Peter Sowunmi CRRN

Med Surg Nurse

Houston, Texas

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Professional Summary

11 years nursing experience (7 years RN, 4+ years LVN) in Medical surgical /long term care, Rehab, Orthopedic, Acute Care Nursing. Maintain strong reputation for achieving high levels of patient satisfaction. RN with excellent communication and teaching skills. Family Nurse Practitioner Student with Herzing University.

<u>Licenses</u>

Registered Nurse in the State of Texas, License number: 854148

Licensed Vocational Nursing Number - 223575

Advanced Cardiac Life Support (ACLS)

Basic Life Support (BLS) Certification

Certified Registered Rehabilitation Nurse - 2018

Skill Highlights

* Advanced Cardiac Life Support (ACLS) certification * Flow sheet charting * IV drug therapy management * Computerized charting specialist * Able to handle critical situations in terms of an emergency * Possess good interpersonal skills * Aware of policies and procedures of the hospital * Medication administration expert * Skilled in conducting physical examinations * Excellent time management

EDUCATION

Master of Science in Nursing-Leadership and Management - 2018

Bachelors of Science in Nursing – 2016

University of Texas at Arlington, Texas

Associate of Science in Nursing

Lamar State Community College – 2013

North central Texas College

Licensed Vocational Nursing - 2009

McLennan community college

Certified Nursing Assistant - 2005

<u>Professional Experience</u>

Travel Assignment

Buffalo General

Med surg

April 12 – June 10 2022

Aurora Medical Center

Med Surg

West Allis, Wisconsin

September 24, 2021 = March 14, 2022

Del sol medical center

El Paso, Texas

Med Surg

Nurse Sept 12, 2021 - Nov 23, 2021

Fairlawn Hospital

Worcester, MA

Med Surg – covid

April 26, 2021 - September 10, 2021

HCA Mainland Hospital

Texas City

Med Surg - COVID

February 12, 2021 – April 22, 2021

Staff Nurse

Houston Methodist Hospital

Medical Surgical/Rehab Nurse - Charge Nurse

Nov 1 2019- February 12, 2021

Houston Northwest Hospital

April 11 2016 – nov 1 2019

Medical Surg/Rehab

- Maintained a database of patient information and updated vital statistics
- Provided care that was specific to the patient's condition
- Ensured that infection control procedures are implemented

- Supervised non-licensed nursing personnel and assigned tasks
- Provided information to patients and/or family members
- Ensured that patient care procedures are implemented
- Participated in patient assessment meetings
- Provided training to hospital volunteers.

Lakeway Regional Hospital

Lakeway, Texas

December 12, 2015- April 10, 2016

RN Acute Care Nurse/Med Surg/Telemetry

- * Recorded patients' medical history, vital statistics and test results in medical records.
- * Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and orient patients to unit.
- * Actively participated in unit-based Policy and Procedure council and was the lead educator on the unit on policies such as foley catheter insertion, blood transfusion, obtaining consent for procedures and restraints.
- * Disciplined, energetic employee who quickly establishes rapport with patients and colleagues and nominated multiple times for the daisy award for exceptional nurses.
- * Performed all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatments.
- * Assisted patients with healing and recovery after surgery.
- * Acted as patient advocate and implemented total patient care through a team nursing process covering 4-5 patients per shift.
- * Provided behavioral/emotional support and supervision for those with dementia and Alzheimer's.
- * Evaluated patient care needs, prioritized treatment and maintained patient flow.

* Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care.

* Utilized strong assessment skills to determine necessary patient care. Partnered with team of Registered Nurses to ensure over all well-being of all patients.

* Always commended for maintaining the safety, respect and dignity of patients.

Vibra Hospital

October 5, 2014 - December 11, 2015

Charge Nurse / Team Lead

* Responsible for patient assessments, blood draws, lab tests, skin care and oral care.

* Provided assistance with vital signs, patient education, and administration of subcutaneous, intravenous and intramuscular injections.

* Worked closely with multidisciplinary team and patient families in providing care.

Charge nurse, patient care, peg tubes, wound care, specimen collection, assessments, admissions and discharges, transcription, IVs and phlebotomy

* Patient teaching on use of CPM machines, pain management, diabetes management, use of transfer equipment

Hearthstone Nursing and Rehab

Roundrock, Texas

Nov 2012 - Dec 2014 - Evening shift charge nurse

Northgate Nursing and Rehab

Weekend Charge Nurse 2009--2012

updated 1/17/2022