# Julia Westland

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Dedicated and caring RN with 13 years of variety healthcare experiences. Looking to obtain a challenging and rewarding next level position where I am able to fully utilize my past experience, skills, and knowledge.

# Work Experience

### **Registered Nurse**

Vista East Medical Center - Waukegan, IL January 2021 to Present

- Internal PRN contract position
- Responsible for contributing to a safe environment for patient, visitors, employees, as well as performing nursing skills
- Nursing competencies performed in the Emergency Department registered nurse role:

Quickly assessing patient needs; Triage patients; Draw up and administer medications; Chart in patient's medical record; Start and discontinue saline locks; Obtain lab draws; Obtain cultures; Hook up cardiac monitor and run EKGs; Activate and respond to cardiac alert, stroke alert, and code blue patients; report changes to providers; Interpret cardiac rhythms; Perform procedures and therapies in the care of the patient; Insertion and removal of foley catheters and straight catheters; Assessing, irrigating, cleaning, and providing treatment to patient wounds; Maintain emergency room standards; Patient assessments throughout the lifespan; Insert and discontinue I+Os; Remove medications from Pyxis; Working in a Level II Trauma Center

### **Registered Nurse**

Ascension All Saints - Racine, WI February 2020 to Present

- Responsible for contributing to a safe environment for patient, visitors, employees, as well as performing nursing skills
- Nursing competencies performed in the Emergency Department registered nurse role:

Quickly assessing patient needs; Triage patients; Draw up and administer medications; Chart in patient's medical record; Start and discontinue saline locks; Obtain lab draws; Obtain cultures; Hook up cardiac monitor and run EKGs; Activate and respond to cardiac alert, stroke alert, and code blue patients; report changes to providers; Interpret cardiac rhythms; Perform procedures and therapies in the care of the patient; Insertion and removal of foley catheters and straight catheters; Assessing, irrigating, cleaning, and providing treatment to patient wounds; Maintain emergency room standards; Patient assessments throughout the lifespan; Insert and discontinue I+Os; Remove medications from Pyxis; Working in a Level III Trauma Center

# **Registered Nurse/LPN**

Consumer Direct Management Solutions Private Home Health - Franksville, WI January 2019 to Present

- Responsible for contributing to a safe environment for patient, visitors, employees, as well as performing nursing skills
- Nursing competencies performed in the Private Home Health role:

Provide tracheostomy care; Provide G-tube care; Draw up and administer medications; Chart in patient's medical record; Effectively communication with patient's POA and other care members; Assist with activities of daily living; Follow seizure protocols; Check and fill portable oxygen tanks; Administer tube feeding; Assess patient; Set up ventilator; Monitor patient's vital signs; Provide change of shift report; Alert patient's POA and other team members to any concerns or patient changes

Ventilator proficient

#### LPN

Senior Lifestyle Corporation - Pleasant Prairie, WI April 2017 to January 2019

- Responsible for contributing to a safe environment for patient, visitors, employees, as well as performing nursing skills
- Responsible for being charge for the entire facility
- Nursing competencies performed in the LPN role:

Request orders from physicians; Inform physicians of any resident concerns or change in condition; Respond to emergency situations and any resident or family requests; Complete incident reports; Check in patient's medications from pharmacy and verify monthly MARs; Asses, irrigate, dress, and monitor wounds; Provide emotional support to residents and families; Order EKGs, x-rays, and labs; Create monthly LPN schedules and daily staff assignments; Complete resident admissions; Assist staff with dining, resident care, and housekeeping; Provide comfort care to hospice patients; Stay compliant with CBRF certification; Communicate effectively with providers, team members, residents, and family members; Re-evaluate patients

## **Emergency Room Technician**

Ascension All Saints - Racine, WI July 2010 to April 2017

- Responsible for contributing to a safe environment for patient, visitors, employees, as well as performing nursing skills
- Technical competencies performed in the Emergency Department technician role:

Answer call lights and intercom system to determine patient needs; Ensure teamwork and strong communication with peers to achieve overall well-being of all patients; Work Lucas device; Assist with ultrasound, I&D, conscious sedation and reduction of bones, patient triage, lifting and positioning patients, and procedures; Perform rapid strep tests; Start and discontinue saline locks; Irrigate eyes and ears; Obtain blood glucose with glucometer; Provide follow up teaching to patient on orthopedic device usage; Hook up cardiac monitor and run EKGs; Apply splints and ortho devices; Insert and remove Foley

catheters; Bladder scan; Respond to cardiac alert, stroke alert, and code blue patients; Perform iStats on cardiac alert, stroke alert, and code blue patients; Maintain clean and stocked environment

# Education

# **Bachelor's degree in Nursing**

Herzing University - Kenosha, WI September 2018 to August 2020

# Certifications and Licenses

**RN License** 

**CPR Certification** 

**BLS Certification** 

**PALS Certification** 

**TNCC Certification** 

**ACLS Certification** 

**NIHSS Certification**