

Charlotte G. Ward, RN, BSN

(757) 285-5110 ♦ muenchrath68@gmail.com ♦ Burns, WY 82053 ♦

Registered Nurse

(Multi State License 45280)

Experience in Home-Health and Clinical Settings

Skilled RN offering expertise in acute care, occupational health, geriatric, rehabilitative and post-operative care. Consistently earns praise from patients, family members and supervising clinical directors for delivering excellent nursing care. Eager to secure a full-time RN position.

PROFESSIONAL EXPERIENCE

TANG AND COMPANY, HOLLY FRONTIER REFINERY STAFF REGISTERED NURSE CONTRACTOR, 8/21 TO PRESENT FT TO PRN

- ◆ Collaborates with Infection Control Department to coordinate the work up and treatment of workers exposed to infectious diseases, including blood borne pathogen, TB, pertussis, meningitis..
- ◆ Functions as a subject matter expert on case management performed including Worker's Compensation and personal restrictions, referrals
- ◆ Administers the company's Drug Free Workplace and DOT programs
- ◆ Conduct physical assessment with pre-employment (help to match worker's capabilities to job requirements) and annual physical examinations. Perform venipuncture EKGs, biometrics and other pertinent markers for health status assessment. Provide support and assistance to physicians. Monitor external health examiners for branch and broadcasting. Schedule and coordinate physicals
- ◆ The ability to use critical thinking and experience to conduct a range of risk and health assessments
- ◆ The ability to communicate about and provide general health guidance on disease management issues such as HTN, DM
- ◆ Conducts, collects and documents on-site data for following official reporting. Participate in management meetings for information delivery
- ◆ Provide on-going evaluations of work environments and provide recommendations in the workplace

UC Health, Greeley and Loveland, Colorado Staff Registered Nurse, 2/2021- 7/2021

Provides direct patient care using the nursing process in accordance with applicable scope and standards of practice and with the policies, values, and mission of the organization

Monitors, records, and communicates patient condition as appropriate.

COVID Immunization program monitor, Responded to allergic reactions, mental health needs, administered monoclonal anti-bodies infusion

Primrose Retirement, Cheyenne, WY
Staff Registered Nurse, 5/2020 to present

Administer Medications and Treatments within the State and Federal guidelines of your Licensure and Scope of Practice.

Assist residents with identified needs as outlined in the nursing/service plan.

Responded to resident emergencies; providing nursing assistance and arranging for appropriate medical attention/follow-up or patient transfer

Communicated with physicians and pharmacies - Implemented and contributed to the evaluation of the residents' response to the medication or treatment plan authorized by the directing physician.

FT Licensed Practical Nurse -12/2016 to 1/2020

Nurse Corps, INC 9/2019 to 5/2020, Med Trust 10/2018 to 6/2019

Deliver nursing services that include:

Wound Dressing & Care ♦ Injections ♦ Suction/Respiratory Treatments & Assessments ♦ Altha/CHCS/Epic Electronic charting ♦ Glucose Checks & Blood Pressure Monitoring ♦ Rehabilitation Therapy

- ◆ Performed EKGs, Injections, Assisted with minor surgical procedures, Lab Testing
- ◆ Followed rehabilitation and treatment plans to accelerate patient recovery; minimize pain, discomfort, infections and complications; and optimize patient outcomes.
- ◆ Assessed, monitored and documented patient progress, symptoms and vital signs on each visit.
- ◆ Educated clients and their families on the safe treatment of injuries, illnesses and conditions.
- ◆ AEI, Blood Alcohol and Drug Testing, Pre-employment Physicals, Injury response, sick call treatment, Clinic set up and tear down

Cheyenne Regional Medical Center, Cheyenne, WY

FT Licensed Practical Nurse/Psychiatric Technician, 1/2017 to 11/2018

Inpatient Mental Health:

Suicidal ♦ Anxiety/Panic Attacks ♦ Autism ♦ Delusional ♦ Developmental Delay ♦ Depression/Bipolar ♦ Psychosis ♦ Borderline Personality Disorder ♦

- ◆ Assisting patients with hygiene, nutrition, comfort activities, etc.
- ◆ Assisted RNs and MDs with treatments, therapies and interventions to improve mobility, social/cognitive skills.
- ◆ Support behavioral management of milieu, initiated and facilitated non-therapeutic groups, maintained safe environment, trained in de-escalation techniques

Additional Experience: In Occupational Health PT/PRN LPN at Valley Case Management at Microsoft Construction Campus, Drug Testing, Emergency and Routine Injury Treatment (2/18-10/18). Chief Petty Officer and Fleet Marine Force Corpsman active and Reserve (2/99-10/2020).

EDUCATION, LICENSURE & CERTIFICATIONS

ASPEN UNIVERSITY, DENVER, CO 10/7/2021

BSN

EXCELSIOR COLLEGE, Albany, NY 5/2014

B.S. Degree in Health Sciences/Biology

LARAMIE COUNTY COMMUNITY COLLEGE, Cheyenne, WY 12/2016

Certificate in LPN Studies, Nurse's Aide Program

NIGHTINGALE COLLEGE, Salt Lake City, UT 2019

Associates Degree in Nursing

Licensure:

Registered Nurse, State of Wyoming-Multi state license 5/29/2020 - present

Previously LPN 12/2016-1/2020, Home Health Aide, Certified Nursing Assistant (CNA), State of Wyoming

Certified Level 2 Psychiatric Technician Inpatient Behavioral Health CRMC East

Chief Hospital Corpsman 2/99 to 10/2020

Certifications:

AEI, Urine Drug Testing, CPI- Crisis Prevention and Intervention- Deescalation Techniques, Psych Technician Level 2, Gerontology, Stop the Bleed Instructor, AHA BLS for the Healthcare Provider, Tactical Combat Casualty Care, Fleet Marine Force School, Hyperbaric and Wound Care Certification, Immunization Management, Dr. Page Dementia Seminar, Navy Instructor Trainer, Physical Security and Customs Officer, Anesthesia Technician, Critical Care Corpsman-ICU

Honors/Professional and Community Involvement:

Active member of the Wyoming Nurses Association, Fleet Reserve, Volunteer TAPS and Remember the 22 Suicide prevention programs, Member Phi Beta Kappa Association, Award winning author of short stories, articles, and poetry, Frontier Days Medical Support Volunteer, Awarded Navy Commendation Medal, 8 Navy Achievement Medals, 1 Army Achievement Medal and numerous other military awards.

Professional References:

Martha Van Tassell-BS, RN Nursing Supervisor

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Mrs. Lisa Spencer- Community Volunteer Supervisor

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