

Sophia Young, RN

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OBJECTIVE:

Registered Nurse seeking an opportunity to utilize exemplary nursing training in a team environment in which progressive interpersonal skills and quality health care are valued.

EDUCATION:

City of Chicago Colleges School of Nursing- Malcolm X College
Associates Degree in Nursing,(Conferred: May 2018)

Nursing Skills and Competence:

- Ability to provide patient care while employing safety measures that support risk management and error reduction.
- Capability to comply with specified procedures and policies specific to patient care in support of organization's mission
- Integration of culturally competent nursing techniques into nursing philosophy and daily practice.
- Recognition for maintaining an above average approach respective to ensuring client satisfaction while operating within the defined scope set forth by facility policies and procedures.
- Promotion of team work demonstrated by consistency and flexibility.
- Ability to utilize critical thinking skills in a myriad of patient care scenarios.
- Obtained and documented patient clinical data (vitals, blood glucose levels, nutritional intake and output)
- Medication Administration (Subcutaneous, Intravenously, Orally)
- Managed Protected Health Information in accordance with HIPAA
- Intravenous Medication Pump Programing and Maintenance
- Facilitated patient status checks and condition monitoring during rounds
- Provided patients' daily activities of living care needs
- Communicated appropriately with patient care team member
- Care planning and EKG Monitoring
- Maintained care needs for immobile patients while demonstrating safe body mechanics
- Performed patients' general and body specific assessments

WORK EXPERIENCE:

2/2020-Present

Maxim Healthcare Agency

Ford Motor Company Chicago IL, Medical Department

Occupational Health Nurse

- Vision Testing
- Audiometry/Hearing Conservation Program
- ECG
- Vital Signs, HT/WT
- Covid-19 Temperature screening
- Contact tracing/Employee education
- Assess Employee conditions
- Complete Employee Physicals
- Process return to work documents
- Medication administration
- Operate medical equipment
- Coordinate Employee care
- Collaborate with doctor and professionals care team
- Follow OSHA guidelines

8/2019-3/2022

Advocate Aurora-Trinity and South Suburban hospital Chicago IL, Telemetry unit

- Assess patient conditions
- Admissions and discharges
- Give complete discharge instructions
- Medication administration

- Operate medical equipment
- Coordinate patient care
- Collaborate with doctor and professionals care team
- Delegate when appropriate
- Monitor patients and document observation
- Reporting critical labs and cardiac rhythms

2/2019-8/2019

St. Bernard Hospital Chicago IL, Telemetry unit

- Patient Care
- Admissions and Discharges Teaching
- Head to Toe Assessment
- Medication administration
- Cardiac Monitoring
- Acknowledging and carry out physician Orders

9/2018-3/2019

Pershing Garden Nursing Stickney IL, Unit Nurse:

- Provided patients' daily activities of living care needs ● Medication Administration (Subcutaneous, Intravenously, Orally)
- Managed Protected Health Information in accordance with HIPAA ● Patient Monitoring
- Head to Toe assessments
- Care planning
- Delegating care appropriately
- Communicated with interprofessional team

CERTIFICATIONS and LICENSE

- ACLS through American Heart Association 7/21-7/23
- BLS through American Heart Association 7/21-7/23
- Registered Professional Nurse through Illinois Board of Nursing 8/29/18-5/31/23 License Number 041469349