

Joan Bendickson

Hospice Nurse with GHS

La Crosse, WI 54603

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Working at Gundersen Health Systems

Interested in expanding my nursing practice, left position to have surgery 5/2022 now currently looking for change in position. Can start new job at any time.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

Charge Nurse

Silver Creek Manor - Bristol, RI

October 2020 to March 2021

Provided a wide range of nursing care support for a rehabilitation and nursing facility focused on short-term transitional goals for a patient's successful return home, as well as long-term quality of life needs for permanent placement.

- * Delivered care to hospice patients, rehab residents and long-term residents which included assessing, developing and implementing individualized plans of care that promoted optimal health and recovery
- * Evaluated and observed patient's well-being, comfort and any changes in health, including monitoring diabetic residents; continuously analyzed patients' condition's with regard to problems and potential complications
- * Communicated with Physicians, families, residents, and all others necessary disciplines on a daily basis regarding changes in residents care, health, and/or events and incidents
- * Ensured the consistent adherence of proper techniques and procedures according to the standards of practice of the facility including assuring a safe, secure and clean environment that promoted patient healing, recovery and health
- * Tested and treated of residents during Covid-19 crisis; actively monitored COVID-19 cases and enforced infection prevention measures to protect from the spread of the disease
- * Completed medication administration, treatments, wound care, skilled care on residents

Charge Nurse, RN

Caledonia Rehab & Retirement - Caledonia, MN

June 2020 to September 2020

Charge nurse for a skilled nursing facility that delivers assisted living, therapy, rehabilitation and adult care to its patients.

- * Coordinated the care for residents with a multidisciplinary approach which included delivering treatment plans, medication administration, and mentoring and training new nurses on appropriate techniques and adherence to on-site protocols

- * Documented and reported all critical observations and patient reactions to primary team, and provided appropriate nursing intervention; administered medications and performed patient treatment prescribed by facility policy
- * Worked with patient's families from admission to discharge including educating them on home care, rehabilitation of injuries, disease prevention and recovery processes and post -treatment care
- * Other responsibilities include phlebotomy, intravenous medications, insulin administration and medication disbursements

Charge Nurse, RN

Luther Haven Nursing Home - Montevideo, MN
January 2019 to May 2020

Charge RN at a 90-bed skilled nursing facility that was named a 5-star facility by the US News and World Report.

- * Followed regulatory standards of care for rehabilitation, demonstrating sound clinical judgment in the development, implementation and evaluation of the nursing aspects of the trans-disciplinary care plan
- * Evaluated the needs of the patients in Luther Haven, developed care plans, and supervised the care provided by clinical staff
- * Developed care plans based on nursing diagnosis that incorporated therapeutic, preventive, and rehabilitative nursing actions
- * Initiated preventive and rehabilitative nursing procedures and administered medications and treatments as prescribed by the physician; monitored, reported, and recorded symptoms or changes in patient conditions
- * Counseled patients and families including educating them on home care, rehabilitation of injuries, disease prevention and recovery processes and post -treatment care
- * Other responsibilities include phlebotomy, intravenous medications, insulin administration and medication disbursements

Staff Nurse

Meadowlane SNF - Benson, MN
September 2018 to August 2019

Staff registered nurse at a 70-bed facility that long-term care needs as well as short term rehabilitation needs of seniors.

- * Utilized the nursing process and collaborated with colleagues to deliver holistic patient care to patients
- * Monitored, documented and reported all observed symptoms, reactions, treatments and changes in the patient's condition
- * Demonstrated ability to make decisions with good nursing judgment, handle emergencies and maintain excellent patient assessment skills
- * Other responsibilities included diabetic care, insulin, medication administration, family communication and patient education

RN Staff Nurse

Gundersen Health System - La Crosse, WI
June 1995 to September 2017

Rotated across several nursing disciplines for an integrated healthcare system which includes multi-specialty group medical practices.

- * PACU for critical patients- 8 years
- * OB/GYN, MED SURG/NEURO-2 Years
- * IV- Therapy Team -1 year
- * Telephone Triage for all ages - 8 years
- * Pre-op/Post OP, Discharge, smaller SDS PACU Admissions Teaching and Testing- 4.5 years
- * Home Care Hospice- 10+ years
- * Infection Control Nurse 10 years
- * Rapid Response Team - 4 years

Education

Associate's degree in Nursing Licenses

Western Wisconsin Technical College - La Crosse, WI

1994

Nursing Licenses

RN

State: WI

Skills

- Plan of Care Strategies Rehabilitation Health Diagnosis Patient Communication Post Surgery Care
Rapid Response Team
Phlebotomy Venipuncture Hospice Care Care Giving Patient Advocacy Dementia Care Interventional
Catheterization
IV Therapy Medication Administration Wound Care Infection Control Infusion Therapy EPIC HIPPA
Disease Prevention (10+ years)
- EMR Systems (10+ years)
- Critical Care Experience (7 years)
- Medical Office Experience (8 years)
- Nursing (10+ years)
- Patient care (10+ years)
- Wound Care Nurse Infection Control Nurse (10+ years)
- Charge Nurse (5 years)
- Experience Administering Injections
- Vital Signs (10+ years)
- Home Care (10+ years)
- Managed Care
- Triage
- Triage (10+ years)
- Laboratory Experience (10+ years)
- Computer Skills

Awards

Who's who Award Among Nursing Students

January 1995

Grade point 4.0 on graduation from Nursing.

Who's Who Among College students

January 1995

Top Academically 3.5-4.0 and professional recognition, and Recognition for initiative, professional growth.

Certifications and Licenses

Registered Nurse (RN)

August 2019 to August 2021

RN license to practice in MN

Registered Nurse (RN)

March 2020 to March 2022

WI RN license

BLS Certification

August 2021 to August 2023

BLS Certification.