



Aureen THOMAS

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.com

Denver, Colorado

80249

SUMMARY

Compassionate Certified Nursing Assistant diligent about serving patient's medical and personal needs. Focused on delivering high-quality care to individuals from diverse backgrounds. Dedicated to protecting patient safety and promoting satisfaction with facility services. Kind and energetic professional with outstanding bedside manner and charting abilities.

SKILLS

- Helping With Medication
- Collecting Vital Signs
- Monitoring Fluids
- Quick Problem Solver
- Performing Patient Intakes
- Collecting Specimens
- Output Monitoring and Reporting
- Activities of Daily Living ADL Support
- Feeding Assistance

EXPERIENCE

Certified Nurse Assistant

Denver, CO

University of colorado hospital/ Mar 2020 to Current

- Conducted routine checks on patient vitals, blood pressure, blood sugar and heart rate.
- Facilitated activities of daily living, personal hygiene management, feeding and ambulation.
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Exhibited compassionate care and communication regarding issues surrounding death and dying.
- Managed and maintained patient rooms, shared-living areas and nursing stations.
- Looked for physical, emotional and symptomatic changes in patient condition and obtained necessary care for medical concerns.
- Rendered hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures.
- Maintained accurate, timely flow of information by completing thorough patient records and updating healthcare team on patient status.
- Collected specimens, monitored vitals and maximized patient comfort to maintain optimal environment.
- Used mobility devices to transport patients
- Supported non-ambulatory residents in range of motion exercises.
- Distributed drinking water and nourishment to residents.
- Helped patients walk with or without self-help devices.
- Answered signal lights, bells or intercom systems to determine resident needs.
- Observed and reported unusual symptoms and changes to RN.
- Assisted patients with bathing and dressing to promote personal hygiene.
- Turned and reposition patients with RN using proper body mechanics to prevent pressure ulcers.

Certified Nursing Assistant/Medication Technician

Aurora, CO

Garden Plaza Of Aurora; Aurora/ Nov 2018 to Feb 2020

- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Facilitated activities of daily living, personal hygiene management, feeding and ambulation.
- Exhibited compassionate care and communication regarding issues surrounding death and dying.
- Managed and maintained patient rooms, shared-living areas and nursing stations.
- Looked for physical, emotional and symptomatic changes in patient condition and obtained necessary care for medical concerns.
- Rendered hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures.
- Maintained accurate, timely flow of information by completing thorough patient records and updating healthcare team on patient status.
- Used mobility devices to transport patients.
- Documented activities and recorded information in EMR system.
- Assisted residents with bathing and dressing to promote personal hygiene.
- Answered signal lights, bells or intercom systems to determine resident needs.
- Helped residents walk with or without self-help devices.
- Supported non-ambulatory residents in range of motion exercises.
- Observed and reported unusual symptoms and changes to charge nurse.
- Assisted residents in preparing for activities and social programs.
- Distributed drinking water and nourishment to residents.
- Collected specimens, monitored vitals and maximized patient comfort to maintain optimal environment.
- Administered medications to patients and performed follow-ups regarding prescriptions and supplements.
- Conducted routine checks on patient vitals, blood pressure, blood sugar and heart rate.

Medication Technician (Qmap)

Denver, CO

Brookdale Assisted Living/ Nov 2017 to Oct 2018

- Obtained, recorded and reported patient vital signs for medication administration.
- Prepared various medications per shift to distribute to patient orally, topically or through inhalation.
- Performed wellness observations, documenting side effects for clinical follow-up.
- Leveraged medication expertise to accurately enter medications and supplies into computer system.
- Monitored vital signs during medication administration to quickly identify complications.
- Assessed patient needs in response to medications.
- Organized and administered medications on schedules to alleviate symptoms and improve quality of life.
- Documented information in patient charts and communicated status updates to

interdisciplinary care team.

- Monitored expiration of medications and medical supplies

EDUCATION AND TRAINING

Associate of Science: Associates of General Studies

Community College of Aurora May 2022

Aurora, CO

Bachelor of Science: Human Physiology

Delta State University Feb 2014

Nigeria

LANGUAGES

English:



Full Professional

igbo:



Native/ Bilingual

hausa:



Native/ Bilingual

yoruba:



Native/ Bilingual

urhobo:



Native/ Bilingual

ACCOMPLISHMENTS

- Recognized as outstanding Employee on three Quarterly awards for an outstanding performance and team contributions.
- Awarded several Recognizing you by peers and managers