

AURORA E ALVAREZ

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PROFESSIONAL SUMMARY

Bilingual, patient-focused, registered nurse committed to deliver excellent patient care. My experience as a nurse includes one year working as Telemetry/PCU RN, eight-month externship at CVICU, eight months of experience working as COVID-19 vaccinator, multiple internships, and a preceptorship at UCSD PCU. Enthusiastic and ambitious learner with strong work ethic. Background in Aesthetics and Dermatology.

PROFESSIONAL EXPERIENCE

RN | SHARP Healthcare- San Diego, CA *09/2021 - Current*

Provide care to Adult Telemetry/PCU patients and Covid-19 positive patients requiring respiratory support. Activities such as monitoring patient cardiac rhythms, patient assessments, reassessments, and reporting changes in condition. Common diagnosis: CHF, asthma, and COPD exacerbations; pneumothorax, sepsis, ETOH withdraw, GI bleed, DKA and cardiac related diagnosis. Monitor patients after procedures such as cardiac catheterization. Prioritize tasks based on patient acuities. Evaluate patient response to treatments and revise care plan as needed. Patient and family advocate/educator.

RN COVID-19 VACCINATOR | The County of San Diego - *05/2021 - 07/2021*

Vaccine preparation and handling. Administered vaccines to adults and 12-year-old pediatric patients at multiple COSD Vax sites of San Diego.

STUDENT NURSE EXTERN | Scripps SSRS - La Jolla, CA *04/2020 - 12/2021*

Limited tenure contract to support Scripps CVICU La Jolla with increased demand due to COVID-19 pandemic:

- Proning COVID-19 patients in ventilator support and/or ECHMO. assisted nurses in bedside care; ICU admits and discharges; EKG; glucose tests; intake and output; specimen collection; restocked rooms; set up rooms for incoming patients; removed IV's; PO medication administration under RN supervision; tube feedings; toileting; bladder scan; walking labs; supplies; equipment and PAPPER's; Foley/Straight Cath; Spanish interpreter. Transferred to PCA position to support CVICU after Student Nurse Extern program ended.

WELLNESS OUTREACH PROGRAM | UCSD - San Diego, CA *03/2020 - 05/2020*

- Communicated with home confined vulnerable seniors to assess their well-being. SBAR report issues that required escalation.

PRECEPTORSHIP | PCU UCSD - San Diego, CA *01/2020 - 04/2020*

- Completed 120 clinical hours working independently and under supervision of an experienced RN.

QUALITY EXTERNSHIP | UCSD - San Diego, CA *02/2020 - 03/2020*

- Units: Medical Surgical and PACU. Completed 85 clinical hours.

- Maintained comfort and safety of patients through continuous quality rounds around Medical Surgical and PACU units to ensure all patient needs are met.
- Performed patient care under supervision of experienced registered nurses.

STUDENT NURSE INTERNSHIP | UCSD Shiley Eye Institute *08/2019 - 12/2019*

- Collaborated with nurse preceptors and nurses in preoperative unit. Activities such as: incoming of patients, IV's and administering pre-surgical eye medications.
- Collaborated with nurses in post-operative unit on activities such as: post anesthesia monitoring, discharge preparation and teaching.

STUDENT NURSE INTERNSHIP | Sharp Hospital *05/2019 - 07/2019*

- Provided comfort to patients and family members through integrated therapy.

MEDICAL AESTHETICIAN | COSMED CLINIC *01/2004 - 05/2010*

Performed IPL lasers, peels, facials, Thermage, hair removal, VISIA skin evaluation and skin care recommendations. Assisted dermatologists in Fraxel treatments and removal of minor skin lesions. Admission of patients for surgery and post-operative visits.

Volunteer | Non-profit - San Diego, CA

- UCSD COVID-19 Wellness Outreach
- San Diego Run for the Hungry
- American Lung Association
- Meals on Wheels
- Hospital Infantil las California's

AFFILIATIONS

American Nurses Association
 American Association of Critical Care Nurses

LICENSE/CERTIFICATIONS

Associate of Arts: Preparation Health Programs -SWC
 Associate of Science: Nursing- SWC
 BSN- SDSU
 Aesthetician – Instituto de Cosmeatria y Estetica Paramedica
 Lymph Edema Management – Dr. Reinhard Bergel
 BLS/ACLS
 COVID-19 Vaccine Administration and Handling
 Fraxel/ Thermage - Solta Medica
 Advanced lasers, botox, fillers- Avalon Aesthetics

LANGUAGES

Spanish/English