

Kevin Nguyen

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PROFILE SUMMARY

Empathetic and success-driven professional with practical experience in patient monitoring and care plans, medical administration, physical assessment, infection control, and nursing diagnoses. Well-versed in working with patients and families to coordinate healthcare services between hospitals, acute care facilities, and home care settings. Goal-oriented, calm, patient, and dedicated with experience in patient care, support, responding to psychiatric emergencies, and treatment scheduling/planning. Ability to assess clients regarding physical, emotional, spiritual, cultural, cognitive, developmental, environmental, and social needs. Knowledge of professional nursing principles, procedures, and techniques used in the care and treatment of psychiatric patients. Committed to working closely with patients, families and other professionals for well-rounded medical care. Ensuring a safe, secure, and healthy work environment by following standards and complying with legal regulations.

CORE COMPETENCIES

- Skilled in assessing patients' condition and implement comprehensive training plans
- Ability to plan, train, and oversee patients to ensure their treatment stays on track
- Build meaningful rapport with patients
- Develop plan of care for the residents based on their physical, emotional, social, and safety needs
- Well versed in providing accurate and relevant health education using evidence-based practice
- Adept at identifying actual and potential client health care needs, strengths, capacities, and goals
- Skilled in preparing and maintaining detailed records, files, reports and other correspondence
- High-level, out-of-the-box thinking, analytical reasoning, and creative problem-solving skills
- Exceptional verbal and written communication skills to interact with patients and physicians
- Proficient in MS Office (Word, Excel, PowerPoint) and EHR applications

SKILLS HIGHLIGHTS

Patient Monitoring and Care	Triage/referrals/health screening experience	Mental Status Assessment
Health Care Assessments	Medication Administration	Committed to Diversity, Equity & Inclusion
Direct Patient Care	Intake Patients	Community Health
Quality Control and Assurance	Exceptional Customer Service	Multi-Disciplinary Team Collaboration
Maintain Client Records	Monitor and Educate Patients	Medical Procedure and Terminology
Verbal De-Escalation	Computerized Charting	

PROFESSIONAL WORK EXPERIENCE

Transitional Care Nurse Manager – Wellspace Health, Sacramento

May 2021 – July 2022

- Interpret, create, and update QI, QA, and policy.
- Initiate transitional care planning of patients in assigned age groups based on physicians' order.
- Manage Nursing staff for the Interim Care Program, Substance Use Respite Program, and Street Outreach Nurses.
- Screen patients appropriately for transitional care planning and readmission avoidance tactics whenever possible.
- Develop a clear list of interventions to support patient through transition to home and post-acute service needs.
- Participate in reporting of suspected abuse or neglect of patient prior to hospitalization, as indicated by hospital policy, protocol.
- Communicate with emergency department case managers regarding post-discharge follow-up care
- Make follow-up calls as appropriate to discuss discharge instruction questions, medication access, follow-up appointment schedule.

Psychiatric Nurse – Cirby Hills Behavioral Health, Roseville

Nov 2020 – Present

- Conduct role as Charge nurse by managing team and milieu.
- Report to physician and monitor the care and safety of 16 patients.
- Develop and implement treatment plans for patients with broad range of mental health issues.
- Treat adolescents and adults and provide care for patients in psychiatric emergency
- Plan and implement nursing care for patients in accordance with physician orders, policies, and procedures of the facility and safe nursing practices.

Psychiatric Nurse – Sacramento Behavioral Health, Sacramento

Nov 2020 – May 2021

- Worked as a staff nurse at a newly established behavioral health hospital.

- Trained workers for the unit and developed policy and procedures for opening.
- Screen hospital referrals remotely for partnered hospital
- worked with interdisciplinary team to develop plans for opening

Psychiatric Nurse – Heritage Oaks Hospital, Sacramento

June 2020 – Nov 2020

- Collaborated with team to identify, assess, and respond to medical, physical, psychological, and social needs of patient.
- Helped educate patients and families about their illness, and facilitate reintegration back into the community.
- Provided care for patients with mental illness ranging from dual diagnosis disorder to personality disorder.
- Performed medication administration on routine bases and monitored patients for charting.
- Utilized both paper and electronic methods to track well-being of patients.

EDUCATION

- **Bachelors of Science in Nursing (GPA: 3.25) – Chamberlain College of Nursing, Sacramento** **Apr 2020**
- **Associates of Science in Biotechnology (GPA: 3.50) – American River College, Sacramento** **May 2015**
- **Bachelors of Arts in Biochemistry (GPA: 3.55) – California State University, Sacramento** **May 2012**

CERTIFICATIONS

- **BLS – American Heart Association** **Mar 2020**
- **ACLS – American Heart Association** **Mar 2020**
- **PALS – American Heart Association** **Mar 2020**
- **CA Registered Nurse : 95221380** **April 2022**
- **Public Health Nurse : 559641** **April 2022**