

Tamika Harris

Conroe, TX 77304

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Registered Nurse

Authorized to work in the US for any employer

Work Experience

RN Lead Nurse (OCT 21- JUN 22) and PRN Relief RN (JUN 22- PRESENT)

The Harris Center for Mental Health and IDD - Texas

October 2021 to Present

Lead Nurse - Oct 2021- Jun 2022

- Under the supervision of the Nurse Manager and/or Medical Director provides leadership and direction to licensed and non-licensed staff in the provision of nursing care to individuals with mental and/or developmental disabilities in Agency service settings.
- Acts as role model and resource person by demonstrating professionalism and the ability to effectively implement the nursing process in the delivery of nursing care under the requirements of the Texas Nurse Practice Act. Demonstrates effective utilization/deployment of nursing staff, encourages professional growth among nursing staff, and ensures delivery of quality nursing service.
- Demonstrates decision making that is clinically sound, systematic, timely, well researched and reflects awareness of impact.
- Assigns specific tasks, activities and functions and maintain appropriate supervision of other RN's, LVN's and unlicensed personnel in Agency service settings for consumers with a variety health care needs in accordance with program design and structure.
- Demonstrates behaviors that promote development of positive outcomes
- Utilizes a problem-solving approach as the basis for decision making in practice, including reporting relevant information to other members of the health care team or supervising Registered Nurse/Physician.
- Effectively leads assigned staff in achieving stated duties and assignments, including encouraging and mentoring as needed.
- Promotes positive work relationships with staff, team members, supervisors and other disciplines and/or agencies.

Registered Nurse PRN (Relief) -Jun 2022 - Present

- Works independently with minimal supervision and demonstrates effective use of time.
- Provides ethical nursing care in a confidential, caring, non-judgmental, non-discriminatory manner.
- Provides health education, disease process and medication information regarding consumer health care needs to other members of the health care team.
- Performs technical nursing skills within the scope of practice for a RN and in accordance with Agency policies and procedures for individual and/or multiple consumer assignments.
- Adapts to changing work requirements

- Demonstrates strong time management skills.
- Able to complete task and assignments independently.
- Demonstrates clinically sound decision making.

Wellpath Mental Health Facility

RN Nurse Supervisor - Conroe, TX

March 2020 to Present

Responsible and accountable for direct supervision of the total health care delivery system in assigned nursing unit of facility, in conjunction with the delivery of patient care through the process of collecting health status data, nursing diagnosis goal setting, planning, implementation and evaluation. Directs and guides patient teaching and ensures ancillary personnel provide only those services which they are prepared or qualified to perform.

Interim Director of Nursing-
June 2020- January 2021

Responsible for leading and supervising a team of nurses and nursing assistants. Directing the nursing program and implementing policies and procedures when necessary. Overseeing the selection process of nursing staff and the continued growth and development. Developing a business plan and budget for the entire nursing Department,

- Responsible for 100 percent of filling nursing vacancies within 4 weeks of tenure.
- Responsible for the drop in overtime to less than 2 percent making this location number 1 over all other sites and having the lowest percentage of overtime company wide
- Instrumental in training other sites in scheduling and cost reduction
- Implemented a new Lead program for the growth and development of Psychiatric Nursing assistants.
- Responsible for building a new training plan and implementing it, to train nursing leaders.
- Responsible for the coaching of nurses and developing these leaders into nursing supervisors.

Silverado Hospice ON CALL NURSE/CASE MANAGEMENT

Silverado - Houston, TX

January 2017 to March 2020

Silverado Hospice-Greater Houston and Silverado Senior Living (All positions held at same company) RN Case Manager, RN Night Nurse, Assistant Director of Health Services

- Initiates and coordinates the hospice care plan, provides skilled and palliative care and coordinates the services provided to his/her patients
- The RN works cooperatively with the attending physician, Hospice Medical Director, and other members of the interdisciplinary Hospice team
- Performs prescribed medical treatments, including pain management and symptom control, conducts assessments and evaluations, provides education and supportive care to patient and caregiver.
- Develop a detailed Plan of Care for assigned patients ensuring all services needed are identified and met while working closely with the Interdisciplinary Group, patient, family and attending physician.
- Responsible for the coordination of care for the patient and family, providing skilled and palliative care for the remainder of patient's life.
- Responsible for late admissions, on call emergent visits and direct care plan coordination with physician on call
- Provide comprehensive nursing evaluations and assessments
- Provide field supervision to LVN's and Home Health Aides assigned to your patients
- Filed case management.
- Directed and managed health delivery systems

- Assist administration in the communication and assurance of adherence to all applicable regulations
- ADHS position only- Hire, supervise and train staff on health-related duties and responsibilities.

Memorial Hermann Northeast- Fulltime Jan 29, 2016-Jan 2017 Operating Room Nurse

- Uses established techniques in preparing for and assisting with surgical procedures
- Provides and sets up necessary instruments, supplies and equipment for operations
- Observes patient during surgical procedure to detect possible complications
- Adjusts operating table and accessory equipment as may be required
- During operative procedure, preserves and labels operative specimens for lab
- Oriented in role of scrub tech for minor procedures
- After operation, may apply or assist in applying dressings, and transferring patient
- Patient care and monitoring

Operating Room Nurse

Memorial Hermann Northeast

January 2016 to January 2017

- Uses established techniques in preparing for and assisting with surgical procedures
- Provides and sets up necessary instruments, supplies and equipment for operations
- Observes patient during surgical procedure to detect possible complications
- Adjusts operating table and accessory equipment as may be required
- During operative procedure, preserves and labels operative specimens for lab
- Oriented in role of scrub tech for minor procedures
- After operation, may apply or assist in applying dressings, and transferring patient
- Patient care and monitoring

PRN

Park Manor Conroe

October 2015 to November 2016

RN Charge Nurse

- Supervise the nursing unit
 - Coordinates the effective use of personnel, supplies, equipment and facilities.
 - Reviewed staffing patterns and census of nursing units; reassigning personnel
- Managing and analyzing patient care following admission/readmission;
- Conducting initial assessments for newly admitted or readmitted patients
- Assisting in creating and implementing care plans that address individual residents' needs
- Administering medications, IV therapy, gastrostomy tube management, wound care
- Monitoring residents and communicating changes to physicians
- Ensuring appropriate documentation of resident care
- Maintaining medical records to ensure safe, efficient and therapeutic care
- Troubleshooting and investigating complaints, taking necessary action

Education

Bachelor's in Nursing

Bachelor of Business Administration in Human Resource Management

Nursing Licenses

RN

Military Service

Branch: Navy

Service Country: United States

Rank: E-5

September 2003 to May 2011

Certifications and Licenses

BLS Certification