

Merissa Baker

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Summary

Compassionate Mental Health Tech with 5 years of experience providing mental health care services to people of various backgrounds. Offering excellent rapport-building and communication skills. Known for having a positive attitude and consistently exceeding performance standards.

Experience

CMHIP | Pueblo, CO

Health Care Tech | 09/2017 - Present

Delivered psychiatric nursing care and therapeutic treatment

Provide primary milieu management, crisis intervention, and patient teaching.

Apply verbal and/or physical intervention techniques to diffuse behaviors.

Participate in all Code 0, CTI, and fire drills as they occur.

Worked any unit in the hospital to meet the needs of business and performed duties within the scope of practice.

Documented observations and baseline measurements in medical records.

Charted on each patient daily.

Took and monitored vital signs, administered medications and managed patient behavior.

Administered IM injections according to protocol.

Coordinated with medical and paramedical professionals to provide appropriate input and effectively formulate and implement treatment plans for patients.

Quickly learned new skills and applied them to daily tasks, improving efficiency and productivity.

Carried out day-day-day duties accurately and efficiently.

Demonstrated respect, friendliness and willingness to help wherever needed.

Worked flexible hours; night, weekend, and holiday shifts.

Performed duties in accordance with applicable standards, policies and regulatory guidelines to promote safe working environment.

Maintained energy and enthusiasm in fast-paced environment.

Used critical thinking to break down problems, evaluate solutions and make decisions.

Offered friendly and efficient service to customers, handled challenging situations with ease.

Developed and maintained courteous and effective working relationships.

Skills

Interpersonal skill development, Behavior Observation, Adaptability and Flexibility, Mental Health Care, De-Escalation Techniques, Medication Side Effect Knowledge, Encouragement and Motivation, Nursing Assistance, Injection Administration, Accurate Documentation

Education

Pueblo Community College | Pueblo, CO

