

# Shanette Mendez

## **Critical Care Registered Nurse**

Waldorf, MD 20603

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+1 202 400 6436

RN seeking to use earned skills and knowledge to assist hospitals in a nursing role. Proven to handle any medical emergency or situation with the necessary skillsets to perform under pressure. Excellent interpersonal skills and a dedicated worker with a sense of purpose. Possess a Bachelors's Degree in Nursing.

## Work Experience

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### **WRNMMC Critical Care Nurse - PRN Contractor**

THE ARORA GROUP - Gaithersburg, MD

October 2022 to Present

- Provide care to acutely and critically ill patients, in a highly technical and ongoing monitoring environment.
- Proficient in hemodynamic monitoring. Demonstrates the ability to manage a patient on a mechanical ventilator and initiate and titrate vasoactive medications.
- Consistently and thoroughly assesses patients to collect data and identify learning needs according to established standards and policies.
- Utilizes a systematic, continuous, and complete analysis of assessment data to develop individualized problem lists for assigned patients.
- Monitors, records and communicates patient condition as appropriate.
- Plan and implement patient care plans.
- Respond decisively to life-saving situations, using nursing standards and protocols for treatment.
- Teach and mentor professional and paraprofessional nursing staff, including trainees from various nursing programs, assisting with complex nursing and diagnostic procedures.

### **Registered Nurse PACU (Traveler)**

Quadrant, Inc - Reston, VA

April 2022 to Present

- Provide care in the recovery area
- Taking vital signs, checking dressings and/or operative site, administering medication.
- Conduct follow-up calls to patients
- Reviewing, educating, and providing a copy of the written discharge instructions to the patient and caregivers
- Ensuring the patient meets all discharge criteria.

### **PACU Registered Nurse - Part Time**

Maryland Vascular Center - Silver Spring, MD

April 2019 to Present

- Provide care in Pre-op/Intra-Op/Post-op area
- Taking vital signs, checking dressings and/or operative site, administering medication

- Cross-trained in Lab as Circulating RN and providing general anesthesia.
- Conduct follow-up calls to patients
- Reviewing, educating, and providing a copy of the written discharge instructions to the patient and caregivers
- Ensuring patient meets all discharge criteria

### **WRNMMC Critical Care Nurse - PRN Contractor**

NURSES Etc STAFFING - Bethesda, MD

June 2022 to October 2022

Provide care to acutely and critically ill patients, in a highly technical and ongoing monitoring environment. Proficient in hemodynamic monitoring. Demonstrates the ability to manage a patient on a mechanical ventilator and initiate and titrate vasoactive medications. Consistently and thoroughly assesses patients to collect data and identify learning needs according to established standards and policies. Utilizes a systematic, continuous, and complete analysis of assessment data to develop individualized problem lists for assigned patients. Monitors, records and communicates patient condition as appropriate.

### **WRNMMC Critical Care Nurse - PRN Contractor**

OMV Medical Inc - Bethesda, MD

September 2019 to June 2022

Provide care to acutely and critically ill patients, in a highly technical and ongoing monitoring environment. Proficient in hemodynamic monitoring. Demonstrates the ability to manage a patient on a mechanical ventilator and initiate and titrate vasoactive medications. Consistently and thoroughly assesses patients to collect data and identify learning needs according to established standards and policies. Utilizes a systematic, continuous, and complete analysis of assessment data to develop individualized problem lists for assigned patients. Monitors, records and communicates patient condition as appropriate.

### **WRNMMC Critical Care Nurse - FT Contractor**

Critical Care Connection - Bethesda, MD

February 2019 to September 2019

Provide care to acutely and critically ill patients, in a highly technical and ongoing monitoring environment. Proficient in hemodynamic monitoring. Demonstrates the ability to manage a patient on a mechanical ventilator and initiate and titrate vasoactive medications. Consistently and thoroughly assesses patients to collect data and identify learning needs according to established standards and policies. Utilizes a systematic, continuous, and complete analysis of assessment data to develop individualized problem lists for assigned patients. Monitors, records and communicates patient condition as appropriate.

### **ICU Registered Nurse/Charge Nurse**

Providence Hospital - Washington, DC

December 2017 to April 2019

Provide care to acutely and critically ill patients, in a highly technical and ongoing monitoring environment. Proficient in hemodynamic monitoring:

- Vigileo (Flo Track)
- Arterial catheter

Demonstrates the ability to manage a patient on a mechanical ventilator and initiate and titrate vasoactive medications. Consistently and thoroughly assesses patients to collect data and identify learning needs according to established standards and policies. Utilizes a systematic, continuous and complete analysis of assessment data to develop individualized problem lists for assigned patients. Monitors, records and communicates patient condition as appropriate.

### **CVICU RN**

Washington Adventist Hospital - Takoma Park, MD  
June 2017 to December 2018

Provide care to acutely and critically ill patients, in a highly technical and ongoing monitoring environment. Proficient in hemodynamic monitoring:

- Pulmonary artery catheter
- Vigileo (Flo Track)
- Arterial catheter
- Intra-aortic balloon pump

Demonstrates the ability to manage a patient on a mechanical ventilator and initiate and titrate vasoactive and inotropic medications. Consistently and thoroughly assesses patients to collect data and identify learning needs according to established standards and policies. Utilizes a systematic, continuous and complete analysis of assessment data to develop individualized problem lists for assigned patients. Monitors, records and communicates patient condition as appropriate.

### **ICU Registered Nurse/Charge Nurse**

Providence Hospital - Washington, DC  
May 2016 to June 2017

Provide care to acutely and critically ill patients, in a highly technical and ongoing monitoring environment. Proficient in hemodynamic monitoring. Demonstrates the ability to manage a patient on a mechanical ventilator and initiate and titrate vasoactive medications. Consistently and thoroughly assesses patients to collect data and identify learning needs according to established standards and policies. Utilizes a systematic, continuous, and complete analysis of assessment data to develop individualized problem lists for assigned patients. Monitors, records and communicates patient condition as appropriate.

## Education

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### **Bachelor of Science in Nursing in Nursing**

CHAMBERLAIN COLLEGE OF NURSING - Downers Grove, IL  
October 2018

### **Associate of Nursing in Nursing**

RADIANS COLLEGE - Washington, DC  
December 2015

## Nursing Licenses

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### **RN**

Expires: June 2024

State: DC

**RN**

Expires: March 2023

State: MD

Skills

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- ICU Experience

Certifications and Licenses

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**CPR**

September 2022 to September 2024

AHA

**Advanced Cardiovascular Life Support (ACLS)**

December 2021 to December 2023

AHA