

# Roxanna Fernandez

9403 Lure Court Houston, TX 77065

[roxanna.fernandez@gmail.com](mailto:roxanna.fernandez@gmail.com)

832-858-7414

## OBJECTIVE

Seeking a registered nurse position that will give me an opportunity to expand my practical experience and provide quality health care to patients.

## SKILLS

- Bilingual in English and Spanish
- Charting Systems: Medi-tech, Cerner, and EPIC
- Manage central lines/ arterial line
- Blood product transfusions
- Critical care IV medications and titrations
- Assist with endotracheal intubation
- Wound care/colostomy care
- Phlebotomy/IV insertion
- Diabetes management/insulin drip
- Nasogastric insertion/monitoring PEG tube/Chest tube
- Pain management (PCA, IV, and P.O medications)
- Foley insertion. C.B.I care.
- Nephrostomy and ileal conduit care
- Tracheostomy care
- Pleurx/Peritoneal catheter care
- JP drain care
- Monitor patients on BIPAP, high flow oxygen, and mechanical ventilators.
- Perform EKG's.

## EXPERIENCE

### **Maxim Healthcare** (*Kaiser Permanente West-ER*)

February 2022- July 2022 **Travel contract.**

Monitored ER patients, including alerting physicians of change in patient status. Communicate with patients and their family members in a variety of traumatic situations. Manage. Stabilize critical patients for transfer or admission. Initiates corrective action whenever information from monitoring equipment shows adverse symptomatology. Interpret, and evaluate diagnostic tests to identify and assess patient's condition. Assists physician during examination, treatment and procedures.

### **Maxim Healthcare** (*Memorial Hermann Cypress- ER*)

October 2021- Jan 2022 **Travel contract**

Monitored ER patients, including alerting physicians of change in patient status. Communicate with patients and their family members in a variety of traumatic situations. Manage COVID patients. Stabilize critical patients for transfer or admission. Initiates corrective action whenever information from monitoring equipment shows adverse symptomatology. Interpret, and evaluate diagnostic tests to identify and assess patient's condition. Assists physician during examination, treatment and procedures.

### **Lyndon B. Johnson Hospital** (*Emergency Department*)

March 2020- Dec 2021

Provide patient care in a busy 50- bed ER unit serving trauma, pediatric, psychiatric, and critical patients. Monitored ER patients, including alerting physicians of changes in patients status. Communicate with patients and their family members in a variety of traumatic situations. Stabilize critical patients for transfer or admission. Manage COVID patients and inpatients with telemetry/IMU/ICU status, until bed was assigned or patient was discharge. Triage patients and relocate to appropriate area within the ER. Initiates corrective action whenever information from monitoring equipment shows adverse symptomatology. Interpret and evaluate diagnostic tests to identify, and assess patient's condition. Assists physician during examination, treatment and procedures.

**Spire Workforce Solutions** (*Memorial Hermann Pearland-ER*)

*March 2021- Aug 2021- Travel contract*

Monitored ER patients, including alerting physicians of change in patient status. Communicate with patients and their family members in a variety of traumatic situations. Manage COVID patients. Stabilize critical patients for transfer or admission. Initiates corrective action whenever information from monitoring equipment shows adverse symptomatology. Interpret, and evaluate diagnostic tests to identify and assess patient's condition. Assists physician during examination, treatment and procedures.

**Maxim Healthcare** (*Houston Methodist West Hospital-Telemetry*)

*December 2020- March 2021- Travel contract*

Provide nursing care for up to 4-5 patients in a telemetry unit. Conduct admissions and discharge per protocol. Perform EKG's, IV insertions, and blood draws. Closely monitor lab results prior to administering oral or IV medication. Responsibilities include nursing assessments based on the patient's history and his/her physical status by identifying critical medical signs and performing tests. Conduct admission assessment and discharge per protocol. Educate patients on health promotion and disease management. Collaborate with physicians to promote effective treatment plans.

**CHI St.Lukes** (*Emergency Department*)

*July 2018- Feb 2021*

Monitored ER patients, including alerting physicians of change in patient status, communicating with patients and their family members in a variety of traumatic situations. Triage EMS patients. Stabilize patient for transfer or admission. Initiates corrective action whenever information from monitoring equipment shows adverse symptomatology. Interpret, and evaluate diagnostic tests to identify and assess patient's condition. Assists physician during examination, treatment and procedures.

**Central Staffing- Memorial Hermann** (*Med Surg/Telemetry*)

*July 2018-Dec 2019 PRN*

Float from all Memorial Hermann locations. Provide nursing care for up to 6 patients in a medical-surgical/telemetry unit with various medical conditions. Conduct admission assessment and discharge per protocol. Identify and prioritize actions based upon patient care requirements. Responsibilities include nursing assessments based on the patient's history and his/her physical status by identifying critical medical signs and performing tests. Medication administration and monitor for side effects; patient education on health promotion, and disease management. Collaboration with physicians to promote effective treatment plans.

**CHI St. Lukes** (*IMU/Telemetry*)

*March 2017-July 2018*

Provide nursing care for up to 4-6 patients in a 15 intermediate/telemetry unit. Conduct admissions and discharge per protocol. Monitor patients with acute and chronic cardiac disease for arrhythmias using cardiac monitoring. Perform EKG's, IV insertions, and blood draws. Closely monitor lab results, patients vital signs prior to administering antiarrhythmics agents; oral or IV medications. Responsibilities include nursing assessments based on the patient's history and his/her physical status by identifying critical medical signs and performing tests. Educate patients on health promotion and disease management. Collaborate with physicians to promote effective treatment plans.

**MD Anderson** (*Oncology Breast/Lung/GU Unit*)

*September 2015-March 2017*

Provide nursing care for up to 4 patients in a 32 bed medical oncology unit with various medical conditions. Conduct admission assessment and discharge per protocol. Identify and prioritize actions based upon patient care requirements. Determined follow up procedures as necessary – tracked patients' cases throughout entire care process until completion. Closely monitor lab results prior to administering oral or IV chemotherapy and blood products. Responsibilities include nursing assessments based on the patient's his-

tory and his/her physical status by identifying critical medical signs and performing tests. Administered medications and monitor for side effects. Educate patients on health promotion and disease management. Collaborate with physicians to promote effective treatment plans.

**Kingwood Medical Center (Med Surg Unit)**

*January 2015-September 2015*

Provide nursing care for up to 6 patients in a 30 bed medical-surgical unit with various medical conditions, including pre-operative and post-operative status. Conduct admission assessment and discharge per protocol. Identify and prioritize actions based upon patient care requirements. Determined follow up procedures as necessary – tracked patients' cases throughout entire care process until completion. Responsibilities include nursing assessments based on the patient's history and his/her physical status by identifying critical medical signs and performing tests. Medication administration and monitor for side effects; patient education on health promotion, and disease management. Collaboration with physicians to promote effective treatment plans.

**Garden Terrace Alzheimer's Center**

*November 2013-January 2015*

Conducted admission assessment. Assessed signs and symptoms indicating physiologic and psychosocial changes in the 3patient's condition. Identify and prioritize actions based upon patient care requirements. Administered medications via oral, rectal, gastric tube, sublingual, subcutaneous, inhalation and injection routes using the five rights of medication administration and monitored for side effects. Communicated with physicians diagnostic test results and changes in resident's conditions. Communicated with family regarding patient condition and plan of care. Educate patients and their families on health-related issues. Completed required forms and documents in accordance with company policy and state and/or federal regulations.

**EDUCATION**

The University of Texas Health Science Center- Houston

*August 2013*

**Bachelor of Science in Nursing**

Houston Community College

*May 2010*

**Associate of Arts**

**CERTIFICATIONS**

Registered Nurse Texas License, *issued 10/03/2013-Expires 09/30/2022*

Pediatric Advance Life Support Expires: *7/2022*

Basic Life Support, CPR & AED, *Expires: 11/2022*

Advance Cardiac Life Support, *Expires: 03/2023*

Trauma Nursing Care Course *Expires: 08/2024*

*NIHSS Expires: 2/2024*