Joette Friess

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Work Experience

Registered Nurse
Mayo Clinic-Northland - Barron, WI
April 2016 to September 2022

• Experienced with prioritization of urgent and emergent situations, using critical thinking skills to providing patients' safe interventions.
• Work independently and within team environments.
• Recognized as a strong educator for patients and colleagues and asked to precept new employees.
• Strongly support and implement Evidence-Based Practices supported by JOHNNA.
• Experienced with OB emergencies.
• Experienced with personal protective equipment and polices resulting from COVID pandemic.
• Strong experience with resuscitation, stabilization, and advanced care needs for newborns with or without transfers to higher level of care
• Experienced with teleneonatology.
• Communication with interdisciplinary team members including OB-GYNS, anesthesia, Midwives, Family Practice Providers.
• Experienced with electronic medical records- Cerner, Epic and OBIX.

Registered Nurse, Labor and Delivery
Lakeview Medical Center - Rice Lake, WI
August 2014 to February 2016

• Provide care for patients and families throughout the labor process from triage to discharge.
• Providing emotional and physical support as well as education for mothers and newborns.
• Provided post-op care to OB-GYN patients (non-pregnant).
• Worked closely with OB-GYNs, Anesthesiologist and Family Practice Providers.
• Provide 1:1 nursing assessment and skills during maternal ambulance transfers.
• Developed accurate and timely response to urgent patient needs due to higher level of acuity.
• Developed strong skill set for caring for well newborns and higher acuity newborns.
• Continue to teach NRP to members of the healthcare team.
• Experienced with Cerner, electronic medical record.

Registered Nurse - Labor and Delivery
Amery Regional Medical Center - Amery, WI
May 2003 to July 2014

• Provide care for pregnant women from triage to discharge.
• Provide newborn testing and nursery cares.
• Experienced with nursing care and labor support during water births.
• Redesigned the patient education folders for postpartum and newborn cares.
• Developed strong time management skills.

- Epic trained super user during electronic medical record transition.
- Lead for Early Elective Delivery Program, which promoted decreasing patient harm from medically unnecessary early inductions-2012.
- Neonatal Resuscitation Program (NRP) Instructor in 2013.

Registered Nurse, Medical-Surgical Unit

Amery Regional Medical Center - Amery, WI

June 2001 to July 2014

- Maintaining IV's
- Medication administration
- Wound care
- Patient education
- Collecting specimens
- SBAR communication with colleagues and providers
- Use of electronic medical record-Epic

Education

Bachelor of Science in Nursing

Chamberlain University - Downers Grove, IL

May 2017 to February 2020

Associate of Applied Science in Nursing

Wisconsin Indianhead Technical College - Rice Lake, WI

August 1997 to May 2001

Associate of Art and Science in General

University of Wisconsin- Barron County - Rice Lake, WI

September 1992 to May 1998

Nursing Licenses

RN

Expires: February 2024

State: WI

Skills

- Epic and Cerner charting
- Empathy and emotional support for families
- Advanced Fetal Monitoring
- Water births
- Implementation of Evidence based practices
- Operative Births; planned and unplanned
- Newborn and Nursery care

- Pain support and management
- Epidurals and Intrathecal
- Breastfeeding support
- Labor, Delivery and Postpartum Care
- newborn education
- Inductions
- Infant jaundice monitoring and treatment
- Triage
- Medication Administration
- Inpatient Obstetrics Certification
- STABLE
- Neonatal Resuscitation Instructor
- family centered care
- AWOHNN
- teleneonatology
- Labor Support

Awards

Laura's Legacy Scholarship
May 2018

Scholarship Recipient

Presidential Honors
February 2020

GPA 4.O for Bachelor's in Nursing Program

Certifications and Licenses

Fetal Monitoring Certification

BLS Certification

STABLE

NRP Certification

RNC-OB