,
New Orleans, LA

Bachelor of Science: Nursing

February 2015-August 2018

University of Louisiana at Lafayette
Lafayette, LA

Objective

Highly skilled Intensive Care Nurse with 9 years of nursing experience with exceptional skills in Neurological and Neurosurgical specialties and a passion for patient safety and advocacy. Dedicated and compassionate with progressive career history in direct patient care, triage, and care coordination in fast-paced environments. Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude, and excellent customer service.

Experience

Registered Nurse, ICU, Contract

Loyal Source Staffing, St. Tammany Parish Hospital

February 2022-August 2022

- Provided exceptional care to high-acute patients needing complex care such as ventilator management, extensive neurological monitoring, and rehabilitation.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Administered medications such as critical drips and monitored responses.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Floated between Neuro ICU, Adult ICU, and Emergency Department

Registered Nurse, ICU

Tulane Medical Center, New Orleans, LA

August 2016 – Current

- Provided exceptional care to high-acute patients needing complex care such as ventilator management, extensive neurological monitoring, and rehabilitation.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Teamed on emergency neurological interventions such as bedside EVD placements, as well as, ICP and EEG monitoring involving serious head injuries and stroke patients.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches. Administered medications such as TPA and other critical drips and monitored responses.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Reviewed post-operative orders and continuously monitored patients post-operative vitals, set up PCA and fluids and oriented patients to unit.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
- Educated patients, families, and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Provided clinical instructions to orient new nurses and potential student nurses to achieve training outcomes.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Served as charge nurse over multiple units including Neurological, Medical, and Surgical ICU's
- Responded to Rapid Response and Code calls
- Served as resource for IV insertion

**Registered Nurse, Progressive Care/Step Down Unit
Ochsner Medical Center, New Orleans, LA
March 2013 - August 2016**

- Organized and managed care of 5 patients undergoing various therapies and procedures on progressive acuity unit.
- Administered medications such as heparin and insulin drips and monitored responses while working with healthcare teams to adjust care plans.
- EMU monitoring of 6 out of 28 beds
- Oversaw delivery of care for patients as charge nurse providing direct care, delegating nursing assignments, and supervising team comprised of nurses, LPNs, technicians and unit clerks.
- Provided clinical instructions to orient new nurses and potential student nurses to achieve training outcomes.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Served as team member on Nurse Practice Council to improve workflow and employee morale.

Key Skills

Critical care/ Neurology ICU
Direct Patient Care
Patient Assessment
Patient Safety and Advocacy
IV Insertion
Medication Therapies
Charge Nurse
Staff supervision
Preceptor
EMR / EHR

Interests

Geriatrics
Psychiatry
Neurology
Forensics
Patient Advocacy
