

STUTI LAMSAL POUDEL R.N.

Licensed in NY and VA

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Summary

Skilled professional nurse professional looking for responsible role of nursing where my knowledge and experience can be enhanced and utilize effectively and a desire for forming positive relationship with patients, family members, Caregivers, and physicians.

Skills

- Critical thinking
- Reporting and Documentation
- Computer charting
- Attention to detail
- Genuine to help others
- Interpersonal and communication
- Skills
- Medications
- Life support
- IV administration
- Procedural Assistance

Experience

Certified Nursing Assistant june2021 to till now

The Kensington of falls church, Falls church, Virginia

. Assists patient with activities of daily living skills.

. Basic personal Hygiene care and grooming include bathing, haircare, dressing, bladder and bowl requirements or problem, including helping patients to and from bathroom or with bed pan.

. Independently perform basic medical procedure cleaning colostomies, collecting specimens, using aseptic technique.

. Change patients' bed and linens, turn reposition bed ridden patient to prevent breakdown of their skin.

- . Patient and equipment transport as needed.
- . Communication with family members in the phone about their daily activities heir eating habit and daily basic things.

Nursing Assistant

Oct 2017 march 2020

Arden courts. Fair oaks, Virginia

- . Helping Residents with activities of daily living.
- . providing qualify direct patient care, taking vitals sign, maintaining charts, helping patients with daily living activity, maintaining hygienic and safe environment and maintain good relationship with residents' family and health tam members.

Registered Nurse

- . Lumbini Medical College, Tansen palapa, Nepal November 2012 to may 2013
- . Performed patient assessment /reassessments on a regular basis in accordance with established policy.
- . Provides Planned continuity of care
- . Create and maintained accurate, detailed, reports and records
- . Performed Nursing care in an organized and systemic manner
- . Provide individualized education for the Patient, family and caregiver throughout the continuum of care
- . Passed medication and intravenous medication to the patients according to schedule.
- . Management of Foley and drains (NG, PEG, Chest tubes)

Education and training

Associates degree in Nursing

Lumbini Medical College and Research Center , Palpa, Nepal 2012

Certified Nursing Assistant

Columbia college, Fairfax 2015