## Tiara Fuerte

## tiaraf116@gmail.com

(808) 497 9435

Education CONCORDIA UNIVERSITY, ST. PAUL - Portland, OR

**Bachelor of Science Degree in Nursing** August 2020

Current Licensure and Certification: License Number: 202108194RN

**Basic Life Support:** (American Heart Association, exp. 03/24)

#### **Work Experience**

# September 2021 - **Chehalem Health and Rehabilitation Center -** Registered Nurse Current

- Assessed and provided diverse nursing care for 36 skilled/long term patients
- Administered medications via PO/IV/SQ/IM
- Provided care for patients with PICC lines, clysis, catheters and wound vacs.
- Fostered patient autonomy by providing patient education to promote informed decisions
- Created and revised patient care plans based on individual goals and desired outcomes
- Provided comfort and maintained dignity for patients at end of life

### March 2020 -August 2021

### **Brightstar Care: In Home Care** - Portland, OR - Caregiver

- Administered medications, monitored vital signs and client behaviors
- Maintained current health status to help clients remain at home and prevent admission to hospital

# **Student** Clinical

#### Peacehealth Southwest Medical Center: Senior Capstone

- Administered medications as ordered by the physician via oral, intravenous, gastric and nasogastric route
- Initiated and monitored IV access
- Utilized therapeutic communication with patients and their families to promote a safe and supportive environment