# Summary

Experience Registered Nurse with 9 years total of Labor & Delivery experience, history of 2 Years full time OB Clinical Educator experience. Skills include:

* Professional Speaker in Kaleidoscope 2016: A Celebration of Excellence

Obstetrical, Neonatal, & Women’s Health Nursing Conference

* Substantial experience in aiding and teaching for childbirth practices
* Strong ability to identify the needs of staff with focus on serving as a mentor in the development of staff, and students
* Profound organizational and communication skills both verbally and written.
* Remarkably effective demonstration and leadership qualities.
* Experience with Epic System

# Education

Master of Science in Nursing, Nurse Education May 2015

Prairie View A&M University, Prairie View, TX

Bachelor of Science, Nursing August 2012

Prairie View A&M University, Prairie View, TX

Associate of Applied Science, Nursing August 2010

Houston Community College, Houston, TX

# Professional Nursing Experiences

## Staff Nurse III, Labor & Delivery/Childbirth Educator, Houston Methodist West Hospital

## (Houston, TX – Jun. 2012-Current)

## Performed as relief charge nurse providing patient care on 32-bed unit; Minimum of 200 deliveries a month

## Performed as relief Preceptor for 2-3 new staff & nursing students a year

## Developed and evaluated childbirth class content and prepared education programs

* Developed and implemented new OBED protocols, Trainer for OBED Process to staff nurses

## Clinical Nurse Educator – Labor & Delivery & Antepartum, The Woman’s Hospital of Texas

## (Houston, TX – Sept. 2017 – April. 2019)

* Responsible for functions related to education and professional development (Simulations) of nursing staff on 48-bed High Risk Ante unit, 50-bed LD unit, 14-bed OBED unit, 10-OR suites, 14-PACU Bays,; Minimum of 1200 deliveries a month
* Responsible for functions related to education and professional development of nursing staff of over 200 Labor and Delivery nurses, over 90 Antepartum nurses, over 30 OR nurses, over 20 OBED nurses.
* Developed an updated orientation program for new RN's; subsequently integrated with the StaRN Residency program.
* Assisted with re-certification of “Baby Friendly” designation.

## Charge Nurse III, Labor & Delivery, Houston Methodist Hospital

## (Houston, TX – Aug. 2016-Sept. 2017)

## • Oversee daily functioning of 25 bed unit directing admissions, discharges, and general patient flow

## • Participate in hospital committees and task forces as requested

## • Provide day-to-day clinical direction to assigned and other paraprofessional staff

## Staff Nurse II, Medical Surgical, Telemetry, Houston Methodist Sugarland Hospital

## (Sugarland, TX – Jun. 2011- Jun. 2012)

## • Assessed patient conditions and nursing needs, using the nursing process

## • Ensured that patient direct care needs are met

## • Performed patient and family education

## Staff Nurse, Medical Surgical, Orthopedics, Tomball Regional Hospital

## (Tomball, TX – Jan. 2011-Jun.2011)

## • Provided patient care and maintained effective functioning for the assigned unit of service.

## • Ensured that services in the unit are performed in accordance with the standards and mission of the facility.

## • Communicated with peers and assisted in orientation of new employees

## Charge Nurse, Long Term Care Facility (LTAC) Skilled Nursing Rehab, Brookdale Willow-Brook Place

## (Houston, TX – Aug. 2010- Jan. 2011)

## • Handled medication administration, dressing changes, IVs and all other aspects of nursing care on a 30 bed unit.

## • Facilitated admissions, discharges and transfers; prepared chart notes and other documentation; and participated on interdisciplinary team.

## • Provided patient care and maintained effective functioning for the assigned unit of service



RN- State of Texas (2010)

ACLS: Advance Cardiovascular Life Support

BLS: Basic Life Support

NRP: Neonatal Resuscitation Program

RNC-OB: Certified in Inpatient Obstetrics

C-EFM: Certified Electronic Fetal Monitoring

5-time Nominee for ‘The Daisy Award

Professional speaker in: Kaleidoscope 2016 - A Celebration of Excellence Obstetrical, neonatal, & Women’s

Health Nursing Conference, Galveston, Texas – Amniotic Fluid Embolism: a True Obstetrical Emergency

# Affiliations

Association of Women’s Health Obstetric and Neonatal Nurses (AWHONN)

Eta Delta Chapter of Sigma Theta Tau International Honor Society of Nursing