



Age: 47 y/o
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OBJECTIVE: Seeking a part time or per diem to a full time RN position in a clinical setting jobs using my extensive knowledge and successful experience within the medical/healthcare industry.

CAREER PROFILE:

- Retired early as a Medical and Psychiatric RN in Atascadero State Hospital (February 2020)
- BSN-RN since 1995 (Philippines), Medical Doctor 2001 (Philippines), RN-BSN 2008 (California), MSN 2017 (California)
- Extensive knowledge in clinical management and care
- Fast learner and eager to learn especially the latest evidenced-based health care practices
- Excellent communication and interpersonal skills
- Hard worker and a motivated learner
- Detail oriented and resourceful in completion of task with the ability to multitask effectively in clinical setting
- Demonstrate ability to function effectively as a leader, a team player and as well as in working independently to achieve main objectives.

EDUCATIONAL BACKGROUND:

1995 - Bachelor of Science in Nursing: Manila Central University, Philippines
 2001- Doctor of Medicine: Manila Central University, Manila, Philippines
 2017 - MSN, Family Nurse Practitioner: Purdue University (Formerly Kaplan University)

TRAININGS AND CERTIFICATIONS:

- 2001 Doctor of Medicine, Post Grad Intern, Delos Santos Medical Center
- 1995 Registered Nurse, Philippine Board of Registered Nurse
- 2008 California Board of Nursing
- 2022 ACLS and BLS certified

PROFESSIONAL WORK EXPERIENCES:

Atascadero State Hospital: El Camino Real, Atascadero, CA, 93422 Registered Nurse, Acute Medical and Psychiatric Ward (July 2009 – retired on February 2020)

Responsibilities:

- 1. Provides direct nursing care using recovery philosophy of care and Psychiatric rehabilitation model of service delivery to patients, relationships between staff and patients are to be positive, therapeutic and respectful.
- 2. Provides direction to other personnel who assist in the patient care
- 3. Assist physician as directed.
- 4. Refers patients to physician for consultation and to specialized health resources for treatment but retains responsibility for the clinical management as well as subsequent modification Provides therapeutic and rehabilitative services to strengthen patient's recovery, physical and mental well-being.
- 5. Seeks expert opinion or advice of a superior nurse on duty (NOD) and/or physician when case falls outside of protocol of agency Perform nursing procedures such as administering medication, observing and assessing patient's behavior and physical condition utilizing provision of standard care.
- 6. Demonstrates knowledge of criteria and appropriately uses, applies, and removes restraint and/or seclusion.
- 7. Provides therapeutic and rehabilitative services to strengthen patient's recovery, physical and mental well-being.
- 8. Perform nursing procedures such as administering medication, observing and assessing patient's behavior and physical condition utilizing provision of standard care.

Vineyard Hills Health Care Center

290 Heather court, Templeton, CA, 93465 Registered Nurse: Admission Nurse (November 2008- July 2009)

Responsibilities:

- 1. Admits patients from different acute rehabilitation and provides post acute rehabilitation management and complex medical care needs.
- 2. Administer medications and nursing procedure as ordered.
- 3. Collaborate with other paramedical staff in attaining patient's needs and care
- 4. Assessment, nursing diagnosis, planning and evaluation of patient care
- 5. Timely nursing documentation of patient's condition, progress, care plans and patient education.
- 6. Assess risk to patient safety and notify supervisor/shift lead for intervention when necessary.

<u>Villa Maria Health Care Center:</u> Barcellus Ave., Santa Maria, CA Registered Nurse (February 2007 - November 2008)

Responsibilities:

- 1. Provides nursing care and management to post-operative patients.
- 2. Assessment, nursing diagnosis, planning and evaluation of patient care
- 3. Timely nursing documentation of patient's condition, progress, care plans and patient education.
- 4. Refers patients to physician for consultation and to specialized health resources for treatment but retains responsibility for the clinical management as well as subsequent modification
- 5. Supervises and directs activities of other care providers, assisting as necessary and delegating when appropriate.
- 6. Assess risk to patient safety and notify supervisor for intervention when necessary

PROFESSIONAL EXPERIENCES – RN and MD (PHILIPPINES):

MAGAT MEDICAL CENTER: Urdaneta City, Philippines

Position: OR Nurse – Circulating and Scrub Nurse (Dec 1995 – November 1999)

- 1. Providing surgical patients with perioperative care in recovery, procedure and operating rooms.
- 2. Preparing patients for surgery by cleaning and disinfecting areas to be operated on.

- 3. Assisting surgeons during surgical procedures by performing proper sterile techniques.
- 4. Providing surgical patients with perioperative care in recovery, procedure and operating rooms.
- 5. Preparing patients for surgery by cleaning and disinfecting areas to be operated on.
- Assisting surgeons during surgical procedures by performing proper sterile techniques.
- 7. Applying sterile techniques in handling medical instruments and equipment preduring, and post-surgery.
- 8. Collaborating with surgical teams and other medical professionals on patient medication and post-surgery care.
- 9. Developing and implementing nursing care plans for surgical patients.
- 10. Assisting with the ordering, maintenance, and safe storage of surgical equipment and supplies.
- 11. Providing patients with post-surgery care instructions and answering questions.

DELOS SANTOS MEDICAL CENTER: Quezon City, Philippines

Position: Post Graduate Medical Intern (March 2001-March 2002)

Areas of Rotations: Internal medicine, OR-general surgery, emergency medicine, pediatrics, orthopedics, Geriatrics, Obstetrics and Gynecology, Dermatology, Ophthalmology, Out-patient departments, Community and Family medicine.

• Perform many of the same duties as doctors, including taking patient histories, examining patients, meeting with family members, and conducting medical procedures such as surgery, biopsies, catheterizations and intubations in different specialized fields of medical rotations.

Fernandez' Medical Clinic: Urdaneta City, Philippines

Position: MD - General Practitioner (January 2003 – December 2004)

- 1. Assess, evaluate and diagnose patient's existing medical issues in collaboration with the medical director as an out-patient treatment.
- 2. Order and interpret diagnostics and laboratory orders/results, and provide medical care and treatment based on their medical conditions.
- 3. Implement Health promotions and Disease Preventions, and to report if needed.

- 4. Refer patients if needed for further medical or surgical evaluation.
- 5. Follow-up patient after each medical referral or surgery to ensure health status and pain control.
- 6. Hospital/Emergency referrals if needed.

MAGAT MEDICAL CENTER: Urdaneta City, Philippines

Position: MD - General Practitioner (September 2004 - January 2007)

- 1. Assess, evaluate and managed patient for risk factors, existing medical conditions at out-patient department and collaborate with Medical Specialists.
- 2. Renders Primary Health, Women's Health, Pre-natal Care and Immunizations.
- Assess and admit patients, provide first aid and minor surgical procedures during 24-hour Emergency Room assignment with collaboration with Medical Specialist on call.
- 4. Assess, evaluate and managed in and out hospitalized patients.
- 5. First assist for any major surgical procedures, labor and deliveries.
- 6. Implements Government Health Programs including Women's Health, Pre-Natal Care, Pediatric Health and Immunizations, Dental Care and Primary Health Care.
- 7. Implement Health promotions and Disease Preventions.
- 8. Renders free Primary Health Care to the community through assessments, evaluation and management of patient for risk factors and existing medical conditions.
- 9. Surveillance of communicable diseases and provides education to the community regarding outbreak preventions.
- 10. Perform minor procedures like suturing, circumcision and dressing.

REFERRENCES:

- 1. Al Romero, MD: Atascadero State Hospital (313-550-5961)
- 2. Elvira Rangel (Nursing Coordinator Program 6):

Atascadero State Hospital (805-801-5891)

- 3. Christine Chavez, RN: Vineyard Hills Health Care Center (707-639-7139)
- 4. Gel Macabulos, RN (DON): Villa Maria Health Care Center (805-264-8667)