

# Alejandra Hernandez Garcia

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Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse**

Baylor University Medical Center Float Pool - Dallas, TX

September 2018 to Present

As a Float Pool Nurse, I am sent to multiple units, depending on unit needs. Units were are floated to are:

Telemetry, Medical Surgical, GI lab, Antepartum, ER overflow, Transplant unit, Low level ICU pending floor transfer, Admitting, Sitter Pool for all units, IV team around the hospital among others.

### **RN**

Baylor Scott and White at LakePointe- Medical/Surgical Unit

February 2018 to September 2018

- Provide evidence-based care to young and geriatric population
- Coordinate interdisciplinary care for patients engaging physicians, physical therapy, occupational therapy, speech therapy, care coordinators, and social workers, patient care technicians and others
- Admit/Discharge/Educate patients according to their needs.
- Arrange patients' disposition according to their needs. (home, Skilled Nursing Facility, Long Term Acute Care Facility, Nursing Home, Outpatient Rehab, Inpatient Rehab, Psychiatric facility, and more)
- Nuesing care according to the lastest evidence based practice

### **RN**

Baylor Scott and White at Garland

August 2014 to February 2018

- Coordinate staffing and patient assignments in unit in the Charge Nurse role.
- Provide evidence-based care to young and geriatric population
- Coordinate interdisciplinary care for patients engaging physicians, physical therapy, occupational therapy, speech therapy, care coordinators, and social workers, patient care technicians and others
- Admit/Discharge/Educate patients according to their needs.
- Arrange patients' disposition according to their needs. (home, Skilled Nursing Facility, Long Term Acute Care Facility, Nursing Home, Outpatient Rehab, Inpatient Rehab, Psychiatric facility, and more)
- Assume care of patients with cardiac/pulmonary health issues: diagnostic and interventional cardiac catheterizations patients, patients awaiting and post cardiac pacemaker and AICD placement, status post heart surgery (CABG), Hemodynamically stable Myocardial Infarctions, Congestive Heart Failure, Chronic Obstructive Pulmonary Disease, Pulmonary Embolism, post thoracotomy and thoracoscopy with or without chest tube placement, Arrhythmias, non-titrated cardiac drips, Chest pain
- 2 east is also the primary unit for sepsis diagnosis related to sepsis from any source and is the secondary stroke unit

## **PRN**

Baylor Scott and White at Garland Telemetry Unit  
August 2014 to February 2018

- Practice autonomously within the scope of practice to assist patient at home.
- Perform complete physical assessment to keep track of patients' baseline and report to physician.
- Complete patient profiles and home medications list and submit to home health agency for continuation of care
- Educate patients on daily activities and adherence to medication regimen to promote health.
- Prevent hospital re-admissions by educating and rounding with patients as needed and ordered by physicians

## **RN**

The Medical Center of Plano  
July 2013 to August 2014

Medical/Telemetry Unit

- Adhere to established hospital and department guidelines and protocols. Support hospital mission, vision, and values
- Provide care in an evidenced-based environment
- Practice autonomously, consistent with practice standards and research based policy/procedures
- Exercise independent judgment within the context of interdisciplinary patient care
- Provide care/treatment/services within the theoretical framework of synergy
- Delegate tasks appropriate to meet the needs of the individual patient and to the skills of the employee supervised
- Plan, implement, revise and delegate nursing care with the patient safety as the primary goal
- Perform necessary technical skills as delineated through education, expertise, and unit requirements
- Incorporate teaching into all aspects of nursing practice
- Document pertinent data in a concise manner
- Attend work as scheduled, on time, and prepared to perform job duties
- Deliver patient care and/or department services in a safe, competent, and efficient manner as determined by outcomes, quality monitors, and other internal and external processes
- Maintain positive interpersonal relationships and self-conduct to contribute positively to the delivery of quality care and services, and to orderly operation of the department and the facility
- Maintain and enhance skills through consultation with interdisciplinary team members, participation in planning activities, and attendance at in-service and continuing education programs
- Complete mandatory education, including, but not limited to, infection control, patient safety, quality improvement, MSDS and OSHA standards (PPE, First Aid and Bloodborne Pathogens, Hazard Communications, Emergency Procedures and Job Safety)
- Follow established guidelines for compliance with Infection Prevention and TJC Patient Safety Goals and Practices
- Actively seek ways to control costs without compromising patient safety, quality of care or the services delivered
- Demonstrate knowledge of the occurrence reporting system. Uses system to report potential and actual patient safety issues, medical errors and unanticipated outcomes
- Use Performance Improvement process to improve patient safety and patient outcomes

## **Registered Nurse (RN)**

Additional Kare for Kids - Allen, TX  
March 2013 to September 2013

- Work with assigned patients at home or at school
- Provide care as determined by assessment, chart orders, and patient's plan of treatment
- Perform procedures such as medication administration by oral, Gbutton, and nebulizer treatments
- Total care of patients during shifts (ADLs, ROM exercises, CPT, AFO application)
- Nutritional support by G-button tube feedings
- Communicate with parents, physicians, nurses, pharmacy technicians, speech therapist, physical therapist, and teacher in order to meet patient's needs and well being
- Parent education on medications, treatments, home therapy exercise, child development and behavior programs
- Parent education on each medical procedure and the child's plan for medical treatment
- Liaison, advocate, and translator for parents/patients and the health care system

## Education

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### **Bachelor of Science in Nursing in RN/BSN**

Texas A&M International University - Laredo, TX

June 2012

## Skills

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- PUNCTUAL
- TEAM PLAYER
- BILINGUAL
- TYPING
- Nursing

## Certifications and Licenses

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### **BLS, ACLS**

December 2017 to December 2019

### **RN**

## Additional Information

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### SKILLS

Punctual, efficient, and self-motivated, team player

Bilingual; fluent in English and Spanish (written, spoken, and read)

Typing Skills: 45 words per minute

Knowledgeable in charting programs such as Meditech, Eclypsis, and Allscripts. Currently using Cerner

Worked with Omnicell and Pixis- medication storage systems