

# Christina Munoz

San Antonio, TX  
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Ambitious and hard working Registered Nurse eager to contribute developed knowledge as an RN and Licensed Vocational Nurse. Skilled in patient care in clinical and home health care settings. Adaptable and driven with strong work ethic and ability to thrive in team-based or individually motivated settings.

## Work Experience

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### **Staff Nurse**

University Health - San Antonio, TX  
November 2020 to Present

- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Treated patients by administering various types of medications and therapies.
- Conducted patient assessments and diagnostic tests to provide physician with important patient health information.
- Developed care plans complete with effective nursing measures to improve patients' mental and physical health.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.
- Facilitated transition to home care by providing patients with continued care information and discharge instructions.
- Evaluated patients to develop and update treatment plans while anticipating day-to-day needs.

### **Home Health Field Nurse PRN**

Christus VNA Homecare LHC Group - San Antonio, TX  
July 2019 to September 2020

- Administered compassionate care to patients with debilitating conditions, including back pain, arthritis, fractures, head injuries and strokes.
- Addressed patient care needs, collected vitals, dressed wounds and managed catheters.
- Collected biological samples for routine laboratory testing to assist diagnostic processes.
- Charted changes in patient conditions and discussed concerns with supervising healthcare provider.
- Answered patient calls, identified issues and determined how best to provide assistance within parameters established by facility and supervisor.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns.
- Administered oral, IV and intra-muscular medications and monitored patient reactions.
- Communicated with primary care physicians or emergency care providers to relay patient needs.

### **Public Health Nurse**

Metropolitan Health District - San Antonio, TX  
May 2018 to May 2019

- Tasked with identifying unusual issues, cluster infections and known pathogens on patient records, ensuring outbreaks were remedied quickly.
- Performed assessments for each individual case to determine which materials and services were the best fit.
- Attended functions within the community and spoke with members of the public and local officials to promote methods that reduce sexually transmitted diseases.
- Entered client records in centralized database for progress tracking.
- Maintained up-to-date and comprehensive electronic and paper filing systems.

### **Home Health Field LVN**

Homecare Dimensions - San Antonio, TX

March 2015 to December 2017

- Collected biological samples for routine laboratory testing to assist diagnostic processes.
- Administered prescribed medications and started intravenous fluids to address patient symptoms and underlying etiologies.
- Sterilized equipment and supplies using germicides and autoclaves to protect patients and staff from infection.
- Participated in on-call rotations and delivered after-hours care.
- Answered patient calls, identified issues and determined how best to provide assistance within parameters established by facility and supervisor.
- Addressed patient care needs, collected vitals, dressed wounds and managed catheters.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Managed PICC lines - dressing changes/IV antibiotic administration.
- Assessed patient conditions, monitored behaviors and updated supervising physicians with observations and concerns.

### **Bilingual Health Coach LVN**

UnitedHealth Group - San Antonio, TX

February 2013 to March 2015

- Answered patient calls, identified issues and determined how best to provide assistance within parameters established by facility and supervisor.
- Improved the general health of clients by sharing nutrition information and fitness tips.
- Monitored clients' progress and compared to pre-determined health targets.
- Gathered health data from clients using self-assessment tools.
- Provided necessary health education training for patients.
- Enhanced awareness of health resources and worked to connect individuals with programs.
- Responsible for successfully supporting Disease Management and Chronic Care Program requirements for medical group/health plan members.
- Worked with the PCP and clinic staff to identify patients with high risk diagnoses such as CHF, IHD, COPD, asthma, HTN, and diabetes and ensured clinical guidelines were being followed.

### **Bilingual Triage Nurse LVN**

UnitedHealth Group - San Antonio, TX

June 2012 to February 2013

- Assessed patient needs using established triage protocol.
- Recommended follow-up appointments as indicated by protocol.
- Scheduled same day appointments, as indicated.

- Documented all encounters in electronic medical record systems.
- Educated patients, family members and caregivers on treatment and care plans.

### **UM Nurse Associate|Pharmacy Mgmt Precert LVN**

Aetna - San Antonio, TX

April 2009 to May 2011

- Performed precertification for AGB international members.
- Issued Guarantees of Payment and Verification of Benefits for approved services.
- Verified benefits, handled phone calls, faxes, and email requests for precertification.
- Collected information to render appropriate medical necessity/benefit determination.
- Documented all decisions in appropriate utilization management systems according to policy.
- Utilized clinical experience, criteria/guidelines, policies and procedures when making timely and accurate medical necessity/benefit determinations.
- Answered inbound calls in the queue.

### **LVN II**

Texas Department of State Health Services T.C.I.D

October 2007 to April 2009

- Monitored infection control procedures to verify facility-wide health and safety.
- Addressed patient care needs, collected vitals, dressed wounds and managed catheters.
- Observed strict confidentiality and safeguarded all patient-related information.
- Sterilized equipment and supplies using germicides and autoclaves to protect patients and staff from infection.
- Charted changes in patient conditions and discussed concerns with supervising healthcare provider.
- Administered medications and therapies in accordance with physicians orders.
- Evaluated patient care procedural changes for effectiveness and made necessary adjustments.

## Education

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### **Bachelor of Science in Nursing**

The University Of Texas At Arlington - Arlington, TX

December 2021

### **Associate of Science in Nursing**

Galen School of Nursing - San Antonio, TX

September 2020

### **Diploma in Nursing**

St. Philip's College - San Antonio, TX

December 1999

## Skills

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- Bilingual English/ Spanish
- CPR
- Phlebotomy
- Geriatric treatment knowledge

- Medication and IV administration
- Diabetes management
- Colostomy care familiarity
- Triage patient concerns
- Broad medical terminology knowledge
- IV drug therapy management
- Wound Management
- Patient Assessment and Care
- Electronic Health Records Management
- Policy and procedure compliance
- Patient Care and Education
- Mentoring and coaching
- Spanish
- Acute care

## Certifications and Licenses

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### **RN**

### **BLS Certification**