Sara Beladi, RN BSN CEFM

708-738-3382: jsbelvaz@gmail.com

RN with experience caring for antepartum, labor, and mother baby patients. Spanish speaking, loves to work as a part of a team, and always looking for ways to go above and beyond for patients.

Clinical Experience

RN, Labor and Delivery Unit, Denver Health

15 labor and delivery rooms, 3 ORs, 1 OB PACU, 3 bed OB Special Care Unit

January 2021- Present, Denver CO, hours vary (average 37 hr/week)

- Assisted in normal and cesarean deliveries, as well as other OB procedures
- o Managed patient's pain with nitrous oxide, IV medication, epidural, and natural techniques
- Precepted new graduate nurses, completed preceptor education course

RN II, Labor and delivery and Mother- baby unit, Swedish Hospital

6 patient triage, 10 labor rooms, 4 patient observation, 2 ORs 16 post-partum rooms

November 2019- Nov 2020, Chicago IL, 37 hrs/week

- o Provided care utilizing fetal monitoring such as the novi monitor, telemetry monitor, intermittent auscultation, and doppler
- Managed patients such preeclamptics on magnesium, multiple gestation, GDM, HIV
- Cared for newborns requiring treatments including antibiotics and phototherapy treatment

RN I, LDRP, Amita Health St. Francis Hospital

16 labor and recovery rooms, 2 post-partum rooms, 2 ORs

February 2019- October 2019 (Unit shut down) Evanston IL. 37 hrs/week

- o Responsible for triaging and assessing patients, as well as starting IVs and care plans.
- o Monitored and treated patients during antepartum, labor, and post-partum periods

Junior Health Services Officer, Indian Health Services/ Phoenix Indian Medical Center.

July 2017- September 2017. Phoenix, AZ. 40 hrs/ week

Worked as an extern with an RN at the Diabetes Center of Excellence

Extern, El Hospital Universitario de Torrejón, Labor & Delivery

May 2017- July 2017. Madrid, Spain 135 Clinical Hours

o Provided direct patient care for mothers throughout the child bearing process in a Spanish speaking hospital

<u>Certifications/ Professional Memberships/Trainings/ Awards</u>

- Certified in Electronic Fetal Monitoring
- Childbirth International Doula- Birth Doula- In progress
- Certified Breastfeeding Counselor: Prepared Child Birth Educators- October 2020
 - Magnet recognized, following the training criteria established by the U.S baby friendly.
- Member of the Association of Women's Health, Obstetrical and Neonatal Nurse- August 2020
- The Spinning Babies Workshop- August 2020
- NRP certification 2019
- American Heart Association: CPR/BLS December 2019
- Travel Access Project 2018 Grant Recipient

EDUCATION

Saint Louis University; May 2018 BSN, minor in Interprofessional Practice

Saint Louis University Madrid; Fall 2015 and Spring 2016. Concentration in international nursing

Other Experience

Volunteer Nurse, Inciativa Comunitaria (Street team and clinic)

November-December 2018. San Juan Puerto Rico 12 hrs / week

o Provided compassion, wound care, intake assessments, and safe needle exchanges to patients struggling with homelessness and addiction.

Undergraduate Research Assistant, Saint Louis University School of Nursing,

September 2017- May 2018. 4 hrs/ week

 Evaluated and categorized existing literature and data on teen parents. Related findings to implications for current nursing practice.