

**Alyssa Brooke Affeld, RN BSN**  
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## **Education**

- University of Michigan, School of Nursing, Ann Arbor, MI
- Bachelor of Science in Nursing, Fall 2001- Spring 2005
- Honors Nursing Program, University of Michigan, 2001- 2003
- Dean's List, & University Honors, 2001-2002

## **Certifications**

- ACLS Advanced Cardiac Life Support, American Heart Association (AHA) 2021
- PALS Pediatric Advanced Life Support, American Heart Association (AHA) 2022
- BLS Basic Life Support Healthcare Provider, American Heart Association (AHA) 2021
- CPN Certified Pediatric Nurse, Certified Pediatric Nursing Board 2007- 2013

## **Awards & Leadership**

Rush University Medical Center, Department of Plastic and Reconstructive Surgery

- Co-Chair, Rush Department of Surgery Unit Advisory Council (UAC) 2019
- Professional Practice Model Award (Leadership Award) Nominee 2019
- Gayle Fewer Ambulatory Nurse Leadership Award Nominee 2019
- RN Lead ERAS (Enhanced Recovery After Surgery) Hospital Wide Breast Reconstruction Program 2019
- Co-author Breast Surgery ERAS Pre/ Post Op Instructions and Protocol, Rush 2019
- Developed hospital wide OR equipment "Breast Implant Ordering Procedure & Implant Ordering Tool" 2019
- Rush Plastic & Reconstructive Surgery Video Patient Education Pilot 2018
- Employee Recognition Award- 10 years at Rush University Medical Center 2018
- American Society of Plastic Surgeons (ASPS) The Meeting Attendee 2014

Rush University Medical Center, Post-Anesthesia Recovery Unit (PAR)

- "Expert Learner" Dragger (Patient Monitor) RN Unit Representative 2014
- Clinical Nurse II Counsel Leadership Representative 2012
- Developed "Pediatric Emergency Equipment Cart and Resource Manuals" 2010-2012

The Children's Hospital of Philadelphia

- Coordinating Council Clinical Level II Member 2007-2008
- Advance Practice & Education (APE) Council Member 2005-2008
- National Pediatric Nursing Conference Clinical Abstract- Simulation Based Education 2008
- Unit Based Simulation Pilot "Tracheostomy & BIPAP Emergency Scenario" 2008
- Member Hospital Wide "Early Recognition Group Pilot" & EPIC Onboarding to CHOP 2008
- Nurse Educator Nursing Orientation, Policy & Procedures 2007-2008

## **Work Experience**

### **Hawthorn Surgery Center**

*Surgical Care Affiliates*

*Registered Nurse PreOp/ PACU Per Diem Sept 2021-Current*

- Provide direct patient care at a busy outpatient surgery center specializing in a multitude of surgery specialties including Ortho & Spine, ENT, Urology from the Preoperative to the Postoperative phases of care. Provide high level of care in collaboration with a multidisciplinary team of anesthesiologists, surgeons and nurses from preoperative care through discharge from PACU.
- Conscious sedation & Regional Anesthesia/Nerve Block assistance & monitoring preoperatively. Responsible for the safety and monitoring of patients in PACU from various modalities of anesthesia and surgeries postoperatively.
- Perform cares for pain control, postsurgical site monitoring, including spinal and regional anesthesia assessments prior to physical therapy and discharge. Provide surgery specific patient and family education and communication with home health per protocols.

## **Rush University Medical Center**

Department of Surgery (DOS), Division of Plastic & Reconstructive Surgery

*Nurse Program Coordinator/Lead RN, October 2014 to 2019*

- RN II for busy Division of Plastic & Reconstructive Surgery (7 surgeons) specializing in Breast Reconstructive Microsurgery, Head, Neck and Extremity Microsurgery. Nominated by DOS leadership for 2 RN Leadership Awards in 2019 (prior to maternity leave).
- Direct patient care for multiple specialties in outpatient setting & In-office Procedures. Performed independent “RN Postop Clinic” (20-30 Postop appointments daily) Breast Tissue Expansion, surgical site & drain care.
- Collaborated with Breast Reconstruction Surgeons and large multidisciplinary team to coordinate plan of care from Cancer diagnosis throughout the multiple stages of surgery & recovery. Communicated ongoing plan of care with Breast Oncologic Surgeons, Oncologists & Radiation Oncologists through multiple stages of surgery. Managed clearances, surgical consents, preoperative testing requirements and patient teaching for Surgical Oncological Division & Plastic Surgery Division. Communicated plan of care, surgical requirements and surgical dates to patients. Significant patient education regarding surgical stages for breast reconstruction, timing of surgery for chemo/radiation, implant device education, drain/ surgical dressings & ERAS Instructions.
- Lead RN “Enhanced Recovery After Surgery (ERAS) Breast Reconstruction Program”. Responsible for communicating ERAS Patients weekly (email & at) multidisciplinary team meeting. Co-wrote “ERAS Breast Reconstruction Patient Education & Protocol”. Lead RN “Breast Reconstruction Patient Education Video”.
- Significant coordination and oversight of OR Scheduling for complex Microsurgeries with multiple co-surgeon’s across DOS. Oversaw all surgical requirements, clearances, authorizations, special equipment orders.
- Collaborated with Rush OR staff for onboarding MD’s for OR. Assisted development of OR EPIC “Case Cards”, microsurgical equipment for OR tray creation (surgical specific), coordination Fluoroscopy Equipment with OR and surgical rep on a individual case basis. Created “Ordering Procedure & Protocol” used for all of Rush OR Department for Breast Implants Devices Hospital wide.

## **Rush University Medical Center**

Department of Hematology & Oncology Cancer Center

*Registered Nurse, October 2012 to October 2014*

- Directly triaged patients for Chemotherapy Infusions, Oncology appointments, Bone Marrow Biopsies in a fast-paced outpatient Cancer Center treating an average of 200-275 patients daily. Assessment of patient response to chemotherapy and ongoing treatment assessment.
- Performed Central venous access procedures and line management, direct Port-A-Cath insertion 75 average daily for laboratory analysis and chemotherapy clearance. Managed Vascular Access Devices for walk in appointments for hospital care & testing.
- Communicated and collaborated with Hematology & Oncology team for patient for drug specific infusion needs prior to appointment, central & peripheral lab draws. Managed overflow of patients for infusions of IV fluids, blood and antibiotics and injections.

## **Rush University Medical Center**

Post-Anesthesia Recovery (PAR), Inpatient & Ambulatory Surgery Recovery Units

*Registered Nurse, August 2008 to October 2012*

- Performed direct high acuity care Pre & Postoperatively at Rush for patient’s infant through adulthood in busy Post Anesthesia Recovery (PAR) Department’s. Delivering care in Inpatient PACU Units and Ambulatory Surgery Units for Rush Main OR to and Inpatient & Ambulatory Surgery Units in Rush Atrium OR.
- Anesthesia recovery for high acuity patients of all surgical specialties at Rush including Neuro, Spine, Ortho, ENT, Gyne, Urology, Cardiothoracic, Pulmonary, Plastics and various Microsurgical Surgeries. Expanded critical care skills in a fast-paced facility world renowned for excellence. Performed high acuity cares; Arterial Lines, Epidural Infusions, Regional Anesthesia (Spinal, Epidural, Nerve Blocks) from placement in Preop through Postoperative Care. Management pain medications, IV Infusion for fluids, antibiotics & blood products, re-transfusion and other drains. Management and set up of chest tubes, foley catheters, intrathecal pain pumps, bladder irrigations and other line/drains.
- Post Anesthesia Recovery care for high acuity Interventional Radiology Procedures including Endovascular Coiling/ Non-Invasive Neurological Procedures. Overflow recovery of patients admitted to various Critical Care Units including care of ventilated patients, monitoring and direct transport of patients.

- Pediatric IV Sedation recovery hospital wide for pediatric patients requiring sedation during various testing. Provided patient and family education in Ambulatory Surgery & PACU setting. Assisted Anesthesia Team with delivery of sedation & monitoring of patients requiring ECT Therapy twice weekly.

### **The Children's Hospital of Philadelphia**

5 South Pulmonary Unit/ Gen Peds

*Registered Nurse, December 2005 to 2008*

- Performed direct patient care in a high acuity inpatient setting to infants through young adults at a world-renowned healthcare institution ranked #1 Pediatric Hospital in the Country.
- Provided direct nursing care for high acuity patients with complex pulmonary diseases and cares including care of patients requiring care for tracheostomy ventilation, BIPAP & CPAP, delivery of continuous breathing treatments and inhaled antibiotics. Expertly trained for (1<sup>st</sup>) Pediatric Lung Transplant Program for Cystic Fibrosis, Pulmonary Hypertension, Muscular Dystrophy and other pulmonary patients requiring high acuity cares of tracheotomy, gastric tube medication administration, feeding and care, NG tube placement, suctioning, assisting with pediatric lumbar puncture.
- Assisted with sedation & monitoring during Infant Pulmonary Function Tests, Lumbar Punctures other procedures performed at In-Unit/Procedure room.
- Achieved level II RN, Certified Pediatric Nurse (CPN) Certification and PALS Certifications. Patient nominated for nursing award. Recognized by leadership for Advanced Practice and Education Leadership and selected for multiple hospital wide pilots, educational roles.