

# Jessica Huff

## **RN**

Kingsport, TN

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+1 301 676 2503

Authorized to work in the US for any employer

## Work Experience

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### **Home Health RN**

Adoration Home Health and Hospice - Wise, VA

July 2022 to Present

- Travel to patient's home to provide care to long and short-term patients.
- Provide education on medication administration and place importance on compliance, usage, dosage, side effects
- Change PICC line dressings, obtains blood samples for ordered and routine lab work. Ensures patient and caregiver are independent and comfortable with IV antibiotic administration.
- Performs venipuncture for ordered bloodwork.
- Changes Foley catheter as ordered by physician.
- Performs wound care as ordered by physicians.
- Initiates and follows individualized care plans to meet patient's health needs.
- Communicates with appropriate care provider as needed to obtain new orders and report abnormalities.
- Assesses patient and performs head to toe assessment, vital signs, weights, glucose based on patient's diagnosis.
- Charts findings and communication.

### **Staff RN- OR Circulator**

Frederick Surgical Center - Frederick, MD

May 2022 to June 2022

Reviews patient's health history and labs, completes patient questionnaire, ensures all criteria is met to ensure positive surgical outcome

Prepares OR paying close attention to safely and properly positioning patient

Ensures patient is properly protected if x-ray is utilized during case

Maintains excellent sterile technique and notifies team if there is a break in sterility

Assists anesthesiologists with intubating patient and performing nerve blocks

Handles and labels specimens correctly

Performs surgical counts with surgical technician and ensures counts are accurate and correct

Quickly learns surgeon's needs

Efficient and knowledgeable in orthopedics (including total knee replacements), plastics, cataract, hand specialties

## **Staff RN**

Physician's Surgery Center of Frederick - Frederick, MD

October 2021 to May 2022

### **Pre-op Nurse**

- Strictly follows all COVID preventative measures as dictated by CDC guidelines
- Provides a safe, clean, friendly environment while prepping patient for surgical procedure
- Completes preop telephone calls with patients to educate, gather health history, medication list, and ensures required labs and testing are complete prior to surgical date
- Admits patients and screens for compliance of instructions to safely proceed with surgery on given day
- Verifies patient's identity and records allergies
- Reviews consents for accuracy and makes certain of required signatures
- Notes and follows surgeon's and anesthesiologist's orders
- Monitors and records vital signs
- Starts peripheral IV's and administers ordered fluids and medications
- Reviews patient's H&P, labs, ekg and other required pre-surgical testing required and notifies surgeon/anesthesiologists of concerns or non-compliance
- Educates patients and families on surgical procedure and post-operative instructions

### **OR Circulator**

- Reviews patient's health history and labs, completes patient questionnaire, ensures all criteria is met to ensure positive surgical outcome
- Prepares OR paying close attention to safely and properly positioning patient
- Ensures patient is properly protected if x-ray is utilized during case
- Maintains excellent sterile technique and notifies team if there is a break in sterility
- Assists anesthesiologists with intubating patient and performing nerve blocks
- Handles and labels specimens correctly
- Performs surgical counts with surgical technician and ensures counts are accurate and correct
- Quickly learns surgeon's needs
- Efficient and knowledgeable in orthopedics (including total hip and knee replacements), plastics, cataract, hand specialties
- Lifelong learner
- Positive attitude and team player

## **RN OR Circulator**

Allied Physician's Surgery Center - South Bend, IN

September 2020 to October 2021

- Reviews patient's health history and labs, completes patient questionnaire, ensures all criteria is met to ensure positive surgical outcome
- Prepares OR paying close attention to safely and properly positioning patient
- Ensures patient is properly protected if x-ray is utilized during case
- Maintains excellent sterile technique and notifies team if there is a break in sterility
- Assists anesthesiologists with intubating patient and performing nerve blocks
- Handles and labels specimens correctly
- Performs surgical counts with surgical technician and ensures counts are accurate and correct
- Quickly learns surgeon's needs

- Efficient and knowledgeable in orthopedics (including total knee replacements), plastics, cataract, hand specialties, neuro surgery

### **Registered Nurse (RN) Preop, RN Circulator**

Physician's Surgery Center of Frederick - Frederick, MD

August 2016 to August 2020

#### Pre-op Nurse

- Strictly follows all COVID preventative measures as dictated by CDC guidelines
- Provides a safe, clean, friendly environment while prepping patient for surgical procedure
- Completes preop telephone calls with patients to educate, gather health history, medication list, and ensures required labs and testing are complete prior to surgical date
- Admits patients and screens for compliance of instructions to safely proceed with surgery on given day
- Verifies patient's identity and records allergies
- Reviews consents for accuracy and makes certain of required signatures
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#### OR Circulator

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- Quickly learns surgeon's needs
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- Lifelong learner
- Positive attitude and team player

### **Registered Nurse-Labor and Delivery**

Frederick Memorial Healthcare System (FMH) - Frederick, MD

September 2015 to June 2016

Monitors and interprets fetal heart rate for abnormalities

Recognizes fetal heart abnormalities and provides appropriate interventions

Offers breathing and relaxation techniques to laboring mother while incorporating holistic care

Performs cervical exams and determines dilation and effacement

Responsible for documenting labor process

Notifies and effectively communicates with physician and anesthesiologist when appropriate

Administers medications using the 5 rights of medication administration

Provides education for PCEA pumps and assists anesthesiologist with epidural insertion  
Manages high-risk obstetrical patients  
Provides ongoing education to patients and patient's family  
Starts peripheral IV's  
Collects blood and tissue samples and ensures correct label is placed on specimen per protocol  
Circulates cesarean sections and D&C surgical procedures  
Excels at sterile technique  
Recovers patients in Post-Anesthesia Care Unit

### **Surgical Technologist-OB/CNA**

Frederick Memorial Healthcare System (FMH) - Frederick, MD  
July 2012 to September 2015

Assists surgeons with cesarean section and gynecological procedures  
Positions and prepares the surgical client for procedures safely and competently  
Sets up and maintains sterile field at all times  
Holds team members and self accountable for breaks in sterile technique  
Pays strict attention to detail  
Stocks delivery rooms and emergency crash carts daily  
Assists RN with patient's ambulating post-epidural anesthesia  
Takes pride in being a team player and effectively communicates with all staff members

### **Dental Assistant, Active Duty Member**

United States Air Force - Eielson AFB, AK  
June 2005 to June 2009

07/28/2015

Assisted dentists in four-handed dentistry in 4 fields of dentistry  
Documented treatment and conditions of the oral cavity in patient records  
Assured compliance with infection control standards mandated by OSHA  
Scheduled appointments and maintained records  
Placed, shot and exposed digital films  
Performed prophylactic dental cleanings  
Monitored and recorded patient's vital signs  
Educated patients on correct techniques in home dental care  
Trained and mentored dental assistant trainees and students

## Education

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### **Associate in General Studies**

Frederick Community College - Frederick, MD  
May 2015

### **Associate in Nursing**

Frederick Community College - Frederick, MD  
2013 to 2015

## **Associate in Surgical Technology**

Frederick Community College - Frederick, MD

May 2012

## **Journeyman in Dental Assistant**

Community College of the Air Force - Maxwell AFB, AL

October 2005

## Nursing Licenses

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### **RN**

Expires: February 2024

## Skills

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- Nursing

## Military Service

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### **Branch: United States Air Force**

Service Country: United States

Rank: E-4

June 2005 to June 2009

## Certifications and Licenses

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### **Registered Nurse (RN)**

June 2015 to February 2024

### **BLS for Healthcare Providers**

March 2021 to March 2023

### **Certified Surgical Technologist**

May 2012 to May 2016

### **ACLS Provider**

March 2021 to March 2023

### **PALS**

November 2021 to November 2023

## Additional Information

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### KEY SKILLS

Anticipates and prioritizes patient's needs

Demonstrates time management  
Shows enthusiasm to be part of a team  
Establishes and maintains clean and neat work area  
Passionate and driven  
Works well under stress  
Dependable  
Lifetime learner attitude