

# Armando J. Gameros RN

3050 18th Ave. South, Apt. 206 Minneapolis MN, 55407 \* (385)2947574 \* gamerospm@gmail.com

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## Objective

To continue to provide excellent care to patients and to continue to gain new insights and knowledge in the fast-evolving health care system.

## Skills

- Medication administration
- IV administration
- TPN/NGT/GT nutrition administration
- Discharge teaching
- Bilingual English/Spanish
- Accurate and precise documentation on a timely manner
- Able to prioritize as needs arise
- EKG/ECG interpretation
- Wound assessment and treatment
- Administer medications and provide wound care
- Urine dips/Blood draws/central line blood draws
- Obtain vital signs and finger sticks
- Wound “Vac” skilled
- Tracheotomy care and nasopharyngeal care
- Patient assessment and prioritizing patient needs
- Working collaboratively with other health care team members
- IV certified
- Familiarity with Point Click Care, Cerner, ICentra, Epic, and Blue Step.

## Education

Associates in Science of Nursing  
Eagle Gate College, Murray, UT

August 2014

Practical Nursing Diploma  
Angeles Institute of Nursing, Artesia, CA

January 2013

## Experience

**Focus Point (Travel Assignments) Utah, South Dakota. 2020 -2022**

**Monument Health Rapid City Hospital (FKA Regional Health Rapid City Hospital) Registered Nurse  
FocusPoint (Agency) Apr 2021 — Jan 2022**

**Intermountain Medical Center Registered Nurse  
FocusPoint (Agency)  
Sep 2020 — Mar 2021**

At the beginning of the COVID 19 Pandemic, I saw the need for nurses across the nation, and thus made the decision to take two assignments in Salt Lake City, UT, and then one in Rapid City, SD. Was able to provide services through float pool positions, COVID units, telemetry, and PCU. Med Surg was also where I was able to help at times of need. Vast array of patient management was given and new therapies with the pandemic were applied and managed. Working with various interdisciplinary teams to improve patient care and continue with the high influx of patients that were coming in due to the acute phases of COVID were critical. Proficient in a majority of common IV therapies from antibiotics to blood transfusions. Able to work in fast-paced environment while maintaining great awareness of patients needs, and or changes. Able to maintain proper communication with providers as needed.

**Rocky Mountain Care – Clearfield Utah (Position, RN, UNIT MANAGER) January 2014- January 2016**  
As a unit manager, I am assigned the floor nurses under me and I am responsible of coordinating cares, follow up on laboratory work, as well as assisting the nurses that require new training. Infection control when there is need to have isolation precautions, stay up to date on new software use for the facility, close collaboration with the medical director and nurse practitioners within the facility and at other clinics. Responsible also, for approving admissions to the facility, and

assign to the proper floor based on the acuity and needs, also, I must maintain exceptional customer care at all times. When I have to assist on the floor, my duties include, medication administration, vital signs monitoring, treatments, assisting with personal cares, glucose management, intramuscular and subcutaneous injections, monitoring for changes in condition and following up with doctor promptly, collecting laboratory blood samples, following up with laboratory results, assisting with activities of daily living, assisting with tracheostomy cares, NGT and PEG tube medication and feed administration, accurate and timely documentation.

**QSS Nursing Agency (Position, RN) August 2016- 2022**

Currently as an agency nurse, serving mainly IASIS medical centers, I work mainly on the med-surgical, oncology and rehabilitation, IMC, ICU and psychiatric floors with that have given me the opportunity to see the different levels of acuity in duties from medication administration, intravenous administration, blood administration, EKG interpretation, , lab follow up, strict isolation precautions, assisting with most activities of daily living, following up with pharmacy for new orders, documentation as prompt and accurate as possible, at times assisting wound cares, TPN infusion, close monitoring of vital signs, following up with pro providers and maintaining the safety for the patient in the event of any acute changes.

**Crestwood Care Center – Ogden Utah (Position, LPN - RN) March 2013 – March 2015**

Administration of medications, provide treatments, monitor for vital signs, assist with personal care as needed, work in collaboration with other nursing and rehab staff to provide best care possible, administer insulin injections, monitor for any major changes in condition, and report to doctor promptly, follow up with laboratory tests, as well as new doctor orders, communicate with family effectively and maintain good rapport with patient.

**Private Home Care- Long Beach California (Position CNA) April 2013 -December 2013**

Responsibilities included medication administration, assisting with personal cares such as bathing and dressing, monitoring of vital signs, ambulation assistance and assisting with meals.

**Rocky Mountain Care – Clearfield Utah (Position CNA) April 2012 - March 2013**

Assisting with overall personal care to a variety of patient with different needs, ranging in age and different backgrounds, as well as needs. Monitoring of vital signs and reporting any changes to charge nurse. Also, assisting with feeding and personal care such as toilet assistance and incontinence care.

**Washington Terrace Health Care - Ogden Utah (POSITION CNA)**

June 2010 -

January 2011

Assisting with personal care to a variety of patient with different needs, ranging in age and different backgrounds, as well as needs. Monitoring of vital signs and reporting any changes to charge nurse or floor nursing personnel. Also, assisting with feeding and personal care such as toilet assistance, catheter cleanliness, and providing great customer service and care.

**Licenses/Certificates**

Registered Nurse RN  
BLS Certified,  
ACLS certified,

**References,**

**Tanya Christiansen Charge RN RN (801) 4258430**  
**Lisa Harward APRN (801) 8889630**  
**Delia Melero RN (801) 3895164**