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# JESSICA FRAZIER

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## Summary

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Skilled Utilization Review Nurse offering talents in continuous assessments and clinical records oversight. South Carolina State Board Certified Registered Nurse with eight years of experience delivering high-quality care to patients in Med/Surge, PCU, and two years in LTC MDS department. Skilled with Myers and Stauffer surveys CMS and insurance reimbursement guidelines. Proven leader effective at uniting and guiding nursing teams toward achieving patient care goals, improving satisfaction, and supporting wide-spread healthcare system improvements.

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## Skills

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- Patient monitoring
  - Medical screening
  - Unit administration
  - Strong medical ethic
  - Tracheostomy care
  - Team supervision
  - IV and venipuncture certified
  - Geriatric treatment knowledge
  - Acute and rehabilitative care
  - Medication administration expert
  - IV drug therapy management
  - Preparing for procedures
  - Monitoring vital signs
  - Flow sheet charting
  - Gastrostomy tube care
  - Advanced Cardiac Life Support (ACLS) certification
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## Experience

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### **RN PCU stepdown/surgical AYA Healthcare**

**12/2021-Current  
Charleston SC.**

- Administered medications, tracked dosages and documented patient conditions.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Delivered direct patient care, including stabilizing patients and identifying treatment options.
- Conducted patient assessments and diagnostic tests to provide physician with important patient health information.
- Monitor patients post op
- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
- Delivered quality care and comfort to patients with heart failure, pulmonary hypertension, pulmonary embolisms and end-stage renal disease.
- Cared for patients in recovery from medical procedures by caring for wounds, monitoring vitals and managing pain.

### **RN Med/Surg ED Float Health Trust agency**

**8/2021-10/2021  
Charleston, SC**

- Administered medications, tracked dosages and documented patient conditions.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
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- Delivered quality care and comfort to patients with heart failure, pulmonary hypertension, pulmonary embolisms and end-stage renal disease.
- Cared for patients in recovery from medical procedures by caring for wounds, monitoring vitals and managing pain.

### **RN MED/SURG FLOAT**

**12/2020 to 05/2021**

#### **Aya Healthcare**

**Boston, MA Columbia, SC**

- Administered medications, tracked dosages and documented patient conditions.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Delivered direct patient care, including stabilizing patients and identifying treatment options.
- Conducted patient assessments and diagnostic tests to provide physician with important patient health information.
- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
- Delivered quality care and comfort to patients with heart failure, pulmonary hypertension, pulmonary embolisms and end-stage renal disease.
- Cared for patients in recovery from medical procedures by caring for wounds, monitoring vitals and managing pain.

### **Registered Nurse, PCU Float**

**10/2020-12/2020**

#### **Maxim Health Care**

**Greenville, SC**

- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered medications, tracked dosages and documented patient conditions.
- Treated patients suffering from chronic and acute medical concerns, including asthma, seizure disorders and pneumonia.
- Coordinated with clinical staff to keep patients updated and informed on care issues, including discharge delays, equipment inaccessibility and procedure postponements.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Consistently assessed and evaluated patients' health needs by coordinating across medical disciplines to create, implement and modify personalized care plans.
- Created and maintained all absentee calendars, agency nurse schedules and staff meeting minutes.
- Assessed patient health needs by reviewing and tracking EKG readings to address telemetry readings and quickly inform teammates on stability or acuity changes.

### **Registered Nurse, Medical Surgical/Float pool**

**09/2018 to 12/2020**

#### **Piedmont Medical Center**

**Rock Hill, SC**

- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
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**RN MDS/Case Management**

**09/2019 to 01/2021**

**University Place Nursing and rehab**

**Charlotte, NC**

- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Met training objectives by instructing new and prospective nursing staff in clinical skills and organizational procedures.
- Completed daily chart audits and assessed clinical records to verify accuracy, evaluate performance against goals and check for appropriate education of patients and families.
- Improved patient outcomes and quality of care by determining and suggesting changes to processes.

**RN LTACH**

**05/2017 to 10/2019**

**Carolinas Continued Care**

**Pineville, NC**

- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Delivered direct patient care, including stabilizing patients and identifying treatment options.
- Administered scheduled medications and therapies intravenously, rectally, orally, subcutaneously and via intramuscular injections while overseeing pain management plans.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.
- Cared for patients in recovery from medical procedures by caring for wounds, monitoring vitals and managing pain.
- Guided therapeutic communication, conflict resolutions and interventions by deflecting undesirable behaviors to assist patients with developing and amplifying coping skills.
- Completed and maintained personal Performance-Based Development System (PBDS) standards to show consistent clinical competency and sound judgment.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.

**RN MDS insurance reimbursement/ Case Management**

**04/2014 to 05/2017**

**NHC**

**Charleston, SC**

- Determined and coordinated appropriate level of care to meet individual patient needs.
- Informed patients and families of treatment options and at-home care strategies to reduce unnecessary burden on hospital resources.
- Advocated for patients by identifying insurance coverage, communicating care preferences to practitioners and verifying interventions met patients' treatment goals.
- Developed appropriate care plans for at-risk individuals and high-risk families.
- Collaborated in consults, patient care plans development, patient monitoring and evaluations.
- Collaborated with physicians during medical rounds, updated treatment plans, and provided plan of care to patients and families.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.

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**Education and Training**

**Clinical Nurse Leader**

**05/2014**

Trident Technical College

Charleston, SC

**Bachelor of Science: Nursing**

**09/2020**

