

# S. NICOLE DEMARIS

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## PROFESSIONAL SUMMARY

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Looking for a position that will allow me to work in a fast-paced environment with a growing team. Dedicated to learning, growing, and succeeding in the constant changing health care industry. Compassionate, caring, and at ease with people from all walks of life. Demonstrated ability to build and maintain relationships with healthcare professionals in order to improve patient care.

## SKILLS

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- At-risk patient care
- [Software] use, Point Click Care, Wellsky, Protouch
- Personal care needs
- Patient discharge
- Lab result interpretation
- Resource allocation
- Feeding pumps understanding
- Care plan development
- Patient privacy and confidentiality
- Family Education
- Infection control measures
- Proper catheter insertion/removal
- Gastrostomy buttons experience
- Insulin medication assistance
- Diabetes and nutrition education
- Physical assessments
- Charting and clinical documentation
- IV setup
- Removing sutures
- Medication distribution
- Infection control and aseptic procedures
- Direct patient care
- Tracheostomy care
- Vaccine administration
- Oxygen saturation standards
- HIPAA education
- CPR

## EDUCATION

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2009 **Associate of Applied Science - Registered Nurse** - Sanford Brown - St. Peters, MO

2001 **Licensed Practical Nurse - Nursing** - Applied Technology - Chesterfield, MO

## WORK HISTORY

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9/21 to 12/21 **Registered Nurse** - Kindred Hospital St. Louis South - St. Louis, MO

- Kept track of the patient's condition, interpreting and tracking EKG readings, identifying abnormal telemetry readings, and informing team members about changes in stability or acuity.
- Treated patients for a variety of disorders, diseases, and injuries using pharmacological and non-pharmacological treatment modalities.
- Provided excellent care to critically ill patients who needed ventilator support, extensive wound care, and rehabilitation.
- Approached all tasks with a patient-centered mindset, looking for ways to improve processes and treatments.
- Made sure that medication administration standards and patient care best practices were followed.
- Gave medications and treatments to patients and tracked their responses while collaborating with healthcare teams to adjust treatment plans.
- Worked with a multidisciplinary team of healthcare professionals to meet the personal, physical, psychological, and cognitive needs of patients.

**7/20 to 6/21**

**Registered Nurse, Med-A - Big Bend Woods Healthcare Center - Valley Park, MO**

- Adhered to treatment and rehabilitation plans as directed by the doctor in order to hasten patient recovery, reduce pain, and improve patient outcomes.
- Advocated for comprehensive therapeutic treatment plans that included both pharmacological and non-pharmacological approaches.
- Was in charge of post-operative patients' care from the time they were admitted to the time they were discharged.
- Provided wound care, ostomy care, pressure ulcer prevention, and pain management to patients recovering from medical or surgical procedures.
- Worked with a multidisciplinary team of healthcare professionals to meet the personal, physical, psychological, and cognitive needs of patients.

**6/18 to 6/20**

**Interim Director of Nursing - Community care Center of Union - Union, Missouri**

- Oversaw daily operations at a facility that cared for more than 60 people.
- Quickly resolved conflicts among physicians, nurses, and other healthcare employees to keep workflows on track.
- Recruited well-qualified candidates to fill vacancies and provide unsurpassed care to residents.
- Attended weekly meetings with department heads to discuss census data, admissions, and resident discharges.
- Created policies to align procedures with nursing home strategic initiatives and ensured that I followed all statutory, regulatory, state, and federal regulations.
- Initiated COVID 19 policy and procedures indicated by CDC recommendations and guidelines.