

# VALORIE TROUTMAN

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[Valorie\\_anderson@yahoo.com](mailto:Valorie_anderson@yahoo.com)

Compassionate professional seeking a Registered Nursing position utilizing my clinical skills to provide the maximum quality in patient care.

## **JULY 2020 – PRESENT**

### **REGISTERED NURSE, POST ACUTE MEDICAL COVINGTON**

- Head-to-toe assessment including neurological checks
- Wound assessments and sterile dressing changes
- Medication administration via PO, IVP, IVPB, IM, SubQ, Gastronomy tube
- Experienced with foley catheter insertion and removal
- Starting peripheral IV and maintaining access
- Strict intake and output
- Assist with personal hygiene
- Ensure patient safety and satisfaction as a top priority
- Lab draws as well as POC testing
- Ability to perform both paper and computer charting

## **JANUARY 2020 – JULY 2020**

### **REGISTERED NURSE, NEA BAPTIST MEMORIAL HOSPITAL**

- Head-to-toe assessment including neurological checks
- Wound assessments and sterile dressing changes
- Medication administration via PO, IVP, IVPB, IM, SubQ, Gastronomy tube
- Experienced with foley catheter insertion and removal
- Starting peripheral IV and maintaining access
- Strict intake and output
- Assist with personal hygiene
- Ensure patient safety and satisfaction as a top priority
- Lab draws as well as POC testing
- Epic computer charting

## **EDUCATION**

**NOVEMBER, 2016**

**ASSOCIATES IN REGISTERED NURSING, BLACK RIVER TECHNICAL COLLEGE**

AUGUST, 2014

**CERTIFICATE IN PRACTICAL NURSING**, ARKANSAS STATE UNIVERSITY-NEWPORT

## **SKILLS**

- Critical thinking
- Interpersonal skills
- Teamwork
- Empathy
- Attention to detail