

Chantell LaCava

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Diligent professional with 11.5 years of work experience and a proven knowledge of the nursing process in a wide variety of specialties in the nursing field. Aiming to leverage my abilities to successfully fill RN role at your company.

Work Experience

RN

Tulane Abdominal Transplant ICU | Tulane Medical Center - New Orleans, LA

June 2022 to Present

- Modified patient treatment plans according to symptoms, responses and conditions.
- Reported symptoms, condition changes and vital signs to primary care doctors, patients and families.
- Provided customized patient and family education to foster continuum of care.
- Initiated resuscitative measures to reduce disability and death from acute circulatory and respiratory emergencies.
- Developed and recorded treatment plans as directed by physician.
- Performed therapeutic nursing interventions to promote patient well-being.
- Liaised with multidisciplinary teams to organize and coordinate health and care services to meet patients' complex care needs.
- Conducted patient assessment, prioritizing data collection based on patient condition or needs.
- Taught patients and significant others to manage illness or injury by explaining post-treatment home care needs.

LPN

Perimeter Behavioral Hospital - Kenner, LA

October 2021 to Present

- Effectively managed daily charting for each patient. Cultivated relationships with patients, discussing ways to help improve overall health while alleviating self-harm practices. Monitored patients prescribed psychotropic medications to assess medications' effectiveness and side effects. Provided client assessments upon admission and discharge. Communicated with patients regarding continuing care and medications and discussed treatment plans with family members and guardians. Recorded comprehensive patient histories and coordinated treatment plans with multi-disciplinary team members. Collaborated with prescribing professionals to get patients necessary medications. Implemented evidence-based and best practice problem-solving interventions to establish protective measures for suicide prevention and self-harm. Conducted 15-minute and unscheduled checks on patients, immediately responding to hazardous incidents or crises to maintain safe milieu. Administered psychotropic drugs and other medications, adhering to medication schedules and making adjustments commensurate with patients' condition and response.

LPN | St. Charles Parish Hospital - Luling, LA

March 2019 to October 2021

- Collected and documented vital signs to track current patient conditions. Communicated concerns regarding clients' status, care and environment to nursing supervisors, clinical care supervisors and case managers. Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration. Followed rehabilitation and treatment care plans to accelerate patient recovery, minimize pain and optimize patient outcomes. Assisted physicians with examinations and patient scans during diagnostic processes. Prevented drug interactions and contributed to correct diagnosis by recording patient health information, monitoring vitals and updating patient files. Collected biological specimens and packaged for laboratory transport to complete diagnostic tests. Started, monitored and managed intravenous medication to stabilize patient heart and blood pressure. Charted changes in patient conditions and discussed concerns with supervising healthcare provider. Addressed patient care needs, collected vitals, dressed wounds and managed catheters. Cared for patients' acute and chronic wounds by changing dressings and applying medicated compounds. Observed strict confidentiality and safeguarded all patient-related information. Answered patient calls, identified issues and determined how best to provide assistance within parameters established by facility and supervisor. Administered prescribed medications and started intravenous fluids to address patient symptoms and underlying etiologies. Monitored infection control procedures to verify facility-wide health and safety. Evaluated patient care procedural changes for effectiveness and made necessary adjustments. Discussed discharge planning and post-operation requirements with family and patients.

LPN

Townsend Recovery Center - New Orleans, LA
October 2017 to January 2019

- Delivered expert therapeutic support to patients dealing with substance abuse, addiction and mental health issues. Collaborated with team members to monitor treatment progress and improve individual clients' plans. Collaborated with patients to establish post-treatment strategies for sobriety. Supported and counseled clients with drug and alcohol addiction. Educated patients on detox and withdrawal, medications, addiction, recovery, coping skills and community resources. Conducted individual and group therapy sessions for outpatient clients. Counseled patients on diagnoses and provided emotional support. Helped clients transcend addiction and rebuild lives by empowering each with knowledge and skills. Communicated with patients regarding continuing care and medications and discussed treatment plans with family members and guardians. Prioritized and organized tasks to efficiently accomplish service goals.

LPN | River Oaks Hospital - Harahan, LA
February 2017 to October 2017

- Effectively managed daily charting for each patient. Handled vital sign monitoring, medication administration and patient behavior assessments. Documented all medications administered to mental health patients, following instructions from physicians and healthcare providers. Monitored patients prescribed psychotropic medications to assess medications' effectiveness and side effects. Communicated with patients regarding continuing care and medications and discussed treatment plans with family members and guardians. Discussed non-medical techniques such as yoga and meditation to help patients alleviate depression and anxiety. Consulted with psychiatrists about client medication changes, issues with medicine compliance and efficacy of medications. Conducted independent risk assessment for self-directed violence, analyzing risk factors, protective factors, mental status and current triggers. Conducted 15-minute and unscheduled checks on patients, immediately responding to hazardous incidents or crises to maintain safe milieu.

LPN

Ochsner Medical Center - Harahan, LA
February 2014 to March 2017

- Executed exceptional customer service and polite communication at health screenings. Maintained inventory of syringes, blood collection vials and labels for blood screenings. Responded to emergency situations with speed, expertise and level-headed approaches to provide optimal care, support and life-saving interventions. Observed strict safety measures, including checking medication dosages before administration to patients. Coordinated with healthcare team to establish, enact and evaluate patient care plans. Administered oral, IV and intra-muscular medications and monitored patient reactions. Maintained infection control logs, streamlined charting process, and improved patient outcomes through training and leadership.

LPN

Baptist Medical Center - New Orleans, LA
February 2011 to June 2013

- Monitored patient's respiration activity, blood pressure and blood glucose levels in response to medical administration. Communicated concerns regarding clients' status, care and environment to nursing supervisors, clinical care supervisors and case managers. Responded to patient alarms and needs- assessment requests to identify course of treatment. Promoted patient satisfaction by assisting with bathing, dressing, toileting and exercising. Prevented drug interactions and contributed to correct diagnosis by recording patient health information, monitoring vitals and updating patient files. Collected biological specimens and packaged for laboratory transport to complete diagnostic tests. Examined and addressed lacerations, contusions and physical symptoms to assess and prioritize need for further attention. Started, monitored and managed intravenous medication to stabilize patient heart and blood pressure. Used sterile techniques to prepare patients for procedures. Charted changes in patient conditions and discussed concerns with supervising healthcare provider. Addressed patient care needs, collected vitals, dressed wounds and managed catheters. Cared for patients' acute and chronic wounds by changing dressings and applying medicated compounds. Worked with registered nurses to deliver comprehensive, high-quality care to post-operative patients. Administered prescribed medications and started intravenous fluids to address patient symptoms and underlying etiologies.

Education

Associate in Science

Charity School of Nursing - New Orleans, LA
May 2022

Associate Of Science in LPN

Nunez Community College - Chalmette, LA
January 2011

Skills

- Multi-tasking and prioritization Psychotropic medication knowledge Empathetic and compassionate Samples collection Patient triaging Healthcare platforms
- ICU Experience
- Critical Care Experience

- Nursing
- Medication Administration
- Crisis Intervention

Certifications and Licenses

RN License

BLS Certification

LPN

ACLS Certification

CPI Certification