

# Tandreia Clark

## **LPN (Healthcare Pool staffing agencies are welcomed!)**

Woodbury, MN 55125

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I am a healthcare professional, dedicated to providing top-quality, patient-centered care. Highly skilled in addressing acute and chronic conditions. Resourceful navigation of complex healthcare environments to optimize patient care. Organized and motivated employee eager to apply time management and organizational skills in various environments. Seeking entry-level opportunities to expand skills while facilitating company growth. Practical Nursing graduate with background in health and ER.

Authorized to work in the US for any employer

## Work Experience

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### **LPN (Licensed Practical Nurse)**

Abbott Northwestern Hospital - Minneapolis, MN

August 2022 to Present

Med Surg

### **CNA/TMA (St. Scholastica)**

Convent - Saint Cloud, MN

March 2019 to March 2022

Role in Catholic Convent working with awesome Sisters!

Exhibited compassionate care and communication regarding issues surrounding death and dying.

Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.

Facilitated activities of daily living, personal hygiene management, feeding and ambulation.

Managed and maintained patient rooms, shared-living areas and nursing stations.

Looked for physical, emotional and symptomatic changes in patient condition and obtained necessary care for medical concerns.

Rendered hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures.

Maintained accurate, timely flow of information by completing thorough patient records and updating healthcare team on patient status.

Collected specimens, monitored vitals and maximized patient comfort to maintain optimal environment.

Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets.

Used mobility devices to transport patients.

Administered medications to patients and performed follow-ups regarding prescriptions and supplements.

Documented activities and recorded information in EMR system.

Helped residents walk with or without self-help devices.

Observed and reported unusual symptoms and changes to charge nurse.

Assisted residents in preparing for activities and social programs.

Distributed drinking water and nourishment to residents.

### **Patient Care Technician**

St. Cloud Hospital - Saint Cloud, MN  
March 2018 to November 2018

Job duties included rotations every 4 hours from triage, behavioral health, to transportation on 12 hours day shifts with rotating nights. I would collect vitals (BP, TEMP, PULSE, WEIGHT, and Pain) perform EKGs, collect lab specimens, redirect, assist with one-to-one patient care, room patients, monitor glucose monitoring, reporting, and changes or behaviors to charge nurse.

### **Sales Concierge**

Promotional Products - Saint Cloud, MN  
July 2017 to July 2018

Promos is a promotional production company with variety of products sold for special events or personal usage for people and companies around the globe! This role included sitting at a desk in front of two computers calling a minimum of 700 persons per day to pitch sales for customers to buy new supplies such as decorations or foods for holidays, parties, and other events.

### **Medical Coding Service Representative**

Saint Cloud, MN  
February 2017 to August 2017

Duties for the position required 4-week training and classes about insurance companies and health benefits given to clients in different states depending on what they applied for/accepted from age, military status, and or socioeconomic status.

### **Order Entry**

Precision Optics - Sartell, MN  
January 2012 to January 2014

Optical production included typing in client's order and prescription information, adding the correct powers and tinting to lenses with close collaboration with other members of the team to get glasses assessed, scanned, and placed in correct group code for shipping.

### **Direct Support Professional**

Midwest Home Healthcare - Saint Cloud, MN

Follow care plan of client related to diagnosis/disability which included assisting with ADLs such as bathing, grooming, toileting, meal prep, medication administration, ROM, housekeeping, assisting with dressing, catheter care, monitoring vital signs, tutoring, grocery shopping, and transportation of client to scheduled appointments or preferred outing.

Enhanced patient wellbeing by supporting participation in recreational activities.

Tracked and reported clients' progress based on observations and conversations.

Developed strong and trusting rapport with patients to facilitate smooth, quality care.

Used approved crisis intervention techniques in emergency situations.

Assisted individuals in learning and developing new skills.

Assisted with planning and coordination of activities and outings based on individual needs.

Advocated for disabled individuals to foster communication and self-expression and achieve goals.

RESPIRATION, Oxygen saturations, and pain) collect patient information for update in

Citrix, perform EKG's, collect lab specimens, room and assist with gowning, holter monitor hook up, nasal swabs for persons with suspected illness, and promoting safety and disease prevention on units following proper protocols per facility.

Looked for physical, emotional and symptomatic changes in patient condition and obtained necessary care for medical concerns.

Obtained patient vital signs and reported results to staff nurse or physician to identify changes from prior measurements.

Documented patient intake and dietary requirements and aided with feeding and monitoring.

Restocked unit frequently with necessary medical supplies.

Supported healthy patient skin with bedside baths, wound care and integrity checks.

Transported patients to other areas of hospital in wheelchairs and gurneys for tests, treatments and therapies.

Assisted with patient admissions, discharges and transfers.

Kept instruments and equipment clean and sanitized.

Collected biological specimens and packaged for laboratory transport to complete diagnostic tests.

Performed minor housekeeping tasks to keep patient areas clean and sanitized.

Recorded patient conditions and vital signs before and after medical operations.

Monitored patient therapy responses, reporting concerns to supervisor.

Provided ambulatory care by transporting patients to and from facility.

Responded to bell or light signal calls to assist patients with needs.

Delivered outstanding patient care based on physical, psychological, educational and related criteria.

## **CNA - Certified Nursing Assistant**

Serling Park Health Care Center - Saint Cloud, MN

Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.

Facilitated activities of daily living, personal hygiene management, feeding and ambulation.

Conducted routine checks on patient vitals, blood pressure, blood sugar and heart rate.

Exhibited compassionate care and communication regarding issues surrounding death and dying.

Managed and maintained patient rooms, shared-living areas and nursing stations.

Looked for physical, emotional and symptomatic changes in patient condition and obtained necessary care for medical concerns.

Rendered hands-on nursing care under direct RN supervision, adhering to medical center policies and procedures.

Maintained accurate, timely flow of information by completing thorough patient records and updating healthcare team on patient status.

Fostered relationships with patients, caregivers and healthcare teams to achieve individual care plan targets.

Used mobility devices to transport patients.

Documented activities and recorded information in EMR system.

Administered medications to patients and performed follow-ups regarding prescriptions and supplements.

Observed and reported unusual symptoms and changes to charge nurse.

Examined and treated patient lacerations, contusions and physical symptoms and referred patients to other medical professionals.

## **Lab Technician**

National Vision, Inc - Saint Cloud, MN

Overnight lab tech

My position included inspection, cleaning, and tinting of the lenses ensuring the lenses had no scratches or discoloration on them.

## **Laborer**

Ameripride Linen and Apparel Services - Saint Cloud, MN

Machine operation/floater Job included sorting, counting, steaming, packaging, scanning apparels for delivery in a time efficient satisfactory manner to customers in and around the Saint Cloud area

## Education

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### **Graduate in Practical Nursing**

Saint Cloud Technical Community College - Saint Cloud, MN

August 2018 to Present

### **College Degree in Practical Nursing**

Saint Cloud Technical Community College - Saint Cloud, MN

August 2018 to Present

## Skills

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- interprofessional collaboration Patient relations flexibility/adaptable Respiratory equipment training PCA/CNA(10+ years) Medical terminology knowledge CPR, CNA, computer, first aid, Catheter change and preparation communication Calm and level-headed under duress Monitoring fluids Infection control procedures Helping with medication EHR Management Documentation procedures expert Charting expertise Performing patient intakes Understands medical procedures Collecting vital signs Assisting with personal grooming Collecting specimens Quick problem solver
- Nursing
- Hospital Experience
- Crisis Intervention
- Medication Administration
- Meal Preparation
- EMR Systems
- Dementia Care
- Behavioral Health
- Triage
- Hospice Care
- Catheter Care
- Order Entry
- Caregiving
- Citrix
- Home Care
- Laboratory Experience

- Medical Billing
- Patient Care
- Writing skills
- Care plans
- Patient observation
- Communication skills
- Assisted living
- English

## Certifications and Licenses

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### **First Aid Certification**

### **CNA**

### **State Tested Nursing Assistant**

### **AED Certification**

### **CPR Certification**

### **LPN**

### **BLS Certification**

### **Medical Technologist**