

PRINCELA BOAHENE

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OBJECTIVE

A Registered Nurse offering a high and dependable healthcare profession with combination of diverse clinical experience, academic excellence, compassion, leadership, and strong interpersonal skills. Dedicated to providing quality, cost-effective and evidence-based care to help patients achieve optimal outcomes.

EDUCATION

The College of New Rochelle School of Nursing. Bachelor of Science in Nursing 2019
Worcester State University, Worcester, Massachusetts Bachelor of Science in Community Health, 2013.

CERTIFICATION

- Registered Nurse: New York State Board of Nursing
- National Student Nurse Association (NSNA)
- *Medication Administration Program Certification (MAP)*
- Adult and Youth Mental Health Certification, 2018
- Bleeding Control Basic certified by American College of Surgeons Committee of Trauma
- Naloxone certification
- ACLS Certification
- CPI Certification
- NYC Infection Control Certification
- Citizen Preparedness Corps Certification.
- CPR certified and Basic Life Support (BLS) certification for Health Care Profession

CLINICAL ROTATION

Medical Surgical Clinical Rotation part I and II

Montefiore New Rochelle Hospital,	New Rochelle, New York	08/2016-12/2016
Bronx Lebanon Hospital,	Bronx, New York	09/2017-12/2017
St John’s Hospital Riverside,	Yonkers, New York,	01/2018-05/2018
Montefiore Einstein Centers,	Bronx, New York,	09/2018-05/2019

- Completed 380 hours of clinical work in medical surgical. Provided life support service during medical emergencies.
- Maintained a state of readiness and alertness with sound, ethical and independent decision-making ability consistent medical protocols.
- Performed all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatment.

Obstetrics-Maternity Clinical Rotation

New York Presbyterian Hospital,	New York, NY	03/2017-05/2017
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- Completed 96 hours of clinical work in Obstetrics. Recorded patients’ medical history, vital statistics, and test results in medical records.
- Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions and follow-up care.
- Performed Newborn Assessments and care. Accurately provided care for Postpartum mothers.

Psychiatric-Mental Health Clinical Rotation

St Vincent Hospital,	New York, NY,	09/2017-12/2017
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- Completed 90 hours of clinical work in mental health.
- Prevent and responds to crisis situations when severe mental and behavioral issues arose.
- Reenforced client teaching on anger management techniques, relaxation skills, impulse control, social skills, emotional coping skills and functional living skills.

Pediatrics Clinical Rotation

Elizabeth Seton Pediatric Center,	Yonkers, New York,	09/2018-12/2018
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- Performed treatments and special care as required, such as tracheotomy care, central venous lines, oxygen administration, cast care, dressing changes, etc.
- Ensures that the Center and the Department of Nursing policies and procedures are follow in the planning implementation and evaluation of care.

Adult Day Care

New Jewish home,	Bronx, New York,	01/2019-05/2019
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- Offer a nurturing and supportive setting for people who have medical conditions combined with depression, anxiety, or serious mental illness.
- Group sessions focus on building skills such as relaxation, problem-solving, and activities of daily living according to age-appropriate nursing standards.
- Update care plans, creating interesting activities, updating medical records, working well with others, creative, supportive, and motivated review of each participant.

WORK EXPERIENCE

Med Bronx Endoscopy Center,
Endoscopy Nurse

Burnside Ave.,

Bronx, NY
06/2022-Present

- Demonstrates venipuncture/peripheral IV insertion skills.
- Utilizes available technology and equipment including invasive and noninvasive biophysical parameter monitoring systems in providing patient care.
- Elicits patient expectations of care and outcome of surgery.
- Maintains appropriate traffic pattern in the peri-operative environment.
- Conducts clinical rounds, provides emergency, and administers medications to patient during care.
- Completes occurrence reports according to policy and unit-based audits, as assigned.

Sunrise Detox,

Registered Nurse Detox

North Main St.,

Millbury, MA.

09/2021-Present

- Responsible for completing admission process efficiently and accurately, responsible for completing discharge process efficiently and accurately.
- Responds to the needs of the patients in detoxification, addresses symptoms of withdrawal and implements proper protocols.
- Communicates frequently with treatment team regarding patient's physical and mental conditions.
- Acquire and maintain all CEU, CPR, trainings, etc. as required by DCF and JCAHO.

Nonotuck Resource Associate Inc.

Registered Nurse Case Manager Adult Foster Care

Auburn st.,

Auburn, MA

07/2021-04/2022

- Develops functional assessment of individual needs by the person-served, family and/or legal authorized representative (LAR).
- Provides outreach visits and recovery-based education to the person-served and family members.
- Coordinates the planning of individual service plans with the person-served and service providers.
- Convenes meetings to modify the Individual Service Plan (ISP) implementation of service plans in recovery-based, person-centered language and practices.
- Advocating for the individual with programs, educating the individual about procedures, and by transporting when necessary to the required services to assure the implementation of service plans.

Grace home health care

Visiting nurse

Main st.

Worcester, MA

05/2021-11/2021

- Established ongoing communications with physician's patients and family members for care plan.
- Collaborated with case managers and other team members to clarify objectives.
- Executed patient-care procedures in accordance with doctor's care plan at home visit.
- Ensured that care plans complied with applicable regulations.
- Evaluated patient progress during each visit.

Omama Home Care

Visiting Nurse

Main st.,

Worcester, MA

05/2021-6/2022

- Coordinated and supervised the care given by the LPN, Home Health Aide and Personal Care.
- Monitored changes in the patient condition and family and home situation.
- Recorded supervisory visits, evaluated patient care and progress for care plan.
- Discharged patients and prepared Discharge Summaries and obtained Discharge orders.
- Maintained confidentiality of client situation, records and services provided according to HIPPA regulations.

Seven Hills Foundation,

Direct Advocate Assistance

Hope Ave.,

Worcester, MA

07/2013-12/2021

- Coordinated programs and recreational activities to improve patients' mental and physical well-being
- Provide safe and secure redirection for residents with assistance
- Administer medications accurately with assisted medical appointments and supporting healthy choice
- Worked extensively with the education team to provide evidence-based education to children with Down's syndrome and mental disabilities.

Blair House Worcester-**Houghton Street,****Worcester, MA**

Assistant Activities Aide

06/2011-2013

- Planned, organize and facilitate focused activities for residents with cognitive disabilities
- Ensured person-centered programming using the structured day programming
- Coordinated and assisted with the dine program for a secure setting for residents.

Ensured complete and reliable documentation

Fairbridge Project International Inc.,*Chandler Street, MA**Immigrant/Refugee Health Program Intern**Summer 2012-2013*

- Developed, promoted and facilitated self-help modeled African group
- Built effective relationship with children, families and school administration staff
- Assessed developed and monitored individualized service plans to address absenteeism and educational progress
- Provided direct comprehensive services, including case management, counselling, therapy crisis intervention, resource gathering and referrals to various services to help clients resolve social and personal problems
- Provides appropriate peer support, skills training, advocacy, and referral information

VOLUNTEERING EXPERIENCE

African Community Education Program – Chatham Street, Worcester, MA	2005-2010
Worcester State University – C.L.E.W Committee, Worcester, MA	2011-2013
Hunger Outreach Program- Worcester State University, Worcester, MA	2011-2013