

Amber Roston

Eagarville, IL 62703

amberroston2_whb@indeedemail.com

+1 217 494 2666

Willing to relocate: Anywhere

Work Experience

Registered Nurse

State of Illinois Department of Human Services - Alton, IL
November 2016 to Present

Medical surgical nursing in a forensic psychiatric facility.

Registered Nurse

Anderson Hospital - Maryville, IL
November 2015 to January 2017

Medical Surgical

Registered Nurse-Med/Surg

GATEWAY MEDICAL CENTER - Granite City, IL
September 2015 to January 2016

Corrections Registered Nurse

Illinois Department of Corrections - East Saint Louis, IL
January 2015 to January 2016

Medical surgical nursing in a prison infirmary.

Registered Nurse

Rosewood Care Centers - Edwardsville, IL
March 2015 to September 2015

Registered Nurse - Responsibilities include maintain the emotional and physical wellbeing of a geriatric patient population. Duties include skilled procedures such as tracheostomy care, peripheral iv lines, port a catheter care, wound care and constant assessment using nursing judgment. During a shift I am responsible for several medication passes to be given in an accurate and timely manner.

Education

Associate of Applied Science in Nursing

Lewis and Clark Community College - Godfrey, IL
2014

High School Diploma

Litchfield High School - Litchfield, IL
1995

Nursing Licenses

RN

Expires: May 2022

State: IL

Skills

- Accurately gather information in a systematic manner in order to determine health-related needs. (10+ years)
- Assess patient status (conditions) and notify physicians of clinical changes.
- Assist patients in the rehabilitation process.
- Calculate and administer medications. (10+ years)
- Comfort the dying and support the families of those who are ill.
- Educate patients/families on health care needs, conditions, and options to their specific health concern.
- Educate patients for home care and discharge planning.
- Teach procedures and health practices to patients and families. (10+ years)
- Interact with departments regarding patient care. (10+ years)
- Maintained sterile fields and application of dressings. (10+ years)
- Medical terminology and medication administration skills.
- Monitored and maintained patient charts and confidential files.
- Operated and maintained monitors of bio-medical equipment.
- Performed clinical tasks according to hospital policies. (10+ years)
- Readily develop rapport with patients and families, staff and physicians.
- Remain calm and professional during times of critical need.
- Scheduled and implemented patient admissions and discharges.
- Strong analytical skills to accurately assess conditions and implement appropriate interventions.
- Utilized critical thinking skills to the nursing process: assessed conditions, demonstrated effective decision making, implemented appropriate interventions, anticipated potential complications, and evaluated care outcomes.
- Prioritized care for patients utilizing a written organization/time management method (10+ years)
- Educated patients and their families on disease processes, medical-surgical procedures and other aspects of therapeutic regimens, including medication and pain management techniques.
- Administered and documented scheduled and PRN medications safely utilizing the five rights of medication administration.
- Initiated and maintained IV pumps, tubing, flushes, and IV medications.
- Used Meditech to accurately document, chart, and obtain information.
- Maintain a good rapport with special needs children and their families.
- Provide pre- and post-operative nursing care for child, adult and geriatric patients.
- Educate patients and their families on disease processes, medical-surgical procedures and therapeutic regimens, including medication and pain management techniques.
- Administer oral and intramuscular and subcutaneous medications.

- Recommended and implemented changes to the Medical unit regarding assignment delegation and prioritization, resulting in a higher standard of patient care, and reassessed/ revised plan of care.
- Safely administered medications, and educate patients and their families on the proper use of braces, prosthetics, and orthopedic equipment with a focus on safety and pain management techniques.
- Collaborated effectively with an interdisciplinary team of medical and health care professionals including a physician, nurse manager, dietician, social worker, case manager, and physical therapist.
- Performed neurological testing to check patients for Homan's Sign.
- Reviewed computerized laboratory test results following post dialysis, colonoscopies, ERCP, and surgeries.
- Provided a broad range of general nursing care services in areas of vital signs, EKG, phlebotomy, catheters, feeding tubes, IV and central lines.
- Prioritized and delegated assignments, contributing to a higher standard of patient care and staff retention.
- Monitored patients' PPT/INR levels to identify the need for anticoagulant therapy, and for potential side effects of medications demonstrating strong observation, assessment, and intervention skills.
- Broad medical terminology knowledge
- Committed to compliance reporting
- Strong medical ethic
- Culturally sensitive
- Mobility assistance
- Colostomy care
- Gastro-enteral nutrition education and performance
- Neonatal and maternity education
- Body mechanics knowledge proficiency
- Health and wellness
- OR and ER experience
- Familiarity with disease management programs
- Diabetes, Hospice and Stroke Patient Care
- Enthusiastic caregiver
- Skilled in conducting physical examinations
- Medication administration
- Specimen collection/processing
- Telemetry
- Intravenous therapy
- Phlebotomy
- Basic life support
- Med/Surg
- ICU and CCU
- ER Procedures
- Triple lumen CVP
- AV fistulas
- Care plan administration
- NG/Sump and Peg tubes

- Patient/family education
- Training and in-service
- Meditech documentation
- Catheter
- IV
- suctioning training. Assessments Verbal Communication -- Proficient April 2020 Speaking clearly, correctly, and concisely. Full results: <https://share.indeedassessments.com/share>
- to
- profile/ c7d1a89146cbcd224ac7dfb0c4218ea8eed53dc074545cb7 Scheduling -- Proficient April 2020 Cross-referencing agendas and itineraries to avoid scheduling conflicts. Full results: <https://share.indeedassessments.com/share>
- to
- profile/ f5a36e30934c200a46c95779452c2e91eed53dc074545cb7 First Aid -- Expert April 2020 Treating common medical emergencies. Full results: [https://share.indeedassessments.com/ share](https://share.indeedassessments.com/share)
- to
- to
- profile/97d85a40df0fb592b96ef950e08f9925eed53dc074545cb7 Nursing Skills: Clinical Judgment -- Expert April 2020 Assessing a patient's condition and implementing the appropriate medical intervention. Full results: <https://share.indeedassessments.com/ share>
- to
- profile/2ebd21d3928c1ff168e671a19f3aca49eed53dc074545cb7 Electronic Medical Records Knowledge -- Expert August 2019 Knowledge of EMR data, associated privacy regulations, and best practices for EMR use. Full results: <https://share.indeedassessments.com/share>
- to
- profile/ b7e1eb7482f4f0cb943382d9dbede954eed53dc074545cb7 Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.
- Nursing
- Catheter Care
- Epic
- Cerner
- Employee Orientation
- Experience Administering Injections
- Travel nursing
- Critical Care Experience
- Management
- Managed Care
- Nurse Management
- Recruiting
- Hospitality
- ICD-10
- Anatomy Knowledge
- ICD-10
- Supervising Experience
- Medical Imaging

- Case management
- Microsoft Office

Certifications and Licenses

BLS Certification

ACLS Certification