

Myrah Smith

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Hard working and motivated new graduate, formerly enrolled concurrently at Reynolds Community College and Old Dominion University for an associate and bachelor of science in nursing. Aiming to leverage a proven knowledge, competency, and an accumulated 500+ clinical hours for a full-time position in an intensive care facility at your hospital.

Work Experience

Registered Nurse (RN)

Sheltering Arms Institute - Richmond, VA
August 2020 to Present

Traumatic Brain Injury Unit

Educates and assists patients to live with and appropriately manage chronic illnesses and injuries

Assists patients in returning to their normal lives following a serious illness or injury

Prepares clients and their loved ones for future self-management and decision-making responsibilities by encouraging clients' independence and ongoing goal achievement

Teaches specific rehabilitation nursing techniques to help clients and their families develop the self-care skills necessary to move toward full rehabilitation

Coordinates nursing activities in collaboration with additional members of the interdisciplinary rehabilitation team (MD, PT OT RT) to facilitate achievement of overall goals

Acts as an educational and informational resource and role model for both nursing staff, patients, and other clinical staff

Performs hands-on nursing care by utilizing the nursing process to achieve quality outcomes for clients

Shares pertinent information occurring in the disease processes underlying disabilities

Registered Nurse (RN)

Johnston-Willis Hospital - Richmond, VA
September 2020 to July 2021

Neuro Stepdown/ Neuro Surgery

Neuro Stepdown/Surgery unit - took care of patients suffering from stroke, epilepsy, and other brain injuries or illnesses; as well as patients coming from Neuro ICU.

Provides leadership which facilitates the delivery of professional nursing care for the comfort and well-being of patients.

Utilizes the nursing process of assessment, planning, implementation, and evaluation, to provide, delegate, supervise and document care and teaching of patients and family.

Implements medically prescribed interventions.

Caregiver/Attendant

Public Partnerships, LLC
July 2015 to February 2018

Worked with a client who is disabled. Assisted with activities of daily living, providing care in home -- medication reminding, cleaning, toileting, and feeding.

Caregiver/Attendant

Public Partnerships, LLC
July 2015 to April 2016

Worked with a client who has a disability. Duties included driving client to appointments, working on muscle building and strength training exercises, as well as activities of daily living (feeding, dressing, and cleaning). Provided care throughout days/nights. Helped client participate in local activities in his/her community.

Youth Conservation Corps. (YCC)

YCC Lead

National Park Service, Department of Interior - Washington, DC
June 2012 to August 2012

- Developed projects for President's Park, as well as conserve the history by managing White House tours, executing maintenance, and presenting presentations to teachers of DC, Belgium, and Maryland, school kids, church groups, and Congressmen's children.
- Lead on projects requested by clients. Worked on event planning for my mentor YCCs, scheduling the activities every week, and creating a NPS camping trip for YCCs all around the DC, Maryland, and Virginia area.
- As a mentor for three YCCs, helped guide them throughout the program, gave them advice, assign them projects, made sure they completed their assigned projects, and evaluated them at the end of the summer. Worked closely with them to help build character, a sense of belonging in the working world, and aided them in creating healthy working relationships with other co-workers, while bettering themselves.

YCC

June 2011 to August 2011

- Worked as a YCC, to develop projects for President's Park, as well as conserve the history by managing White House tours, executing maintenance, and presenting presentations.
- Completed small projects and public projects around DC.

Education

Bachelor of Science in Nursing

Old Dominion University - Norfolk, VA
June 2018 to September 2019

Associate of Applied Science in Nursing

J. Sargent Reynolds Community College - Richmond, VA
March 2018 to September 2019

George Mason University - Fairfax, VA
2013 to 2016

Mary Baldwin College - Staunton, VA
2012 to 2013

Louisa County High School - Mineral, VA
June 2012

Skills

- Computer: Microsoft Word, Excel, and PowerPoint Effective interpersonal skills to coordinate efforts and work with internal and external organizations Highly flexible and ability to adapt to changing organizational needs Work well in a team environment Coachable
- ability and willingness to learn quick and improve professionally Punctual, productive and organized
- effective time management Spanish Language: Beginner/Conversational Volunteer and Leadership American Heart Association (AHA) Heart Walk
- Leader of Team, Summer 2019 Relay for Life
- Lead volunteer, Summer 2019
- Home Care
- Caregiving
- Nursing
- Hospice Care
- Hospital Experience

Certifications and Licenses

Basic Life Support (BLS)

September 2020 to September 2022

Advanced Cardiovascular Life Support (ACLS)

September 2020 to September 2022

Registered Nurse (RN)

October 2019 to January 2022

License number - 0001298501

CPR Certification

CNA