

# Rhian Kaiden

Chicago, IL  
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## EXPERIENCE

### **West Suburban Medical Center, Oak Park, IL— Critical Care Registered Nurse, Progressive Care Unit**

November 2021 - Present

- Provide comprehensive care to critically ill patients including:
  - Stable, ventilated patients
  - Stroke patients
  - MI/Cardiac patients
  - Patients actively withdrawing from alcohol/drugs
- Monitor patients requiring heparin, amiodarone, and dobutamine drips
- Monitor patient EKG
- Prepare patients for surgery or diagnostic tests
- Assess patient condition and administer medications and IV fluids
- Collaborate with all members of the healthcare team (including doctors, social workers, speech pathologists, and physical/occupational therapists) to ensure all patient needs are met prior to discharge
- Educate patients and families and provide caring support

### **Community First Medical Center, Chicago, IL— Registered Nurse, Cardiac Rehabilitation**

April 2022-Present

- Performed inpatient and outpatient cardiac rehab
- Initial intake assessment, planning and goals.
- Discharge teaching

### **Associates in Nephrology, Chicago, IL— Perioperative Registered Nurse**

August 2020-October 2021

- Perform incoming patient assessments and assessments prior to discharge
- Closely monitor vitals of sedated patients, including monitoring of patient EKG
- Communicate with healthcare team members to plan, implement, and enhance treatment strategies
- Assist with circulating nursing roles
- Draw and administer sedation per doctor orders
- Safely perform sterilization procedures and monitoring of sterilization process
- Oversee proper purchasing of narcotics, including completion and submission of necessary DEA paperwork

## LICENSES & CERTIFICATIONS

Registered Nurse: Illinois,  
License #041497843, Exp  
05/2024  
Basic Life Support, American  
Heart Association, Exp 11/2023  
Advanced Cardiac Life  
Support, American Heart  
Association, Exp 08/2022

## AFFILIATIONS

American Nurses Association,  
Illinois  
Sigma Theta Tau Honor  
Society of Nursing  
National Society of Collegiate  
Scholars

## EDUCATION

**Seton Hall University, South Orange, NJ— *Bachelor of Science in Nursing, Cum Laude***

September 2015 - May 2020