

# Cyndi Brumfield RN

Waukee, IA 50263

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With over 30 years of experience as a Registered nurse, I want to obtain a position that will challenge and enhance my knowledge within my profession.

Authorized to work in the US for any employer

## Work Experience

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### **Adjunct Instructor**

DMACC - Ankeny, IA

May 2019 to Present

- Instructor following assigned courses in accordance with course competencies and syllabi.
- Develops and/or utilizes a variety of instructional strategies, techniques and delivery methods designed to meet the individual learning styles of students.
- Fosters a safe and civil learning environment. Informs students about course requirements, evaluation procedures, and attendance policies.
- Monitors, evaluates, and documents student attendance, progress and competency attainment.
- Demonstrated effectiveness working with populations having diverse values, and/or coming from varied cultures and backgrounds.

### **Intake RN**

Clive Behavioral Health - Clive, IA

August 2021 to May 2022

- Provides initial contact for individuals seeking assistance at the Assessment Center and initiates preliminary paperwork, including documenting accurately and completely on the Community Call Form and arranges appropriate referrals based on needs.
- Provides emotional, intellectual and psychological support to patients and their families.
- Documents accurately and completely and keeps record regarding clinical practice.
- Makes appropriate patient referrals.
- Uses interdisciplinary resources to enhance own clinical decision making
- Uses appropriate systems, automated or manual, to obtain patient information or schedule appointments.
- Provides discharge planning
- Facilitates initial plan of care
- Admits patients

### **Agency Healthcare Administrator**

Link Associates - Des Moines, IA

June 2016 to March 2021

Highlights of Contributions

Responsible for the supervision of medical services for residential and day program sites. Ensure compliance with accreditation and organizational standards. Provide training to employees and persons served. Serve as a liaison between persons served, staff, pharmacies, and physicians.

- Supervise medication administration and ensure services are consistent with licensure and accreditation bodies. Evaluate the results of overall operations regularly and systematically report these results to the Outreach Director.
- Review and recommend health services policy revisions to the Outreach Director.
- Complete assigned responsibilities for health services program evaluation and preparation for surveys.
- Represent Health Services and Link Associates to internal and external stakeholders, persons served and the community in a professional manner. Act as a liaison between persons served, physicians, pharmacists, specialists, and family members.
- As assigned, assist in the evaluation of pharmacy services, bidding and selection of provider and in the development and presentation of Board of Nursing exceptions.
- Serve as the trainer for Medication Manager through DMAACC as an Adjunct Instructor
- Serve as on-call first aid resource for emergency assessment and care of persons served.
- Assist in the coordination, scheduling, and implementation of routine and emergent persons served medical appointments as needed.
- Confer with persons served and stakeholders to evaluate services. Punctually and professionally attend persons served meetings as assigned and provide input for admission into services.
- Assist with other duties as assigned and coordinate area activities with those of other areas and departments.

#### RN Case Manager

Spirit Home Healthcare  
12010 Ridgemont Dr  
Urbandale, Iowa 50323  
515-987-9090  
(Business not active at last review)

#### Highlights of contributions

- Identified patient discharge needs and assisted with care recommendations.
- Worked with medical staff and family members to prepare home care plans.
- Coordinated with patients' medical providers to verify home care needs.
- Provided health care information to patients and family members.
- Implemented home health care procedures in accordance with employer guidelines.
- Worked various shifts to ensure that each patient received proper care.
- Coordinated efforts with PT/OT/ST and home health aids.
- Coordinated with nursing staff to ensure that all necessary shifts were covered.
- Provided assessments of each patient's home health care requirements.
- Routinely recorded patient vitals during home visits.
- Collected and evaluated patient data.

#### **Wound Care Nurse/ Unit Manager**

MANOR CARE HEALTH SERVICES - West Des Moines, IA  
June 2014 to February 2016

- Planned, developed, organized and directed the nursing department services in accordance with current state and federal rules and regulations that govern the facility.
  - Maintained, reviewed, and periodically updated policies and procedures.
  - Made written and oral recommendations to the Executive Director as necessary concerning the day-to-day operations of the facility.
  - Assisted with pre-admission screening of potential new residents, to maintain occupancy, and coordinated new admissions to the facility.
  - Supervised the discharge of skilled residents, evaluation of healthcare services, and psychological/ sociological needs for each resident.
  - Assisting with daily facility activities including review of care plans and quality assurance.
  - Represented the facility during state surveys and inspections, and assisted in the appropriate plan of action to achieve a deficiency free status.
  - Interviewed new employees as well as providing supervision during the orientation and job training process.
  - Monitored employee progress and provided feedback.
  - Assisted with decisions related to personnel matter including staffing, scheduling, performance evaluations, complaints, and terminations.
  - Monitored working conditions to assure that all team members had a safe working environment.
  - Provided direct patient care and managed care for draining fistulas, pressure ulcers and skin breakdown
  - Monitored results of care and change the plan of care as needed per physician orders
  - Assessed and documented information for insurers for continued authorization of care
  - Ensured documentation supports level of care, MDS and RUG
  - Completed required forms per policy, initiate PUSH tool and plan of care
  - Educated patient and family on skin breakdown and offloading interventions
- Using the JAMA education tools, and communicated and updated the Physician, pt/family weekly on the wound status

### **Charge Nurse**

Careage of Newton - Newton, IA  
August 2013 to May 2014

- Provided bedside care to residents, administered medication's, treatment's, skin assessment's and personal cares
- Supervise day to day nursing activities performed by nursing assistants
- Made written and oral reports/ recommendations concerning the facility
- Admitted, transferred, and discharged residents as required
- Ensure that all nursing service personnel were in compliance with their respective job descriptions
- Delegated job responsibilities to CNA,s, CMA's and other ancillary staff as needed
- Performed toe Assessments of both skilled and ICF resident's and notified the Physician and resident/ family of any concerns or changes in status

### **RN Case Manager**

Spirit Home Health Care - Des Moines, IA  
March 2013 to July 2013

50311

(Business not active last review)

- Responsible for coordinating all aspects of the clients home care services

- Interacting with the client, the clients family, physicians, therapists, and all disciplines in primary care.
- Conduct initial assessment with the plan of care, provide skilled nursing assessment visits, and supervise staff on the cases.
- Educate the client, the clients family and HHA's involved as needed to ensure the clients needs are met and care is appropriate.

### **RN Case Manager**

Iowa Hospice - Johnston, IA

April 2011 to March 2013

( Business not active at last review)

- Provided end of life nursing services to hospice patients who wish to remain at home.
- Completed initial assessments and implementation of an appropriate plan of care. Communicated and coordinated care, with physicians, family members or facility staff.
- Assessed disease symptomatology and pain management, comfort measures, education of disease pathology, death and dying and what to expect, and provide supportive and/ or active listening to both the patient and family.
- Ensured patient care and charting was within compliance and completed in a timely manner
- Provided information on physical, functional, psychosocial and spiritual needs.
- Recommended changes to care plans as necessary and to coordinate with the interdisciplinary team.
- Evaluated patient eligibility for Hospice services based on specific criteria for admission and recertification of hospice care, to establish appropriate levels of care

### **Staff Charge Nurse**

The Village at Legacy Point - Waukee, IA

July 2010 to April 2011

- Performed initial nursing and daily patient assessments
- Performed duties and responsibilities as needed when filling in for the Assisted living coordinator
- Performed MDS coordinator responsibilities
- Passed medications and performed treatments according to physicians orders
- Multi-tasked in an ever changing environment
- Ensured skilled residents plan of care were within regulatory guidelines
- Completed head to toe assessments on both Skilled and ICF residents
- Cared for a variety of geriatric residents with medical and psychiatric disorders
- Delegated job responsibilities to CNA's, CMA.s and other ancillary staff as needed.

### **RN Case Manager CHPN**

Capital Hospice - Falls Church, VA

November 2009 to July 2010

Travel RN with American Mobile Nursing

- Provided end of life nursing services to hospice patients who wish to remain at home.
- Completed initial assessments and implemented an appropriate plan of care. Communicate and coordinating care, with physicians, family members or facility staff.
- Focused on disease symptoms, pain management, comfort measures, education on disease pathology, death and dying. Provided supportive and/ or active listening to both the patient and family.
- Ensured patient care and charting was within compliance and completed in a timely manner.

## **Director of Nursing**

Crystal INC - Urbandale, IA

January 2009 to October 2009

- Planned, developed, organized and directed the nursing department services in accordance with current state and federal rules and regulations that govern the facility.
- Maintained, reviewed, and periodically updated policies and procedures.
- Made written and oral recommendations to the Executive Director as necessary concerning the day-to-day operations of the facility.
- Assisted with pre-admission screening of potential new residents, to maintain occupancy, and coordinated new admissions to the facility.
- Supervised the discharge of skilled residents, evaluation of healthcare services, and the psycho/ social needs of each resident.
- Assisted with daily facility activities including review of care plans and quality assurance.
- Represented the facility during state surveys and inspections, and assisted in the appropriate plan of action to achieve a deficiency free status.
- Interviewed new employees as well as providing supervision during the orientation and job training process.
- Monitored employee progress and provided feedback.
- Assisted with decisions related to personnel matter including staffing, scheduling, performance evaluations, complaints, and terminations.
- Monitored working conditions to assure that all team members had a safe working environment.

## Education

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### **Associate Degree of Applied Arts in Nursing**

Des Moines Area Community College - Ankeny, IA

1990

### **High School Diploma**

Waukee High School - Waukee, IA

1982

## Nursing Licenses

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### **RN**

State: IA

## Skills

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- Medication Administration
- Pain Management
- Nursing
- Triage
- MDS
- Primary Care Experience

- Hospice Care
- Critical Care Experience
- Vital Signs
- Laboratory Experience
- Employee Orientation
- EMR Systems
- FDA Regulations
- Nurse management
- Hospital Experience
- Patient Care
- Leadership
- Supervising experience
- Social Work
- Case Management
- Home Care
- Venipuncture
- Experience Administering Injections
- Managed Care
- Phlebotomy
- Management
- Customer service
- Documentation review
- Crisis Intervention
- Rn (10+ years)

## Certifications and Licenses

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### **BLS Certification**

### **RN**