

# Myra Garner-Hughes

## **RN**

Peoria, IL 61603

[mg346a@gmail.com](mailto:mg346a@gmail.com)

+1 309 989 1685

I am a healthcare professional with over eighteen years of experience in long-term care specifically with geriatric, dementia, and mental health patients. I am patient focused and brings extensive knowledge to improve the lives of patients. I am confident working independently or within a team of healthcare professionals. I am team orientated and efficient in managing time, prioritizing tasks, exercising sound judgement while working under pressure.

Authorized to work in the US for any employer

## Work Experience

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### **Registered Nurse (RN)**

Fidelity On Call - Peoria, IL

December 2021 to Present

- Bedside nursing care
- Tracheostomy, ileostomy and colostomy care
- Foley catheter insertion and irrigation
- Wound care management
- Pre and Post op surgical procedure care/Assessment
- Administration of Blood Product, IV and PO medications per orders
- Telemetry monitor

### **Covid, Medical Surgical & Rehabilitation Registered Nurse**

OSF Saint Francis Medical Center - Peoria, IL

October 2020 to December 2021

- Bedside nursing care
- Heparin drip management and regulation
- Tracheostomy, ileostomy and colostomy care
- Foley catheter insertion and irrigation
- Wound care management
- Pre and Post op surgical procedure care
- Completed q4 and shift documentation on patients
- Administration of Blood Product, IV and PO medications per orders
- Regulated and monitored heated high flow-oxygen on patients
- Telemetry monitor

### **Restorative Nusre Manger**

SHARON HEALTHCARE PINES - Peoria, IL

June 2018 to August 2021

- Review weekly documentation completed for patients receiving restorative services. Ensure all proper ADL documentation has been completed for patients

- Make daily rounds to evaluate patient cares and the progress of individual employees, as well as monitor nursing practices and assist Human Resource with nursing and educational needs
- Perform rehabilitation assessments upon all new admissions and existing patients throughout the facility on a quarterly basis and as needed
- Perform and oversee functional evaluations on admissions quarterly and/or as clinically indicated. Consult with nurses in making recommendations for a restorative plan of care. Work with nurses in developing a restorative plan of care
- Collaborate closely with the therapy department. See that specific recommendations are carried out when patients discharge from skilled therapy
- Collaborate with the psychiatric healthcare provider while rounding with her monthly
- Formulate restorative care plans involving patients and family concerns.
- Perform MDS assessments following weekly coding and documentation involved

### **Licensed Practical Nurse**

SNYDER VILLAGE - Metamora, IL  
March 2016 to January 2020

- Tracked labs and attachments
- Assist and monitor lymphedema therapy patients
- Monitored blood glucose
- Started, monitored, and managed intravenous infusion and blood withdrawn therapy
- Initiated and performed CPR on patients while in cardiac arrest

### **Agency Nurse**

Helping Hands - East Peoria, IL  
August 2016 to October 2017

- Provided basic treatment for patients, including dressing wounds, treating pressure ulcers, massaging, giving douches or enemas, along with urinary catheterization
- Collected and registered blood and urine specimens from patients
- Administer TB test
- Performed CPR on patients with cardiac arrest
- Performed admissions and discharges of patients

### **Agency Nurse**

HEALTH STAFF INC - Peoria, IL  
May 2013 to June 2016

- Traveled to different nursing to facilities and worked as a floor nurse
- Administration medication
- Assess and monitored pressure ulcer wounds
- Supervised and overseen CNAs work duties
- Arranged transportation for patients' appointments

### **Charge Nurse**

APOSTOLIC CHRISTIAN SKYLINES - Peoria, IL  
July 2014 to March 2016

- Prepared and attached nasogastric tubes for feeding patients under the supervision of a registered nurse
- Assisted with training new hire training
- Drug calculation with administration of medication

- Contacted doctor as needed regarding patients

### **Floor Supervisor**

LICENSED PRACTICAL NURSING, WASHINGTON CHRISTIAN VILLAGE - Washington, IL  
September 2008 to September 2014

- Assisted patients with ADLS
- Completed daily documentation on patients
- Administration medication
- Performed CPR on patients with cardiac arrest

### **Charge Nurse**

LICENSED PRACTICAL NURSING, ROSEWOOD CARE CENTER - East Peoria, IL  
January 2013 to June 2014

East Peoria, IL - January 2013 - June 2014

- Administration medication
- Performed dressing changes and wound assessments
- Scheduled patients with doctor appointments
- Filling paperwork in patients' charts, receive and processed doctor orders and laboratory testing
- Performed direct admissions and discharges of patients
- Worked as a floor supervisor

## Education

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### **Associate Degree as a RN**

Illinois Central College - Peoria, IL  
May 2020

### **Associate in Education**

Illinois Central College - Peoria, IL  
December 2016

### **Certification as LPN**

Illinois Central College - Peoria, IL  
August 2010 to July 2011

### **High school diploma**

Woodruff High School - Peoria, IL  
August 1999 to May 2003

## Skills

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- Dementia Care
- Medication Administration
- Skilled Nursing Care
- Alzheimer's Care
- Tube Feeding
- Mental Health Patient Care (3 years)

- Vital Signs
- Critical Care Experience
- EMR Systems
- MDS
- Travel nursing
- Experience Administering Injections
- Epic

## Awards

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### **Alpha Delta Nu Nursing Honor Society**

February 2020

### **Recipient of Osterfeld- Tucci Nursing Scholarship**

November 2019

### **Recipient member of St Paul Baptist Church Nursing Scholarship**

August 2010

### **Recipient of John S. Allen Memorial College Scholarship**

August 2003

## Certifications and Licenses

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### **CPR/ AED certified**

### **Certification of IV and Venipuncture Blood Draw**

### **Certification as a License Practical Nurse**

### **Certified Nursing Assistant**

### **Registered Nurse**

### **BLS, ACLS**

July 2021 to July 2023

### **CPR Instructor**

Present