

**FARAH ZAND**  
NEWPORT COAST, CA  
714-608-5577  
FARAH.ZAND@GMAIL.COM

**OVERVIEW**

Proven leader with 16+ years of critical care experience in a high acuity institution  
Experienced rapid response nurse and preceptor/mentor to new hires and graduates  
House clinical coordinator/nursing supervisor employing strong administrative skills

**EXPERIENCE**

**PROVIDENCE MISSION HOSPITAL – MISSION VIEJO, CA**

CARDIAC ICU NURSE – JUNE 2006 TO PRESENT

RAPID RESPONSE NURSE – NOVEMBER 2014 TO PRESENT

HOUSE CLINICAL COORDINATOR/NURSING SUPERVISOR – NOVEMBER 2019 TO PRESENT

PRE-ANESTHESIA CARE UNIT NURSE – AUGUST 2020 TO PRESENT

**CARDIAC ICU NURSE**

Caring for critically ill adult population focusing on cardiac, respiratory, and general surgical procedures

Collaborate amongst a multi-disciplinary team utilizing advanced technology, evidence-based practice, and nursing driven protocols

Implement advanced competencies:

- Recovering CABG patients from immediate post-op onward
- IABP (Intra-Aortic Balloon Pump)
- HACA (Hypothermia After Cardiac Arrest), including induction, maintenance, and rewarming phases
- CRRT (Continuous Renal Replacement Therapy) initiation and maintenance
- ARDS patients requiring Rotoprone therapy
- Patients requiring ECMO

**RAPID RESPONSE NURSE**

Lead alongside team members in ED/OR/IR environment caring for critical patients

Manage and care for emergent, critically ill, and unstable patients in ICU/ED

Provide clinical support in OR/IR environment for trauma/neuro/stroke patients

Assess, evaluate, and initiate policy approved interventions for at-risk patients or those presenting with a decline in status

Assist in prioritizing and intervening in critical care patients to expedite treatment and patient flow from ED/in-patients units to improve outcomes

Assist in managing critical care patients in emergency situations, including: Code Stroke, Code STEMI, Code Hemorrhage, Code Blue, Code Sepsis, while also acting as a clinical resource to the Trauma Team

Provide clinical support to acute care nurses

**HOUSE CLINICAL COORDINATOR/NURSING SUPERVISOR**

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Administrative Supervisor at acute care 265 bed, comprehensive stroke, STEMI, and level II trauma receiving center  
Responsibly manage patient flow, placement coordination, staffing, and facilitation of quality hospital service  
Lead hospital operations as a resource and support in the absence of administrative department heads  
Serve as a nursing resource and intervene in dynamic situations with patients and/or families in medical crises  
Employ verbal, written, and interpersonal communication skills that promote and enhance leadership among staff, patients, families, physicians, and ancillary departments

**PRE-ANESTHESIA CARE UNIT NURSE**

Provide immediate care of post-op patients (adult and child population)  
Assess, evaluate, and treat acute post-op complications  
Concisely communicate with and educate patients and their families  
Communicate with care team, advanced practice providers, physicians, Allied Health, and support staff members  
Demonstrate high level of professional practice fostering collaboration and teamwork

**CERTIFICATIONS AND MEMBERSHIPS**

CCRN (Adult) - Critical Care Registered Nurse  
ATCN - Advanced Trauma Care Nurse  
ENLS - Emergency Neurological Life support  
NIHSS - National Institute of Health Stroke Scale  
ACLS - Advanced Cardiovascular Life Support  
PALS - Pediatric Advanced Life Support  
BLS - Basic Life Support  
Member of American Association of Critical Care Nurses (since 2006)

**EDUCATION**

*Associate Degree in Nursing, Saddleback College (May 2006)*  
Graduated Magna Cum Laude  
*RN to MSN Program, Aspen University (September 2021 – Present)*  
Three classes from obtaining a BSN degree