

CHIQUITA S MINTZE

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Objective

I am a Register Nurse with 7 years of acute critical care experience and 3 years of experience as a Certified Nurse Assistant, which totals patient care background of 10 years. I moved here from the East Coast of Miami, Florida to see what opportunities the West Coast can provide me in this field. I recently graduated from West Coast University in my MSN in education, which qualifies me in advance nursing practice skills and critical thinking. My long-term goal is to be active in learning more in the ICU and psychiatric skills in further my career as a critical care nurse.

I also will aim leverage to my experience and knowledge to effectively fill the nursing position at your hospital. I'm currently looking for an employer who will help reach my goals in the critical care. My main objective is to educate myself to learn many attributes and working with others for your facility by excelling and performing my skills to the best of my ability. Not only I am described as a person who is patient, organize, observant, high-energy, and reliable to be responsible for tasks to be hold accountable for, but also a person who is a hard worker and flexible when it comes to patient care. I am hoping in look forward to growing with your facility by becoming the best team member for your staff.

Professional Experience

Kendall Regional Trauma Center; January 2015 to June 2017; Trauma ICU RN

- Provide direct quality care to patients including daily monitoring, recording, and evaluating of medical conditions of up to 3 patients in ICU
- Interact and communicate with patients of all ages and ethnic backgrounds, giving quality medical care and treatment
- Dedicated to a multidisciplinary team, including mentoring and education of new nurses
- Handled intubations, defibrillations, auto transfusions, IV's, splinting, suturing assistant, and other lifesaving interventions as part of the Critical Care department

- Performed all duties of an ICU nurse on a 412-bed hospital with 65 beds in the ICU floor
- Understanding of post-operative care of surgeries and transplant patients (liver, small bowel, kidney, and heart) with moderate knowledge of CRRT by observation (continuous renal replacement therapy) and ECMO by observation
- Knowledgeable in titrating and handling medications requiring intensive monitoring, vasoactive, antiarrhythmic, and sedation drips. Skilled in handling invasive lines, arterial, central, cordis, PICC, dobhoff, and nasogastric interventions.
- Assist physicians with bed side thoracotomy, craniotomy for trauma, central line placement, chest tube placement, and other non-invasive procedures
- Involved patient care with post aneurysms and arteriovenous malformations, Intuitive Aortic-Valve replacement, spinal neurosurgery, peripheral nerve injury, monitoring continuing TEE, seizures, post single and dual CABG pre and post, DKA, hypertension crisis, pre and post nephrology procedures, all levels of critical care burn, wound cleaning and expertise, assisted and observe patient involve with hyperbaric chamber oxygen therapy or HOT, hydrotherapy baths, post debridement care
- Highly proficient with clinical skills in arterial lines, 12-lead EKG, medication pushes and drips, transfusions, drawing blood gases, MediTech and MedPro charting, ventilators and intra-aortic balloon pumps, Pyxis medication distribution machine, titration of continuous IV drips (insulin, heparin, narcotics, pressor, anti-arrhythmic, and Xigris)
- Provide basic treatment for patients, including dressing wounds, treating bedsores and prepared and attached nasogastric tubes for feeding patients under supervision
- Assist with CAT and MRI scans with patients on multiple medication drips and worked on call as part of a Level I Trauma Center team. Assisted in treatment planning for radiation therapy patients. Assisted with biopsies, abscess drainages, tumor mapping, and conducting research with preventative care against infectious disease
- Set up PCA pumps, ICP monitoring, CVP monitoring, ensured compliance with state and federal regulations, make ethical and independent decision-making ability consistent with medical protocols
- Geriatric treatment knowledge and familiarity with infectious disease management along with acute and rehabilitative care procedures

- Caring for patients with life threatening illnesses, including acute congestive failure, acute myocardial infarction, drug overdose, massive trauma and respiratory failure. Promote health and support patients and families in coping with illness.
- Responding to code emergency such as Rapid Response Team, Code Stroke (levels I and II), and code blue
- Handled intubations, extubations, defibrillations and pacers, rapid infusion transfusions, IV's, splinting, suturing assistant, and other lifesaving interventions as part of the Critical Care department

Banner University Medical Center; April 2017 to November 2019; ER RN

- Caring for patients with life threatening illnesses, including acute congestive failure, acute myocardial infarction, drug overdose, massive trauma and respiratory failure. Promote health and support patients and families in coping with illness.
- Performed all duties of an ER nurse on a 245-bed hospital with 8 beds in the ER floor
- Assess, documents, and reports physiological and behavioral changes of the patient.
- Initiates discharge planning upon admission and coordinates movement toward these plans and goals throughout the admission
- Practice proficiency in technical and special skills relevant to area of clinical practice and provides information on illness prevention.
- Transcribes and implements physician orders, seeking clarification if needed, and evaluates and revises plan of care as needed.
- Knowledge of pharmaceuticals, expected beneficial effects, potential side effects and be skilled in safe administration practices.

Tucson Medical Center; April 2017 to November 2019; Critical Care Float Pool RN (Travel Assignment)

- Provides care that is consistent with the hospital accountabilities, Standards of Practice and in support of the Nursing Service and patient care goals

- Performs direct patient care activities that are developmental and age specific for the population served, in PCU, Medical ICU, ER, PACU, Behavioral Health, Geriatrics, Pediatrics, Med-Surg, and Tele
- Proficiency with electronic medical records with EPIC, Cerner, MediTech, and Kronos.
- Able to interact and build rapport with all individuals on the health care team with Tucson Medical Center
- Experience in the critical care setting ICU with strong critical thinking skills with the ability to work independently and collaboratively at a 641-bed facility and care for patients pre/postoperative open-heart surgery, post op with intuitive valve replacement, CABG procedure, but not limit to those undergoing TAA repair.

Kaiser Permanente Ontario Medical Center; November 2019 to January 2021; Medical ICU RN (Travel Assignment)

- Worked as a supplemental staff member at a 224-bed capacity facility. Providing customarily critical care nursing, but also floated to medical surgical unit, telemetry and post anesthesia care unit.
- Gained the ability to quickly adapt to challenging situations and become a team player with critical care to vigilant monitoring of telemetry and hemodynamic monitoring, assisting with bedside procedures requiring moderate sedation, caring for ventilated patients, and titrating vasoactive medications.
- Utilization of ACLS algorithms and set-up/monitoring roto-prone assessments and actively provided continuous quality nursing care on intubation, sterile line placement, EGD, bronchoscopy, tracheostomy, paralytic assessment and monitoring, and administer conscious sedation intraoperatively per physician orders
- Competencies in chest tube, IV; central and peripheral line insertions and monitoring. Competent in assessment and fluid therapy for DKA, DI, and septic shock.

Glendale Adventist Medical Center; January 2021 to April 2021; RN CVICU (Travel Assignment)

- Provided patient care, performed assessments, and interventions at a 10-bed unit in CVICU and a total of 42 ICU bed of Medical Intensive Care Unit and Surgical Intensive Care Unit: while floating amongst all units.
- Monitored vital signs, adequacy of ventilation, and levels of consciousness and pain with the assistance of intubation and extubating protocols.
- Administered medication as determined by the patient's condition of sedation vacation implantation, paralytic control substance, and educate patients about medication, treatment procedures and discharge planning.
- Developed critical care thinking and analytical skills applicable across the entire nursing field.
- Comfortable with emergent surgery including Dissecting Abdominal Aortic Aneurysm, Pericardial Effusion, Pleural Effusion, Coronary Artery Bypass Graft, and Craniotomy.

Mercy Dignity Hospital; April 2021 to Current; RN Medical Surgical ICU (Travel Assignment)

- Administered medication as determined by the patient's condition of sedation vacation implantation, paralytic control substance, and educate patients about medication, treatment procedures and discharge planning
- Obtain biological specimen for orders tests and prepared it for the laboratory results to read back to the hospitalist or intensivist physicians on duty; interpersonal communication skills to acknowledge information to families throughout care process.
- Evaluate care to patients with respiratory illness includes COVID, SARS, and pneumonia and implement critical care thinking to optimize treatment planning with prone therapy and critical care medications involving sedation, paralytics, and vasopressor continuous drips.
- Cared for wounds, provided treatments and assisted with procedures involving emergency medicines and ACLS protocols
- Understanding of post-operative care of surgeries and transplant patients (liver, small bowel, kidney, and heart) with moderate knowledge of CRRT by observation (continuous renal replacement therapy) and ECMO by observation

Education & Training

ACLS Certification, American Heart Association, FL	Expired 07/2023
BLS Certification, American Heart Association, FL	Expired 07/2023
PALS Certification, American Heart Association, FL	Expired 07/2023
TNCC Certification, Emergency Nurses Association	Expired 09/2023
Master's in Nursing, West Coast University, CA	Graduated August 2019
Associate's in Nursing, Brown Mackie College, FL	Graduated May 2015
High School Diploma, Port Charlotte High, FL	Graduated June 1998

Occupational License

➤ California Board of Nursing; Register Nurse	95200815
➤ Arizona Board of Nursing; Register Nurse	RN 211842
➤ New Mexico Board of Nursing; Register Nurse	RN 86838
➤ Florida Board of Nursing; Register Nurse	RN9416997

Honors & Activities

Member for Phi Keta Alpha Honor Society at Florida Southwestern State College
Member for Sigma Theta Tau International Honor Society of Nursing

References

Jesus Portugal, (Glendale Adventist Medical Center)
Critical Care Senior Manager
1509 Wilson Terrace, Glendale, CA
323-828-5551

Joel Medina, (Kaiser Ontario Medical Center)
Critical Care Senior Manager
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