# Sarah Kretsch

Kind, Caring, and a Hard Worker

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I am a nurse that has had experience in many different areas of healthcare. I am kind and caring and seek to do the best job I possibly can. I understand when to ask for help, as well as critically think in the appropriate time. I have been in leadership roles and also understand what it means to be taught and learn.

Authorized to work in the US for any employer

# Work Experience

#### **Registered Nurse**

SSM Health - Fond du Lac, WI November 2019 to Present

I am currently a circulator in the Operating room. I was trained into many areas upon start of this position in November including Neuro, Ortho, Podiatry, Cysto, DaVinci Robots, GYN, Some ENT, Vascular, and C-Sections.

I currently provide comfort and care prior to surgeries for the patients building a quick relationship for ease of the patients experience. I am advocate for their safety the entire case. I work with anesthesia whenever needed, assisting how I can with intubation. I directly provide the surgeon and scrub tech with the items they need during cases.

Alongside OR work, I also know the skills of being in the core. I help pick the cases for the next day; picking instruments and disposables. I also understand how to keep the day moving by turning rooms over promptly and providing setup for surgeons that have back to back cases.

Since starting, I have become a preceptor for many new nurses as well as assist with being charge nurse in days that help is needed. I have been in emergency situations and understand what it means to take call as well.

#### **Registered Nurse**

Salem Health - Salem, OR October 2018 to June 2019

I worked as a Med/Surg nurse that transitioned into an IMCU floor during my time there. I worked with patients requiring multiple levels of care. I provided medication administration, vital sign assessments, emotional support, advocate for patient safety, end of life support for patients and family, and emergency situation care for declining health in patients.

I directly communicated with physicians to advocate for patients needs as well as inform them of changing health status. I also helped fellow coworkers as well as trained traveling nurses.

## **Registered Nurse**

Froedtert Hospital - Milwaukee, WI September 2017 to July 2018

I worked as a Hematology/Oncology Bone Marrow Transplant Nurse.

In this position I provided medication administration including chemotherapy and bone marrow infusions. I became certified at Froedtert for chemo administration. Alongside medication administration I provided intense physical care to patients who sometimes had deteriorating health- trach care, skin sores and mouth sores, and eventually end of life. This position required me to be an emotional advocate for both the family and patients.

I worked directly with physicians/PAs and Pharmacists as they were directly on the floor with the patients. I was a direct advocate for medication changes, pain, change in mental health, and family concerns for this incredibly sick population.

#### Education

# **Bachelor's degree in Nursing**

Wisconsin Lutheran College - Milwaukee, WI August 2013 to May 2017

# High school diploma

Minnesota Valley Lutheran - New Ulm, MN August 2009 to May 2013

## Skills

- Epic
- Leadership
- Chemotherapy
- Hospital Experience
- Medication Administration
- Cerner
- Vital Signs
- Nursing

# Certifications and Licenses

## **BLS Certification**