

VALERIA K. OMARI, RN
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OBJECTIVES

Seeking a Registered nurse position which will give me the opportunity to expand my practical experience. With this opportunity, I am looking forward to bringing my passion for helping people, my willingness to learn new skills, and my critical thinking abilities in a clinical setting.

EDUCATION BACKGROUND

TEXAS A&M CORPUS CHRISTI UNIVERSITY (August 2019- May 2021)

- Bachelor's Degree in Nursing

CLINICAL EXPERIENCE

Precepted Nurse

Texas Health Methodist Forth Worth

2019-2021

- Provided direct patient care and helped develop a plan of care for the assigned clients
- Performed initial assessment for all newly admitted patients and communicated my findings to my preceptor. Later used the assessment findings to create a plan of care with the aid and supervision of my preceptor.
- I have performed medical procedures including wound care, IV insertion, lab specimen collection.

WORK EXPERIENCE

Willow Creek Dementia and Alzheimer Care (January 2014- October 2014)

40 hrs./week

- **Caregiver-** Helped with daily activities to include; Bathing and bathroom functions, taking medications, helping the client make and keep appointments with their doctors, helping out with feeding, and documenting their food and liquid intake.

Midwestern health care- Short-term and Long-term care (September 2021- January 2022)

Registered Nurse- Evaluated assigned patients, Planed, implemented and documented nursing care, assisted physicians during examinations and procedures, performed various patient tests and administered medications within the scope of practice of the RN, Promoted patients' independence by establishing patient care goals and teaching patients and families to understand conditions, medications, and self-care skills, Relied on experience and judgment to plan and accomplish goals, performed, took patient's entire history, ensured that each individual receives the best care possible, was also responsible for advanced activities such as starting intravenous infusions, administering oxygen, monitoring blood sugar levels and consulting with the supervising physicians.

Red river Hospital-Adult psychiatric hospital (April 2022- August 2022)

Registered Nurse- Provided and coordinated care by assessing physical and behavioral health needs of patient, develop and implement nursing care plans, maintain medical records and

educate patients and their families about various physical and behavioral health conditions.
Provided nursing care and services within the standards and scope of nursing practice.

Ensured physician's orders are legible if taken verbally and transcribed appropriately per policy and procedure.

Ensure patient's status is assessed on an ongoing basis and pertinent information gathered is documented. Notify physician of significant changes in status such as difficulties with detox, medical emergency or change in medical status regarding response to medications, etc.

Ensured Initial treatment plan is completed upon admission.

Accurately administer medications per ordered note and document accurate count of controlled substance medication administration on required documents.

Responsible for completing admission and discharge processed efficiently and accurately as directed.

SKILLS ACQUIRED

- One on one patient care
- Medication administration via various routes (e.g., oral, rectal, Intravenous, Intramuscular, Subcutaneous, topical)
- Knowledge of medication dosage calculation and verification of safe dosage of medications and immunizations before administration.
- Operated specialized medical equipment such as cardiac and vital sign monitoring devices, IV pumps, EKG units, pulse oximetry
- Documentation (EHR)
- Take vital signs
- Peripheral IV insertion
- Wound dressing
- Patient education
- Nursing jurisprudence and ethics
- **Speak two foreign languages (Swahili and Kisii)**
- Basic Life Support (BLS)

LICENSES

- Registered Nurse (RN)- Texas
- Basic Life Support (BLS)

REFEREES

Thomas Okemwa +1 (940) 447-1803

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