

Osiga I. Utsalo
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Objective

Passionate nurse seeking a job in healthcare that will provide further patient care experience and critical thinking skills.

Education & Training

Shiloh High School 2008-2012
High school diploma

Georgia State University Atlanta, Ga
Bachelor of Science Psychology/ Chemistry- minor

Chamberlain College of Nursing RN BSN
2018-2021

Brenau University FNP
2022- current

Skills

- Current ACLS/BLS certification
- NRP Certification
- Performs 12 lead EKGs and interpretation
- Fetal heart rate monitoring according to ACOG guidelines

Work Experience

Labor and Delivery Nurse- Northside Hospital Gwinnett November 2021- August 2022

- Assisted physician during delivery, treatment, examination, and surgical procedures.
- Monitored fetal heart rates for abnormalities and reported them to physician on duty
- Offered relaxed birth experiences for patients
- Administered prescribed medications and recorded patient vitals
- Performed newborn assessments
- Started IV lines
- High risk antepartum nursing experience
- Performed vaginal exams to assess for dilation, station, and effacement of cervix
- Provided pre, intra, and post op care of C-section patients
- Circulated in operating room during cesarean sections

PCT & Telemetry monitor tech- Wellstar Atlanta Medical Center- PRN October 2020- current

- Gave patients bed baths
- Conducted q6, q4 and PRN blood sugar checks
- Obtained vital signs for patients every 4 hours
- Ambulated patients

- Monitored patient's heart rates and rhythms
- Called code blue if deadly arrhythmia was noted on the monitor
- Assisted nursing staff in maintaining lead placement
- Interpreted rhythm strips and attached them to patient's charts

Little Medical School Teacher- Westside elementary school- Marietta, GA September 2016- July 2019

- Taught elementary aged students very basic anatomy/physiology, immunology, and nutrition.
- Exemplified to students how to run their own practice
- Provided hands on teaching on how to do physical examinations and give immunizations
- Discussed the different fields of medicine that they could aspire to be involved in
- Went over vocabulary words of the day and followed up with parents so they could reiterate the learning process at home

Continual Learning Service Training Center, LLC Phlebotomist volunteer May 2017

- Assisted students in learning median cubital, cephalic, basilic vein, and other types of venipuncture.
- Allowed other students to learn to draw blood from my veins
- Maintained the cleanliness of the facility
- Hosted study groups to prepare students for their certification exam.

Scribe America- Piedmont Atlanta hospital May 2016 – March 2018

- Documented the History of present illness and Physical Exam in the chart of each patient of the ER physician.
- Recovered previous patient records from past records.
- Aided the ER physician to be proficient and orderly by alerting when EKGs were done and when labs/imaging resulted.
- Operated as a liaison between the ER physician and the ER staff to ensure proper flow for patient care times.

Georgia State University Housing Student Assistant July 2015- May 2016

- Demonstrated excellent personal and professional judgment
- Followed procedures and protocol put in place to safeguard the building, its residents, and resources
- Maintained confidentiality about information regarding residents or staff
- Answered inquiries made at the desk and on the phone
- Spotted actual or potential emergencies and responded as appropriately trained
- Made referrals to the appropriate person or on-campus offices

GSU's Minority Association of Pre- Health students: Vice President (MAPS) Aug 2015- May 2016

- Oversaw planning of large-scale events organized by the Events Committee in conjunction with the President
- Planned all General Body meetings with the President.
- Organized General Body meeting topics for Medical Mondays along with the Events Committee.
- Ensured that the Executive Board & General Body Meetings stay on track with the set agendas.
- Served as a co-signer for all contracts and funds.
- Was responsible for maintaining constant communication with Region Student National Medical Association (SNMA), MAPS region IV chapters, and other pre-medical/pre-health organizations on GSU campus.

Grady Orthopedic and OBGYN Clinic Volunteer September 2015- May 2016

- Answered phones and relayed messages to hospital staff
- Assisted residents in transferring from bed to wheel chair and vice versa
- Re-stocked medical equipment supply closet
- Faxed documents to other hospitals/ clinics
- Received 200 hours of combined clinic volunteering
- Provided reception area support and gave general information to visitors and families
- Aided patient discharge by managing and passing out appropriate paperwork
- Provided limited direct patient care

Med Share Volunteer

- Assisted the company in packaging and sorting medical equipment and supplies to send off to unrepresented communities
- Grew in awareness of the lack of medical equipment and need in impoverished communities

GSU's Minority Association of Pre- Health students: Secretary (MAPS)

Aug 2014- May 2015

- Contacted other organizations to find interests for MAPS.
- Collected multiple pre-health speakers' information in order for them to come talk to our members, and sent them letters of appreciation.
- Sent MAPS members info about MAPS scholarships and conference opportunities.
- Recorded the meeting minutes and made them available for E-board members.
- Kept communication with all MAPS alumni to track their successes.

Safe house Outreach Volunteer

- Prepared breakfast most Saturdays for the homeless
- Engaged in conversations with some of the homeless to hear their distinctive stories
- Participated in the annual Christmas festivities where I was able to spread love and help the less fortunate celebrate Christmas.

Success Academy Freshman Learning Community Teaching Assistant and Peer Mentor Peer June 2013-June 2015

- Peer led 40 freshman students
- Assisted professor in leading class discussions and important topics.
- Lived on campus with students to promote living learning experience.
- Conducted weekly reports with 40 students to track experiences.
- Served as students on campus resource showing all the opportunities that GSU offered and giving directional advice.

Success Academy Executive Board (vice president)

- Helped charter organization by creating plans and laws to properly govern organization.
- Planned events for success academy students in order to get accustomed to college feel and make new friends and memories.
- Conducted biweekly reports to talk about member involvement in the program.