

Fiona Doughty

RN-BSN

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Work Experience

Registered Nurse (RN)

Encompass Health Hospital - Houston, TX

January 2019 to April 2022

Dispensed medication from Pyxis machine and adding unwanted medications to Pyxis machine per pharmacy protocol

Administered medications PO, Intravenously, subcutaneously and intramuscular

Provided education for patients and their families regarding diseases processes, medication administration, and treatment plans

Performed routine procedures (blood pressure measurements, Blood sugar monitoring, input and output monitoring, bladder scans, foley-cath care and IV/Central line site management)

Monitored and provided respiratory and ventilator management

Coordinated with interdisciplinary team members according to clients plan of care

Worked collaboratively with dieticians, occupational/physical/speech therapist teams, and other healthcare team members to determine if patients are goin to be discharged from the setting of a hospital

Documented patients assessment findings, physical/psychological responses to nursing interventions and progress towards problem resolution

Completed admission assessments, orientation to facility, medication reconciliation profiles and assessing patients preference of care whether it be cultural, religious or needs for interpretation

Completed discharge assessments and patients readiness to be discharge home by providing teachings verbal and by demonstrations and evaluating patients feeding with response

Medsurge/Covid Nurse

Houston Methodist - Houston, TX

March 2021 to February 2022

Performed medication administration via PO, subcutaneous, IM, rectal etc.

Operated pyxis machine: Dispensed medication from Pyxis machine and adding unwanted medications to Pyxis machine per pharmacy protocol

Learned skilled experience knowledge with EPIC system

Managed positive covid patients with multiple disease processes

Provided assistance for prioritizing nursing task with other team members for patients in critical conditions when needing evaluation for higher acuity of care

Monitored and reported abnormal lab values, procedure imaging results, and adverse results for covid positive patients to the proper disciplinary team members

Attended daily care plan meetings with case managers, social worker and nursing supervisors in regards to updates and pending discharge outcome

Collaborated with multiple interdisciplinary staff members on a daily basis in regards to patient setbacks or improved patient care outcomes

Managed patients with invasive medical devices such as foley catheters, central lines, chest tubes, rectal tubes and drainage systems.

Managed wounds needing daily dressing changes and reporting deteriorating wounds to MD and wound care team.

Wound Care Nurse

Memorial Hermann TIRR - Houston, TX

July 2018 to February 2021

Managed all wound care patients in the hospital

Attended weekly wound rounds with MD/NP and complete weekly assessment and updates to patient charts

Assisted with Debridement's, wound order interventions and wound care management

Coordinated care between all disciplines regarding wound care updates and treatments

Developed plans and interventions for wound care preventions, Hospital acquired wounds and promote more efficient wound care healing during hospital stay

Coordinated and correspond with the wound care team for improvement of wounds, patient care and assignments.

Created and updated excel spreadsheets for all wounds in the hospital daily for interdisciplinary access such as MD's, nurses and Managers.

Attended meetings, patient rounds, monthly team care rounds for improving all aspect of the wound care department.

Assistant Director of Nursing

Silverado Memory Care and Skilled Nursing - Houston, TX

February 2017 to June 2018

Assisted with Managing the nursing department by making sure charts are updated, admission assessments completed, vaccines administered and orders are carried out

Skilled experience with EHR: Point click Care

Assisted staff to make sure orders are carried out promptly to ensure patient care

Coordinated with MD's involved with patient care, present updated reports to Director of nursing and Administrator on a daily basis

Assessed and observed all patients skin on a weekly basis for signs of pressure ulcers, monitored patient with wounds weekly and coordinated with wound care doctor about wound status and treatments updates

Assessed clinical and admission documentations for potential patients to be admitted, coordinated with interdisciplinary team members for advise on patients pending hospital stay and outcomes

Managed time clocks for nursing staff, assessed nursing staff documentations, and speak to patient and family members in regards to plan of care and hospital stay

Pediatric Nurse

Epic Health Services - Houston, TX

November 2014 to June 2018

Managed patients with trach, vents and Tubes, at their place of residence

Made sure patient assessments and care were provided per patient Plan of Care

Administered medication via routes ordered per MD orders

Attended MD appointments and school appointments when assigned

Reported immediately any changes to pediatrician concerning patient health at a timely manner
Reported to incoming nurse daily routines and changes occurred on shift
Dressed open wounds and assess progress of healing
Coordinate with occupational therapist, physical therapist, physicians, and case management involved in patient care

Medsurge nurse/Wound care nurse

Atrium Medical Center - Houston, TX

July 2015 to January 2017

Monitored patient's condition and assess their needs to provide the best possible care and advice
Observed and interpreted patient's symptoms and communicate them to physicians
Collaborated with physicians and nurses to devise individualized care plans for patients
Performed routine procedures (blood pressure measurements, administering injections etc.) and fill in patients' charts
Adjusted and administered patient's medication and provide treatments according to physician's orders
Inspected and maintained excellent hygiene and safety (decontaminating equipment, sanitizing surfaces, preparing beds etc.)
Provide instant medical care in emergencies situations
Worked with EMR system to assess and document in patients charts
Dispensed medication from Pyxis machine and adding unwanted medications to Pyxis machine per pharmacy protocol
Administered medications via mouth, Intravenously, subcutaneously and intramuscular
Provided education for patients and their families regarding diseases processes, medication administration, and treatment plans

Charge Nurse/Wound care nurse

Manor Care

October 2013 to May 2015

Established and maintained a therapeutic relationship with patient and families
Identified initiated and coordinated therapeutic interventions consistent with the legislated scope of practice and level of competence.
Implemented prescribed interventions (e.g. diagnostic tests, medications) and performs independent nursing interventions (e.g. patient or client and family education).
Ensured the implementation, coordination and ongoing evaluation of the patient or client care plan
Provided counseling that assists the patient or client in developing, improving, or regaining skills, social and community supports, promoting health and recovering from illness and disability.
Consulted with the interdisciplinary team and other care providers to discuss changes related to patient or client status, and modifies interventions. Interprets medical information including diagnosis and

Register Nurse

ST JAMES HOUSE - Baytown, TX

September 2012 to June 2013

Administered medication via IV, Transdermal, PO, Subcutaneous
Worked along side Doctors, Therapist, case management, and D.O.N for updates on patient progress to discharge.
Monitored patient condition and assessing their needs to provide the best possible care and advice.
Observed and interpreted patient's symptoms and communicating them to physicians. Collaborated with physicians and nurses to devise individualized care plans for patients.

Developed, coordinated and updated an individualized plan of care, based on evidence, in collaboration with the patient or client and their family, the interdisciplinary health care team and other providers of care promoting continuity of care across the continuum. Prioritized nursing interventions to achieve patient or client outcomes and goals.

Developed and coordinated a comprehensive discharge and education plan to meet the patient or client and their families' needs, including health promotion, self management, identifying and coordinating resources to promote continuity of care across the continuum.

Education

Bachelor's in Science of Nursing

Chamberlain College of nursing

July 2017 to October 2019

Associate in Science in nursing

Lee College

July 2006 to May 2012

Nursing Licenses

RN

Expires: March 2023

State: TX

Skills

- WCC (5 years)
- RN
- Certification
- Hospital (3 years)
- Home Health (3 years)
- Med Surg (1 year)
- Staff Nurse (9 years)
- Operating Room (1 year)
- Experience Administering Injections (9 years)
- Medication Administration (9 years)
- Memory Care (2 years)
- Laboratory Experience (9 years)
- Critical Care Experience
- EMR Systems (8 years)
- Epic (1 year)

Certifications and Licenses

BLS

Additional Information

RN-BSN