

Loretta Owusu

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Willing to relocate: Anywhere

Work Experience

Registered Nurse - Travel Assignment

Medical University of South Carolina - Charleston, SC

July 2022 to Present

- Provided direct care to Urology and orthopedic patients patients per shift
- Carried out the care plan planning
- Monitored and documented patient's vitals
- Provided education and discharge instructions
- Post operative care to patients from PACU

RN

Virginia Hospital Center - Arlington, VA

December 2020 to Present

- Admitted and discharged patients
- Utilized the nursing process to assess, plan, intervene, and evaluate patient care
- Consulted and coordinated with healthcare team members
- Monitored, recorded and communicated patient condition
- Provided nursing care for the elderly

Registered Nurse

Falls Run Nursing and Rehabilitation - Fredericksburg, VA

March 2020 to Present

Assessment on new patients

Medications administration

Interpretation of laboratory results

Wound dressing .

Registered Nurse

Mary Washington Healthcare - VA

March 2020 to Present

- Conducts routine checks on the standard patient vitals, including blood pressure, blood sugar and heart rate.
- Responds to resident alarms.
- Administration of medications and monitoring for adverse effects
- Collecting of data of new patients
- Ensuring safety of patients during delivering of care
- Collaboration with inter disciplinary team for suitable care plan for patients

Registered Nurse - Travel Assignment

Valley Health Winchester Medical Center - Winchester, VA
January 2022 to June 2022

- Provided direct care of up to 7 patients per shift
- Supervised student nurses
- Provided education and discharge instructions
- Administered cardiac drips and injections
- Monitored and documented patient's vitals
- Carried out the care plan planning

Registered Nurse - Travel Assignment

Johns Hopkins Bayview Medical Center - Baltimore, MD
August 2021 to December 2021

- Provided nursing care for Covid patients
- Admitted and discharged patients
- Utilized the nursing process to assess, plan, intervene, and evaluate patient care
- Monitored, recorded and communicated patient condition
- Provided daily medication administration and administration of all medications
- Consulted and coordinated with healthcare team members
- Treated life-threatening emergencies

Certified Nursing Assistant

MARY WASHINGTON HOSPITAL - Fredericksburg, VA
September 2018 to November 2019

- Documents information in patient charts and communicates status updates to interdisciplinary care team.
- Maintain harmonious relationship with co-workers to ensure quality patient care.
- Use mobility devices to carefully transport patients.
- Records and documents patient intake and output.
- Documents intake and dietary requirements and assist with feeding to promote proper patient nutrition.
- Assist patients with activities of daily living.
- Obtains and documents vital signs.
- Regular checks on patient to ensure safety and comfort.

Certified Nursing Assistant

MANASSAS HEALTH AND REHABILITATION CENTER - Manassas, VA
February 2018 to August 2018

- Conducts routine checks on the standard patient vitals, including blood pressure, blood sugar and heart rate.
- Responds to resident alarms.
- Facilitate activities of daily living, including personal hygiene management, feeding and ambulating stable residents.
- Changing of bed linens and making beds.
- Passing of food trays.
- Prevents infections and cross contamination by cleaning and sanitizing equipment using aseptic techniques.

- Volunteers to work additional shifts and overtime during busy periods to maintain proper staffing and floor coverage.
- Preserves resident dignity and minimized discomfort by carrying out duties such as bedpan changes.

Registered Nurse

ANGLOGOLD HOSPITAL

March 2015 to February 2017

- Assessment and direct care of patients before, during and after diagnostic and therapeutic procedures.
- Proficient initiation of Intravenous access even with difficult vein access.
- Monitors, updates information on vitals signs and progress of treatment.
- Administration blood products transfusions, intravenous infusions monitoring patients for adverse reactions.
- Previews physician orders, lab reports and contact pharmacy regarding any change in medication.
- Monitors to ensure that all nursing care documentation is appropriate, concise and timely.
- Makes rounds to observe and assess patient on daily basis. Reports any significant change of patient's condition to physician.
- Accepts and give report.
- Co-ordinates and participates in admission transfers and discharges of residents.
- Administers medication management and treatment as needed.
- Ability to promote and maintain good working relationship with physicians, lab and pharmacy to ensure proper and safe care of patients.

Education

Bachelor's in Nursing

Chamberlain University College - Tysons Corner, VA

March 2020 to Present

License in Medical

America School of Nursing and Allied Health - Woodbridge, VA

August 2014

Associate of Science in Nursing

Seventh Day Adventist Nurses and Midwifery Training College

2013 to 2014

Nursing Licenses

RN

Skills

- Aseptic Technique
- Nursing
- Medication Administration
- Vital Signs

- Hospital Experience
- Customer service
- Laboratory Experience
- Patient Care
- Epic
- Caregiving
- Home care
- Communication skills
- Infusion

Certifications and Licenses

BLS Certification

ACLS Certification

CNA

CPR Certification

Additional Information

- *Strong customer services skills
- *Ability to type 30WPM proficiently
- *excellent interpersonal skills
- *Ability to cross train
- *CPR/BLS Certified