

Caroline Awbrey Dement

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Professional Experience

PACU Registered Nurse, Baptist-Physicians' Surgery Center, Lexington, KY **July 2018 – Current**

- Facilitate the transfer of a patient from OR to PACU; ensure a patent airway is maintained.
- Institute interventions and provide care based on vital signs and the needs of the patient.
- Communicate effectively with surgeon as it pertains to post-op care.
- Understand the importance of clear and comprehensive discharge instructions in a patient's recovery.
- Instruct and provide AHA Certification and Re-certification courses for BLS PALS and ACLS.
- Teach, monitor, and provide necessary documentation for AHA instructor candidates for BLS, PALS, ACLS. Provide a recommendation letter for instructor candidates who are successful.
- Communicate regularly with designated AHA training center, provide and educate all new AHA changes and updates as needed.
- Organize, plan, and facilitate mandatory pediatric and adult mock code case scenarios annually.

2HICU Registered Nurse, Baptist Health, Lexington, KY **May 2016 – June 2018**

- Assisted in the transfer of a patient from OR to the ICU.
- Assessed and monitored open-heart patients continuously while being familiar with the desired parameters (i.e. vital signs, hemodynamics).
- Used hemodynamics to choose the most appropriate treatment for each patient.
- Assessed signs and symptoms that indicated and prevented impending deterioration.
- Educated and developed rapport with patients and their families.
- Supported patient decisions as well as encouraged positive lifestyle changes.
- Aided fellow coworkers to ensure continuity of care while encouraging a good work ethic.

2ICU Patient Care Technician, Baptist Health, Lexington, KY **January 2016 - May 2016**

- Monitored and organized the placement of multiple invasive lines.
- Trained to draw blood through an arterial line.
- Ambulated and transferred patients who had just had open-heart surgery.
- Observed nurses record hemodynamics and hang IV medications.

ED Patient Care Technician, Baptist Health, Lexington, KY **January 2014 - January 2016**

- Effectively communicated in critical-life situations to reduce instances of confusion and error.
- Followed standard protocols and precautions to minimize infection risk.
- Learned how to perform EKGs as well as draw blood including type and screens.
- Understood the importance of using two patient identifiers as well as correctly labeling specimens.

Education

Bachelor of Science in Nursing **May 2016**

Eastern Kentucky University, Richmond, KY

- Member of Sigma Theta Honor Society

Bachelor of Arts in Exercise Science **May 2014**

Transylvania University, Lexington, KY

- GPA 3.33
- Graduated with Honors within major

Certifications

- **BCLS, PALS & ACLS Certified**
- **AHA Instructor for BCLS, PALS & ACLS**
- **AHA Course Instructor for Candidates for BCLS, PALS, & ACLS**